INFANT FEEDING REQUIREMENTS
IN THE CHILD AND ADULT CARE FOOD PROGRAM
SD Department of Education
Child and Adult Nutrition Services

OBLIGATION - INFANT MEALS

- CACFP Institutions – Offer Program Meals to All Enrolled (including infants)
- Enrolled Child:
  - "a child whose parent or guardian has submitted to an institution a signed document which indicates that the child is enrolled for care."
- Infant:
  - "a child who has not yet reached their first birthday."

OBLIGATION - INFANT FORMULA

- Licensed Care for Infants
  - One Iron-Fortified Infant Formula
    - Encouraged – One to Satisfy Needs of One or More
    - Not Required to Meet the Formula Needs of All
  - If Family Chooses Not to Receive Formula
    - Strongly Advised – Get Signed Statement
    - Sample Forms Available
**REQUIRED MENU ITEMS**

- Breast Milk or Iron-Fortified Infant Formula
  - Combination of These Allowed
  - Always Required for Breakfast, Lunch, and Supper

- Solid Foods
  - Child and Parent Both Ready
  - Appropriate Texture and Consistency
  - Introduced One at a Time, Gradually

- Fed on Demand
  - Over Course of the Day

**INFANT MEAL PATTERNS (0-5 MONTHS)**

- Breast Milk or Iron-Fortified Infant Formula
  - 4-6 Ounces
    - Breakfast
    - Lunch
    - Snack
    - Supper
  - Breast Milk – May Serve Less
    - If child normally consumes less
  - Solid foods not required, may be served if parent requests

**INFANT MEAL PATTERNS (6-11 MONTHS)**

- Breast Milk or Iron-Fortified Infant Formula

- Solid Foods
  - Required when child and parent are both ready

- Must Serve:
  - All Components
    - Infant Developmentally Ready to Accept
    - Parent Ready to Introduce
INFANT MEAL PATTERNS (6-11 MONTHS) 
– CONTINUED

- Breakfast, Lunch, or Supper
  - Breast Milk or IFIF – 6-8 Ounces
  - Iron-Fortified Infant Cereal – 0-4 Tablespoons
    or Substitute – See Next Slide
  - Fruit or Vegetable – 0-2 Tablespoons

- Snack
  - Breast Milk or IFIF – 2-4 Ounces
  - Bread (0-½ slice), Crackers (0-2 crackers), Iron-Fortified Infant Cereal (0-4 tbsp.), or Ready to Eat Cereal (0-4 tbsp.)
  - Fruit or Vegetable – 0-2 Tablespoons

IRON-FORTIFIED INFANT CEREAL SUBSTITUTES

- Substitutes Allowed:
  - 0 to 4 Tablespoons of Meat, Fish, Poultry, Whole Egg, Cooked Dry Beans, or Cooked Dry Peas
  - 0 to 2 Ounces (weight) of Cheese
  - 0 to 4 Fluid Ounces (volume) of Cottage Cheese
  - 0 to 8 Fluid Ounces (volume) of Yogurt

MISCELLANEOUS THINGS TO KNOW

- Yogurt – must contain no more than 23 grams of sugar per 6 ounce serving.
- Ready to Eat Cereal must contain no more than 6 grams of sugar per dry ounce.
- Juice is not allowed.
- If ‘adult’ grains are served, one serving per day must be whole grain rich.
MORE MISCELLANEOUS THINGS TO KNOW

- Some items not creditable for infants (even though they are for older children)
  - Cow’s Milk
  - Hot Dogs
  - Meat Sticks
  - Fish Sticks
  - Nuts
  - Peanut Butter
  - Tofu

INFANT PRODUCTION RECORDS

- Required if Claiming Infant Meals
- Separate Records
  - Each Infant
  - Each Meal
  - Prototype Forms Available
- Documents amount and type of food offered to infant
  - Nursing mothers? – record “mom”

COMMON QUESTIONS

- Parent Declines Formula – Claimable?
  - It Depends
    - If only IFIF or BM is required
    - Okay to claim
  - If solid foods are required?
    - Only one food item (including breastfeeding or formula) may be supplied by parent
    - at any age, unless disability involved
- Mother Nurses Own Child – Claimable?
  - Yes, if fed on-site and same rules as above when solid foods are required.
REIMBURSEMENT

- Based on Meal Type
- Same Rates as Other Children
- Maximum 3 Meals (One Must be Snack) per Child per Day

RECORD KEEPING

- Save ALL Infant Records
  - 3 Previous Years Plus the Current Year

QUESTIONS?

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