INFANT FEEDING REQUIREMENTS IN THE CHILD AND ADULT CARE FOOD PROGRAM SD Department of Education Child and Adult Nutrition Services

#### **OBLIGATION - INFANT MEALS**

- CACFP Institutions Offer Program Meals to All Enrolled (including infants)
- Enrolled Child:
  - "a child whose parent or guardian has submitted to an institution a signed document which indicates that the child is enrolled for care."
- Infant
  - · "a child who has not yet reached their first birthday."

# **OBLIGATION - INFANT FORMULA**

- oLicensed Care for Infants
  - One Iron-Fortified Infant Formula
    - $\begin{tabular}{ll} \bullet Encouraged One to Satisfy Needs of One \\ or More \\ \end{tabular}$
    - Not Required to Meet the Formula Needs of All
  - If Family Chooses Not to Receive Formula
    - ${\color{red} \bullet Strongly \ Advised Get \ Signed \ Statement} \\$
    - ${\color{red} \bullet Sample \ Forms \ Available}$

# REQUIRED MENU ITEMS

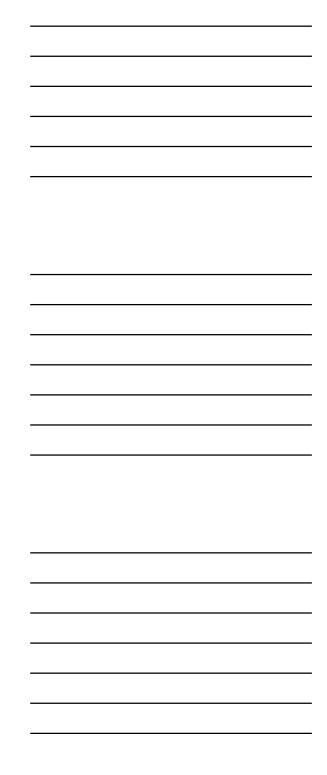
- o Breast Milk or Iron-Fortified Infant Formula
  - Combination of These Allowed
  - · Always Required for Breakfast, Lunch, and Supper
- Solid Foods
  - · Child and Parent Both Ready
  - Appropriate Texture and Consistency
  - Introduced One at a Time, Gradually
- Fed on Demand
  - · Over Course of the Day

### INFANT MEAL PATTERNS (0-5 MONTHS)

- o Breast Milk or Iron-Fortified Infant Formula
  - 4-6 Ounces
    - ${\color{red} \circ}$  Breakfast
    - ${\color{red} \circ}$  Lunch
    - SnackSupper
  - Breast Milk May Serve Less
     If child normally consumes less
  - Solid foods not required, may be served if parent requests

#### INFANT MEAL PATTERNS (6-11 MONTHS)

- Breast Milk or Iron-Fortified Infant Formula
- o Solid Foods
  - Required when child and parent are both ready
- Must Serve:
  - All Components
    - o Infant Developmentally Ready to Accept
    - o Parent Ready to Introduce



# INFANT MEAL PATTERNS (6-11 MONTHS) – CONTINUED

- o Breakfast, Lunch, or Supper
  - Breast Milk or IFIF 6-8 Ounces
  - Iron-Fortified Infant Cereal 0-4 Tablespoons 
     o or Substitute See Next Slide
  - Fruit or Vegetable 0-2 Tablespoons

#### Snack

- Breast Milk or IFIF 2-4 Ounces
- Bread (0-½ slice), Crackers (0-2 crackers), Iron-Fortified Infant Cereal (0-4 tbsp.), **or** Ready to Eat Cereal (0-4 tbsp.)
- Fruit or Vegetable 0-2 Tablespoons

# IRON-FORTIFIED INFANT CEREAL SUBSTITUTES

- o Substitutes Allowed:
  - 0 to 4 Tablespoons of Meat, Fish, Poultry, Whole Egg, Cooked Dry Beans, or Cooked Dry Peas
  - 0 to 2 Ounces (weight) of Cheese
  - 0 to 4 Fluid Ounces (volume) of Cottage Cheese
  - 0 to 8 Fluid Ounces (volume) of Yogurt

#### MISCELLANEOUS THINGS TO KNOW

- Yogurt must contain no more than 23 grams of sugar per 6 ounce serving.
- Ready to Eat Cereal must contain no more than 6 grams of sugar per dry ounce.
- o Juice is not allowed.
- If 'adult' grains are served, one serving per day must be whole grain rich.

# MORE MISCELLANEOUS THINGS TO KNOW

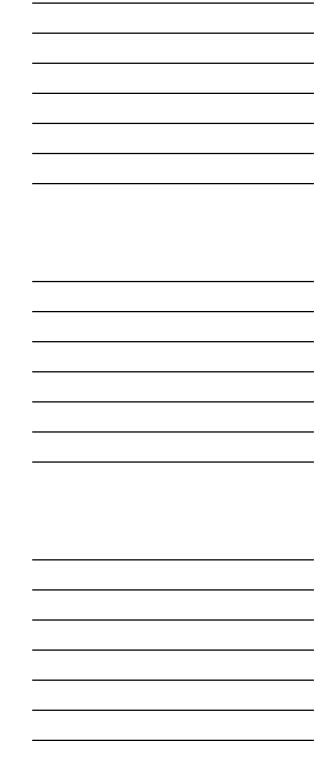
- Some items not creditable for infants (even though they are for older children)
  - Cow's Milk
  - Hot Dogs
  - Meat Sticks
  - Fish Sticks
  - Nuts
  - Peanut Butter
  - Tofu

### INFANT PRODUCTION RECORDS

- Required if Claiming Infant Meals
- Separate Records
  - Each Infant
  - Each Meal
  - Prototype Forms Available
- Documents amount and type of food offered to infant
  - Nursing mothers? record "mom"

# COMMON QUESTIONS

- Parent Declines Formula Claimable?
  - It Depends
    - o If only IFIF or BM is required
      - o Okay to claim
    - If solid foods are required?
      - Only one food item (including breastmilk or formula) may be supplied by parent
        - at any age, unless disability involved
- o Mother Nurses Own Child Claimable?
  - Yes, if fed on-site and same rules as above when solid foods are required.



	eal Type as Other Children Meals (One Must be Snack)	
RECORD KEE	PING	
• Save <u>ALL</u> Infant Records • 3 Previous Years Plus the Current Year		
QUESTION	IS?	
Contact Child and Adult Nutrition Services		
Phone: Email: Mail:	(605) 773-3413  Melissa.Halling@state.sd.us  Child and Adult Nutrition Services 800 Governors Drive Pierre, SD 57501-2235	
Fax:	(605) 773-6846	