



## Infant Feeding Requirements in the Child and Adult Care Food Program Webinar

- 1) For all infants, between the ages of 6 through 11 months, which of the following food item(s) must be served for snack if a child is developmentally ready for solids and the parent is comfortable with solid foods being served?
  - a) Breast milk or iron-fortified infant formula
  - b) Bread, crackers, iron-fortified infant cereal, or ready-to-eat cereal
  - c) Vegetable, fruit, or both
  - d) All of the above
  
- 2) True or False: All institutions participating in the CACFP must offer Program meals to all eligible children, including infants, who are enrolled for care in their facilities.
  - a) True
  - b) False
  
- 3) If a mother nurses her own child, may the center be reimbursed for the meal?
  - a) Yes
  - b) No
  - c) It depends. The meal is reimbursable if there are not other required components in the meal pattern. If there are other menu components required or the child then that center must provide all of the other components in order to claim the meal for reimbursement.
  - d) Only with a waiver from the state agency
  
- 4) What is the maximum number of meals per child that may be claimed for reimbursement in one day?
  - a) As many as the center serves per day
  - b) 3 meals, one of which must be a snack
  - c) 4 meals, as long as the child is in care for 8 hours or longer
  - d) There are no limits
  
- 5) Which of the following food items is not required (or allowed) to be served for breakfast to infants ages 6 months and older to whom solid foods are being introduced.
  - a) Iron-fortified Infant Formula or Breast Milk
  - b) Iron-fortified Dry Infant Cereal (or an allowable substitute)
  - c) Ready-to-eat cereals
  - d) A fruit or vegetable item
  
- 6) True or False: For breakfast, lunch, and supper either breast milk or iron-fortified infant formula or portions of both, must be served until children reach their first birthday.
  - a) True
  - b) False

- 7) If a breast-fed infant regularly consumes less than the minimum amount required, is the center still required to offer the minimum amount and throw the remaining away?**
- a) Yes
  - b) No
- 8) Meals and snacks for a 5-month-old must contain:**
- a) 0-2 ounces of breast milk or iron-fortified infant formula
  - b) 1-3 ounces of breast milk or iron-fortified infant formula
  - c) 2-4 ounces of breast milk or iron-fortified infant formula
  - d) 4-6 ounces of breast milk or iron-fortified infant formula
- 9) All infant records must be maintained on file for how long after they are filed?**
- a) One month
  - b) Until the claim is paid
  - c) For three previous years plus the current year
  - d) Forever
- 10) True or False: Fruit juice may be offered to infants once they are 6 months old.**
- a) True
  - b) False
- 11) Which of the following items (all creditable for older children) is also a creditable food item for infants?**
- a) Cow's milk
  - b) Fish Sticks
  - c) Hot Dogs
  - d) Yogurt
- 12) Solid foods included in the infant meal must be:**
- a) commercially prepared
  - b) pleasing to the infant's palate
  - c) served at room temperature
  - d) of a texture and consistency that are appropriate for the age of the infant being served
- 13) If a parent declines to use the center-provided infant formula, may the meals served to that infant be claimed for reimbursement?**
- a) Yes
  - b) No
  - c) It depends. The meal is reimbursable if there are no other required components in the meal pattern. If there are other menu components required for the child then the center must provide all of the other components in order to claim the meal for reimbursement.
  - d) Only with a waiver from the state agency

- 14) True or False: Infants should be fed on demand over the course of the day rather than during a specific meal service time.**
- a) True
  - b) False
- 15) True or False: Institutions are discouraged from asking parents to sign something that shows that the parents of infants were offered at least one brand of infant formula.**
- a) True
  - b) False
- 16) Infant production records should reflect:**
- a) The amount of food offered to the infant
  - b) The type of food offered to the infant
  - c) The word "mom" when a mother comes to the facility to breastfeed her infant
  - d) All of the above
- 17) True or False: Institutions may choose whether or not they wish to offer infant formula or require parents to provide infant formula.**
- a) True
  - b) False
- 18) True or False: Solid foods should be introduced one at a time on a gradual basis.**
- a) True
  - b) False
- 19) (Finish this sentence) If the local agency wishes to claim reimbursement for meals provided to infants,...**
- a) there are no additional paperwork requirements.
  - b) meals must be documented in the main production record book for the center.
  - c) separate production records must be maintained on file for each infant meal.
  - d) the center must request a waiver from the state agency.
- 20) True or False: For infants, meals may include portions of breast milk and iron-fortified infant formula as long as the total number of ounces meets, or exceeds, the minimum amount required of this food component.**
- a) True
  - b) False

---

Signature

Local Agency Name

Date