



**INFANT FEEDING
REQUIREMENTS
IN THE CHILD AND ADULT CARE
FOOD PROGRAM**
SD Department of Education
Child and Adult Nutrition Services

OBLIGATION - INFANT MEALS

- o CACFP Institutions – Offer Program Meals to All Enrolled
- o Enrolled Child:
 - “a child whose parent or guardian has submitted to an institution a signed document which indicates that the child is enrolled for care.”
- o Infant:
 - “a child who has not yet reached their first birthday.”



OBLIGATION - INFANT FORMULA

- o Licensed Care for Infants
 - One Iron-Fortified Infant Formula
 - o Encouraged – One to Satisfy Needs of One or More
 - o Not Required to Meet the Formula Needs of All
 - If Family Chooses Not to Receive Formula
 - o Strongly Advised – Get Signed Statement
 - o Sample Forms Available



REQUIRED MENU ITEMS

- Breast Milk or Iron-Fortified Infant Formula
 - Combination of These Allowed
 - Always Required for Breakfast, Lunch, and Supper
- Fruit Juice
 - Only 100% Fruit Juice
 - Only at 8 Months or Older in CACFP
 - Only for Snacks in CACFP
 - Only From a Cup
- Solid Foods
 - Child and Parent Both Ready
 - Appropriate Texture and Consistency
 - Introduced One at a Time, Gradually
- Fed on Demand
 - Over Course of the Day

INFANT MEAL PATTERNS (0-3 MONTHS)

- Breast Milk or Iron-Fortified Infant Formula
 - 4-6 Ounces
 - Breakfast
 - Lunch
 - Snack
 - Supper
 - Breast Milk – May Serve Less
 - If child normally consumes less

INFANT MEAL PATTERNS (4-7 MONTHS)

- Breast Milk or Iron-Fortified Infant Formula
- Some Solid Foods
- Must Serve:
 - All Components
 - Infant Developmentally Ready to Accept
 - Parent Ready to Introduce

INFANT MEAL PATTERNS (4-7 MONTHS) – CONTINUED

- Breakfast
 - Breast Milk or IFIF – 4-8 Ounces
 - *Iron-Fortified Infant Cereal – 0-3 Tablespoons
- Lunch or Supper
 - Breast Milk or IFIF – 4-8 Ounces
 - *Iron-Fortified Infant Cereal – 0-2 Tablespoons
 - *Fruit or Vegetable – 0-3 Tablespoons
- Snack
 - Breast Milk or IFIF – 4-6 Ounces

* = Optional Until Child/Parent Ready



INFANT MEAL PATTERNS (8-11 MONTHS)

- Breast Milk or Iron-Fortified Infant Formula
- Solid Foods
- Must Serve:
 - All Components in the Meal Pattern



INFANT MEAL PATTERNS (8-11 MONTHS) CONTINUED

- Breakfast
 - Breast Milk or IFIF – 6-8 Ounces
 - Iron-Fortified Infant Cereal – 2-4 Tablespoons
 - Fruit or Vegetable – 1-4 Tablespoons
- Lunch or Supper
 - Breast Milk or IFIF – 6-8 Ounces
 - Iron-Fortified Infant Cereal – 2-4 Tablespoons
 - or Substitute – See Next Slide
 - Fruit or Vegetable – 1-4 Tablespoons
- Snack
 - Breast Milk or IFIF or Juice – 2-4 Ounces
 - * Bread – 0-½ slice or Crackers – 0-2 Crackers

* = Optional Until Child/Parent Ready



IRON-FORTIFIED INFANT CEREAL
SUBSTITUTES

- Substitutes Allowed:
 - **Only for Lunch/Supper**
 - 1 to 4 Tablespoons of Meat, Fish, Poultry, Egg Yolk, Cooked Dry Beans, or Cooked Dry Peas
 - ½ to 2 Ounces (Weight) of Cheese
 - 1 to 4 Ounces of Cottage Cheese
 - 1 to 4 Ounces (Weight) of Cheese Food or Cheese Spread



INFANT PRODUCTION RECORDS

- Required if Claiming Infant Meals
- Separate Records
 - Each Infant
 - Each Meal
 - Prototype Forms Available



COMMON QUESTIONS

- Parent Declines – Claimable?
 - It Depends
 - What Foods Required? – One Item by Center
 - Only IFIF or BM – Administrative Service Required
- Mother Nurses Own Child – Claimable?
 - Only if Mother an Employee Or
 - Other Foods Provided by Center



REIMBURSEMENT

- Based on Meal Type
- Same Rates as Other Children
- Maximum 3 Meals (One Must be Snack) per Child per Day



RECORD KEEPING

- Save ALL Infant Records
 - 3 Previous Years Plus the Current Year


