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| တၢ်ပရၢဆူဟံၣ်ဖိဃီဖိအအိၣ် | | | |
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| တၢ်သမံထံပာ်ဂၢၢ်ပာ်ကျၢၤတၢ်ပရၢအစၢတဖၣ်ဃုာ်ဒီးတၢ်ဟူးတၢ်ဂဲၤလၢဒုးအိၣ်ထီၣ်တၢ်ကီတၢ်ခဲ လၢဟံၣ်ဖိဃီဖိတဖၣ်အတၢ်ဟဲနုာ်အဂီၢ် | | | |
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| ဖိသၣ်(တဖၣ်)အမံၤ- | | | |
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| ကၠိ- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ နံၤသီ- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | |
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| ဆူ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: | | | |
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| ပမၤပှဲၤဝံၤဝဲဒၣ်တၢ်သမံထံပာ်ဂၢၢ်ပာ်ကျၢၤနဖိ(တဖၣ်)အတၢ်ကြၢးဝဲဘၣ်ဝဲအဂ့ၢ်န့ၣ်လီၤႋ စးထီၣ် (ထၢနုာ်လီၤမုၢ်နံၤမုၢ်သီ 10 သီစးထီၣ်ဖဲတၢ်ဆှၢထီၣ်ဝဲအနံၤ) နဖိ(တဖၣ်)အတၢ်ကြၢးဝဲဘၣ်ဝဲလၢတၢ်အီၣ်တၢ်အီအတၢ်န့ၢ်ဘျုးတဖၣ်အဂီၢ်ကမ့ၢ်ဝဲ- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | |
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| \_\_\_\_\_\_\_ | | တၢ်ဆီတလဲဝဲဒၣ်တၢ်တလၢာ်အပှ့ၤဆူတၢ်မၤစှၤလီၤတၢ်အပှ့ၤမ့ၢ်လၢနတၢ်ဟဲနုာ်အါန့ၢ်ဒံးတၢ်ဟ့ၣ်တၢ်ပျဲအနီၣ်ဂံၢ်နီၣ်ဒွးအဃိန့ၣ်လီၤႋ တၢ်ထၢဝဲဒၣ်တၢ်မၤစှၤလီၤတၢ်အပှ့ၤမ့ၢ်ဝဲ $\_\_\_\_\_ လၢမုၢ်ထူၣ်တၢ်အီၣ်ဒီး $\_\_\_\_\_ ဂီၤတၢ်အီၣ်အဂီၢ်န့ၣ်လီၤႋ | |
| \_\_\_\_\_\_\_ | | တၢ်ပတုာ်ဝဲလၢတၢ်ဂ့ၢ်လၢလာ်(တဖၣ်)အံၤအဃိ- | |
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|  | | \_\_\_\_\_ | နတၢ်ဟဲနုာ်အါန့ၢ်ဒံးတၢ်ဟ့ၣ်တၢ်ပျဲအနီၣ်ဂံၢ်နီၣ်ဒွးလၢတၢ်အီၣ်တလၢာ်အပှ့ၤ မ့တမ့ၢ် တၢ်မၤစှၤလီၤတၢ်အီၣ်အပှ့ၤကလံၤအဂီၢ်, |
