

South Dakota

K-12 Physical Education Standards

Old Standard 1: Students will develop competency in all fundamental movement skills and proficiency in some movement forms.

New Standard 1: The physically literate individual demonstrates proficiency in a variety of motor skills and movement patterns.

Old Standard 2: Students will analyze scientific concepts and principles to understand, evaluate, and enhance movement skill acquisition and performance.

New Standard 2. The physically literate individual applies knowledge of concepts, principles, strategies and tactics to enhance movement and performance.

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Old Standard 3: Students will participate in physical activity to achieve and maintain a health-enhancing level of physical fitness.

New Standard 3: The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

Old Standard 4: Students will develop responsible and respectful personal and social behavior in physical activity settings.

New Standard 4: The physically literate individual exhibits responsible personal and social behavior that respects self, others and environment.

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Old Standard 5: Students will understand that physical activity provides opportunities for enjoyment, challenge, self-expression, social interaction, and employment.

New Standard 5: The physically literate individual recognizes the value of physical activity for total health, enjoyment, challenge, self-expression, employment opportunities, and social interaction.