



**Return this form along with
payment to:**

SDSU Extension
Attn: Karlys Wells
SWG 212 Box 2275A
Brookings, SD 57007

Registration Deadlines:

Sioux Falls: July 2
Rapid City: July 16

Participating teams will have the
opportunity to apply for a \$500 competitive
mini-grant to implement HOM.
Due by Aug 1, 2013.



Workshop Collaborators

Mary C. Kirk

Program Specialist-Team Nutrition
Department of Education
Child & Adult Nutrition Services
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Danette Jarzab

Community Wellness Coordinator
SD Discovery Center
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Karlys Wells

Extension Nutrition Associate
SDSU Extension
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Chris Zdorovtsov

Community Development Field Specialist
SDSU Extension
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Additional funding by :

Avera St. Mary's Foundation

South Dakota Community Transformation Grant

*SD Department of Health
Centers for Disease Control & Prevention*

Questions about this program?

Contact Karlys Wells at 605-688-4039 or
Karlys.Wells@sdstate.edu

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sexual orientation, disability or Vietnam Era veteran status.



TWO DAYS OF WORKSHOPS
Register for both or individually

Sioux Falls, SD

*Sioux Falls Regional Extension Center
2001 E. 8th St.*

July 9, 9:00 a.m. – 4:00pm

July 10, 9:00 a.m. – 4:00 p.m.

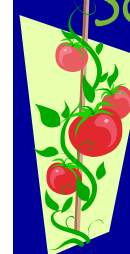
Rapid City, SD

*SDSU West River Ag Center
1905 N. Plaza Drive*

July 23, 9:00 a.m. – 4:00 p.m.

July 24, 9:00 a.m. – 4:00 p.m.

**SDSU Extension
School & Youth
Gardens
Workshop**





Day 1— 9 a.m.— 4 p.m.

July 9 (Sioux Falls)
July 23 (Rapid City)

Harvest of the Month, is an adaptable, easy to use program that gets kids excited about eating fruits and vegetables and has them asking for more! The short HOM presentations and produce sampling can be done in individual classrooms, PE classes, as an assembly, in after-school or preschool programs.

- 9:00 Harvest of the Month**
What is Harvest of the Month?
How can we reach the most learners?
- 9:30 Harvest of the Month Action Steps for Your Community**
Gather support and team planning
- 10:00 Food Safety**
- 10:30 Planning and Presentations**
Plan project, prepare snack, present, discuss
- 11:30 Cooking with Kids**
- 12:00 Working Lunch**
Create a Harvest of the Month lunch
- 1:00 Harvest of the Month Out of School Time & Preschool Learning Plans**
OST—How to review HOM and teach fun and healthy snacks
PreK—How to teach HOM to PreK and age appropriate snacks
- 1:30 Planning and Presentations**
Plan project, prepare snack, present, discuss
- 2:00 Video & Harvest of the Month Program Evaluation**
See Pierre teacher present HOM
- 2:30 Additional Resources**
- 4:00 Conclude**

<http://sdharvestofthemonth.org>



Day 2— 9 a.m.— 4 p.m.

July 10 (Sioux Falls)
July 24 (Rapid City)

- 9:00 Welcome & Introductions**, *Chris Zdorovtsov, Community Development Field Specialist, SDSU Extension*
- 9:15 The Beanstalk Children's Garden in Kansas City, MO**, *Mary Roduner, Consumer Horticulture Field Specialist, SDSU Extension*
- 10:00 Age Appropriate Activities**, *Chris Zdorovtsov*
- 10:45 Break & Networking**
- 11:00 Organic Gardening and Pest Control**, *Mary Roduner*
- 11:45 SDSU Kids Gardening Resource**, *Chris Zdorovtsov*
- 12:00 Lunch**
- 12:45 Breakout Activity Sessions:**
- Fruits and Veggies—Nutritious and Versatile**, *Karlys Wells, Extension Nutrition Associate, SDSU Extension*
 - Including Butterflies and Pollinators in Your Garden**, *Amanda Bachmann, Consumer Horticulture Field Specialist, SDSU Extension*
- 1:45 Dealing with Theft & Vandalism**, *Chris Zdorovtsov*
- 2:00 The Lost Lady Bug Project**, *Chris Zdorovtsov*
- 2:35 Wrap up, Evaluation, Travel to Tour Site**
- 3:15 Garden Tour**
- Sioux Falls- Hayward Elementary**, *Tim Olsen, Ground Works*
 - Rapid City Garden Club's Education Garden: Children's Garden**, *Mary Hercher*
- 4:00 Conclude**

<http://www.igrow.org>

Registration

- ☐ **Sioux Falls Training, July 9 & 10**
- ☐ **Harvest of the Month Training (Day 1)** **No Charge**
- ☐ **School & Youth Gardens Workshop (Day 2)** **\$30.00**
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- ☐ **Rapid City Training, July 23-24**
- ☐ **Harvest of the Month Training (Day 1)** **No Charge**
- ☐ **School & Youth Gardens Workshop (Day 2)** **\$30.00**
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- ☐ **Send Information: \$150 Training Stipend**
Individuals with Child & Adult Nutrition Programs who will begin Harvest of the Month by Sept. 30, 2013 are eligible for a travel stipend to cover expenses. Up to two participants from each agency may be reimbursed. Available to the first 15 registrants at each location. Information will be sent via email.
- ☐ **Continuing Education Unit Certificate**
A certificate of attendance is available for one day (6 hours) or two days (12 hrs). (No charge)

Total Enclosed: \$ _____
Make checks payable to SDSU Extension

Name _____

School/Org. _____

Address _____

City, ST, Zip _____

Phone _____

Email _____