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| \_\_\_\_\_ | နတဟ့ၣ်လီၤဝဲဒၣ်တၢ်ကြၢးဝဲဘၣ်ဝဲဒီးခွဲးယာ်ဖဲကတီၢ်အံၤအတၢ်အုၣ်သးန့ၣ်လီၤႋ တအိၣ်ဒီးတၢ်ဂ့ၢ်တၢ်ကျိၤဖဲလာ်အံၤ- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. |
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| တၢ်စးထီၣ်နဖိ(တဖၣ်)အတၢ်ကြၢးဝဲဘၣ်ဝဲလၢတၢ်အီၣ်တၢ်အီအတၢ်န့ၢ်ဘျုးအဂီၢ်တဘျီဃီကမ့ၢ်ဝဲ- | | | |
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| \_\_\_\_\_\_\_ | | တၢ်ဆီတလဲဝဲလၢတၢ်မၤစှၤလီၤအပှ့ၤဆူတလၢာ်အပှ့ၤမ့ၢ်လၢနတၢ်ဟဲနုာ်အိၣ်ဖဲတၢ်ပာ်ပနီၣ်တၢ်ကြၢးဒီးတၢ်အီၣ်တလၢာ်အပှ့ၤအပူၤအဃိန့ၣ်လီၤႋ နဖိ(တဖၣ်)ကဒိးန့ၢ်တၢ်အီၣ်တၢ်အီတဖၣ်လၢအတလၢာ်အပှ့ၤန့ၣ်လီၤႋ | |
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| တၢ်မ့ၢ်ဆီတလဲနတၢ်န့ၢ်ဘျုးတဖၣ်ခဲအံၤဘၣ်ဆၣ်လၢခံလၢလာ်နဟံၣ်ဖိဃီဖိအတၢ်ဟဲနုာ်မ့ၢ်စှၤလီၤ, ကဲထီၣ်ပှၤတၢ်ဖံးတၢ်မၤတအိၣ်, မ့တမ့ၢ် နဟံၣ်ဖိဃီဖိအနီၣ်ဂံၢ်အါထီၣ်, နကဘၣ်ထၢနုာ်ပှဲၤလံာ်ပတံထီၣ်ဖဲဆၢကတီၢ်အဝဲန့ၣ်လၢတၢ်ပတံထီၣ်ကဒါက့ၤတၢ်န့ၢ်ဘျုးတဖၣ်အဂီၢ်န့ၣ်လီၤႋ နမ့ၢ်စးထီၣ်ဒိးန့ၢ် SNAP, TANF, မ့တမ့ၢ် FDPIR, လဲၤစိာ်ဃုာ်တၢ်ဘိးဘၣ်သ့ၣ်ညါတၢ်ကြၢးဒီးခွဲးယာ်အတၢ်ကွဲးဒိဆူနကၠိတက့ၢ်ႋ | | | |
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| နမ့ၢ်တတူၢ်လိာ်တၢ်ဆၢတဲာ်ဘၣ်န့ၣ်, နကတၢၣ်ပီၣ်သကိးအဂ့ၢ်ဒီး (ကၠိတၢ်သမံထံပာ်ဂၢၢ်ပာ်ကျၢၤအပှၤဘၣ်မူဘၣ်ဒါ).တက့ၢ်ႋ | | | |
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| နအိၣ်စ့ၢ်ကီးဒီးခွဲးယာ်လၢတၢ်စံၣ်ညီၣ်ဒိကနၣ်အတီအတြၢ်န့ၣ်လီၤႋ တၢ်မၤတၢ်အံၤသ့ခီဖျိကိးလီတဲစိ မ့တမ့ၢ် ကွဲးတၢ်ပရၢဆူပှၤဘၣ်မူဘၣ်ဒါဖဲလာ်အံၤအအိၣ်- | | | |
