

HUNGER DOESN'T TAKE A VACATION

The Food Research and Action Center (FRAC) recently published their annual report analyzing the reach of the previous year's Summer Meal Programs. In July 2016, 3 million children received summer meals through FNS's Child Nutrition Programs. FRAC also spotlighted different approaches to summer meals, as each State and sponsor implements the Programs in ways that best meet the needs of the people in their community.

“The Summer Nutrition Programs help meet two critical summer needs for low-income children: access to nutritious meals to keep hunger at bay and access to summer programming to reduce summer learning loss.”
- *Hunger Doesn't Take a Vacation*

FRAC also recently published a companion piece to *Hunger Doesn't Take a Vacation*, the *Summer Breakfast Status Report*, focusing on breakfast service in the Summer Meal Programs. Serving breakfast through the Summer Meal Programs—whether adding a breakfast service to an already-existing summer lunch site or establishing a new breakfast site—helps narrow the summer nutrition gap. This report examines summer breakfast service across the States in 2016, and also provides best practices for breakfast service as demonstrated by spotlighted States. Some highlights of the best practices include:

Serving Breakfast Later

Some children, especially teens, may arrive later at sites—extending the breakfast service time is one way to ensure that all children have sufficient access to the breakfast meal.

Encouraging Morning Programming

Some potential sites may already offer robust morning programming, or sponsors may choose to expand lunch sites and offer morning programming to complement a breakfast service.

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