|  | မံၤ- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | |
|  | လီၢ်အိၣ်ဆိးထံး- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | |
|  | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | |
|  | လီၢ်ကဝီၤလီတဲစိ- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ လီတဲစိတလၢာ်အပှ့ၤ- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | |
| နမ့ၢ်ဃ့ထီၣ်တၢ်စံၣ်ညီၣ်ဒိကနၣ်ခီဖျိ (ထၢနုာ်လီၤမုၢ်နံၤမုၢ်သီ 10 သီစးထီၣ်ဖဲတၢ်ဆှၢထီၣ်ဝဲအနံၤ), နဖိကဆဲးဒိးန့ၢ်ဝဲဒၣ်တၢ်အီၣ်တၢ်အီတလၢာ်အပှ့ၤတုၤလီၤလၢပှၤဘၣ်မူဘၣ်ဒါမၤတၢ်စံၣ်ညီၣ်ဒိကနၣ်အတၢ်ဆၢတဲာ်တစုန့ၣ်လီၤႋ | | | |
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| ပှဲၤဒီးတၢ်ပာ်ကဲအါ, | | | |
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| လံာ်ပရၢဒၢပူၤတၢ်ထၢနုာ်ဃုာ်- တၢ်သမံထံပာ်ဂၢၢ်ပာ်ကျၢၤတၢ်ဂ့ၢ်တၢ်ကျိၤလၢတၢ်မၤစှၤလီၤတၢ်အီၣ်တၢ်အီအပှ့ၤကလံၤဒီးတလၢာ်အပှ့ၤအဂီၢ် | | | |
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| **လံာ်ပာ်ဖျါဘၣ်ဃးတၢ်တအိၣ်ဒီးတၢ်ပဲၤဖးနီၤဖးလိာ်သးအဂ့ၢ်** ဒ်ဖဲၣ်ဒရၢၣ်ကီၢ်စၢဖှိၣ်ထံဖိကီၢ်ဖိခွဲးယာ်အသဲစးတၢ်ဘျၢဒီး U.S. Department of Agriculture (USDA) (ကီၢ်အမဲရံကၤစံာ်ပှဲၤသူၣ်ဖျဲးဝဲၤကျိၤ) ထံဖိကီၢ်ဖိခွဲးယာ်အတၢ်သိၣ်တၢ်သီဒီးအကျဲသနူတဖၣ်အသိး, USDA, အခၢၣ်စးကရၢတဖၣ်, ဝဲၤဒၢးတဖၣ်, ဒီးပှၤမၤတၢ်ဖိတဖၣ်, ဒီးတၢ်သိၣ်လိလီၢ်လၢအနုာ်လီၤပၣ်ဃုာ် မ့တမ့ၢ် ပၢဆှၢရဲၣ်ကျဲၤ USDA တၢ်တိာ်ကျဲၤတဖၣ်ဘၣ်တၢ်တြီအီၤလၢတၢ်ပဲၤဖးနီၤဖးတၢ်လၢအဒိးသန့ၤသးဖဲကလုာ်တၢ်လီၤစၢၤ, ဖံးဘ့ၣ်အလွဲၢ်, ထံကီၢ်လၢအဟဲဝဲ, မုၣ်ခွါသွံၣ်ထံး, နီၢ်ခိက့ၢ်ဂီၤတလၢပှဲၤ, သးနံၣ်, မ့တမ့ၢ် တၢ်မၤဆၢက့ၤတၢ်အၢ မ့တမ့ၢ် တၢ်မၤကၣ်ဆၢက့ၤတၢ်တချုးဒံးဖဲတၢ်မၤထံဖိကီၢ်ဖိခွဲးယာ်တၢ်ဟူးတၢ်ဂဲၤဖဲတၢ်တိာ်ကျဲၤတမံၤမံၤအပူၤ မ့တမ့ၢ် တၢ်မၤတၢ်ဟူးတၢ်ဂဲၤ မ့တမ့ၢ် တၢ်ဟ့ၣ်စ့ဆီၣ်ထွဲခီဖျိ USDA န့ၣ်လီၤႋ   ပှၤတဂၤဂၤလၢအအိၣ်ဒီးနီၢ်ခိက့ၢ်ဂီၤတလၢပှဲၤလၢအလိၣ်ဘၣ်တၢ်ဃုထၢတၢ်ဆဲးကျိးဆဲးကျၢအခီပညီတဖၣ်လၢတၢ်တိာ်ကျဲၤတၢ်ဂ့ၢ်တၢ်ကျိၤအဂီၢ် (အဒိ, ပှၤမဲာ်တထံၣ်အလံာ်မဲာ်ဖျၢၣ်, တၢ်ကွဲးလံာ်ဖျၢၣ်ဖးဒိၣ်, တၢ်ကလုၢ်အလီလုၤကွီၤ, အမဲရံကၤတၢ်နဲၣ်စုအပနီၣ်, ဒီးအဂၤတဖၣ်), ကဘၣ်ဆဲးကျိးဝဲဒၣ်ခၢၣ်စးကရၢ (ကီၢ်စဲၣ် မ့တမ့ၢ် လီၢ်ကဝီၤ) ဖဲအဝဲသ့ၣ်ပတံထီၣ်တၢ်န့ၢ်ဘျုးတဖၣ်အလီၢ်န့ၣ်လီၤႋ ပှၤတဂၤလၢ်လၢ်လၢအမ့ၢ်ပှၤအုးအး, တနၢ်ဟူတၢ် မ့တမ့ၢ် အိၣ်ဒီးတၢ်ဂံၢ်စၢ်လၢတၢ်ကတိၤတၢ်ဆဲးကျိးဝဲဒၣ် USDA သ့ခီဖျိ Federal Relay Service (ကီၢ်စၢဖှိၣ်တၢ်မၤစၢၤတၢ်ဒိးသန့ၤအလီၢ်) ဖဲ (800) 877-8339 န့ၣ်လီၤႋ လၢန့ၣ်အမဲာ်ညါ, ဘၣ်သ့ၣ်သ့ၣ်တၢ်ကမၤအိၣ်ထီၣ်တၢ်တိာ်ကျဲၤအဂ့ၢ်အကျိၤလၢကျိာ်အဂၤတဖၣ်တမ့ၢ်ထဲအဲကလံးကျိာ်တကျိာ်န့ၣ်လီၤႋ   လၢတၢ်ဆှိးထီၣ်တၢ်ပဲၤဖးနီၤဖးလိာ်သးအဂ့ၢ်, မၤပှဲၤ USDA တၢ်တိာ်ကျဲၤ Discrimination Complaint Form (တၢ်ဆှိးထီၣ်တၢ်ပဲၤဖးနီၤဖးအလံာ်တကွီၣ်ဒိ), (AD-3027) လၢတၢ်ထံၣ်န့ၢ်အီၤသ့ဖဲ- <http://www.ascr.usda.gov/complaint_filing_cust.html>, ဒီးဖဲ USDA ဝဲၤဒၢးတတီၤလၢ်လၢ်, မ့တမ့ၢ် ကွဲးတၢ်ပရၢဆူ USDA အလီၢ်အိၣ်ဆိးထံးဒီးပာ်ဖျါထီၣ်တၢ်ဃ့ထီၣ်တၢ်အဂ့ၢ်အကျိၤဖဲလံာ်တကွီၣ်ဒိအတၢ်ပရၢပူၤတက့ၢ်ႋ လၢတၢ်ဃ့ထီၣ်တၢ်ဆှိးထီၣ်တၢ်အလံာ်တကွီၣ်ဒိအတၢ်ကွဲးဒိအဂီၢ်, ကိးဘၣ်ဖဲ (866) 632-9992 တက့ၢ်ႋ ဆှၢထီၣ်လံာ်တကွီၣ်ဒိလၢနမၤပှဲၤအီၤဝံၤ မ့တမ့ၢ် တၢ်ပရၢဆူ USDA အအိၣ်ခီဖျိ-   (1) တၢ်ပရၢ- U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;   (2) စဲးဒိဆှၢလံာ်- (202) 690-7442; မ့တမ့ၢ်  (3) လီပရၢ- [program.intake@usda.gov](mailto:program.intake@usda.gov).   တၢ်မၤလိအလီၢ်အံၤမ့ၢ်ဝဲပှၤရဲၣ်ကျဲၤမၤစၢၤတၢ်ခွဲးဂ့ၤယာ်ဘၣ်ထဲသိးတုၤသိးန့ၣ်လီၤႋ | | | |

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| တၢ်သမံထံပာ်ဂၢၢ်ပာ်ကျၢၤတၢ်ဂ့ၢ်တၢ်ကျိၤလၢတၢ်မၤစှၤလီၤတၢ်အီၣ်တၢ်အီအပှ့ၤကလံၤဒီးတလၢာ်အပှ့ၤအဂီၢ် | | | | | |
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| **SNAP/TANF/FDPIR ဟံၣ်ဖိဃီဖိ-** နမ့ၢ်ဒိးန့ၢ်ဝဲ Supplemental Nutrition Assistance Program (SNAP) (တၢ်မၤဆူၣ်ထီၣ်စၢၤတၢ်န့ၢ်ဂံၢ်န့ၢ်ဘါတၢ်တိာ်ကျဲၤ), Temporary Assistance for Needy Families (TANF) (တၢ်မၤစၢၤဟံၣ်ဖိဃီဖိတဖၣ်အတၢ်လိၣ်တစိၢ်တလီၢ်), မ့တမ့ၢ် Food Distribution Program on Indian Reservations (FDPIR) (တၢ်ဟ့ၣ်နီၤလီၤတၢ်အီၣ်တၢ်အီဖဲတၢ်ရဲၣ်ကျဲၤမၤလီၤဆိပှၤအ့ဒံယၣ်အလီၢ်) လၢနဖိအဂီၢ်ဖဲတကတီၢ်ဃီလၢနပတံထီၣ်ဝဲန့ၣ်, နကဘၣ်ဆှၢထီၣ်ထဲလၢတၢ်တမံၤမံၤလၢအဒုးနဲၣ်ဖျါထီၣ်နဟံၣ်ဖိဃီဖိဒိးန့ၢ်တၢ်မၤစၢၤအဂ့ၢ်န့ၣ်လီၤႋ တၢ်တလိၣ်ဝဲဒၣ်တၢ်ဂ့ၢ်တၢ်ကျိၤအဂၤတဖၣ်ဘၣ်န့ၣ်လီၤႋ တၢ်အံၤမ့ၢ်သ့ဝဲလၢ- | | | | | |
|  | | | | | |
|  | -- | **SNAP, TANF, FDPIR တၢ်ဘိးဘၣ်သ့ၣ်ညါအလံာ်အုၣ်သး** ဒုးနဲၣ်ဖျါထီၣ်တၢ်အုၣ်သးကတီၢ်အတၢ်စးထီၣ်ဒီးကတၢၢ်အနံၤသီတဖၣ်န့ၣ်လီၤႋ | | | |
|  | -- | **တၢ်ပရၢလၢ SNAP, TANF, FDPIR ဝဲၤဒၢးအအိၣ်** ဒုးနဲၣ်ဝဲလၢနကြၢးဝဲဘၣ်ဝဲလၢတၢ်ဒိးန့ၢ်ဘၣ်တၢ်န့ၢ်ဘျုးတဖၣ်အဂ့ၢ်န့ၣ်လီၤႋ | | | |
|  | | | | | |
| **ဟံၣ်ဖိဃီဖိလၢအပတံထီၣ်တၢ်တဖၣ်ဒိးသန့ၤထီၣ်သးဖဲတၢ်ဟဲနုာ်အဖီခိၣ်-** နမ့ၢ်တဒိးန့ၢ် SNAP, TANF, FDPIR လၢနဖိအဂီၢ်ဘၣ်န့ၣ်, ဆှၢထီၣ်တၢ်ဂ့ၢ်တၢ်ကျိၤအလံာ်တၢ်ကွဲးဒိ မ့တမ့ၢ် လံာ်စးခိလၢအဒုးနဲၣ်ဖျါထီၣ်နဟံၣ်ဖိဃီဖိအတၢ်ဟဲနုာ်တချုးဒံးဖဲလါဝဲန့ၣ်အဘၢၣ်စၢၤတဘျီလၢ်လၢ်ဖဲနပတံထီၣ်တၢ်အီၣ်တၢ်အီအတၢ်န့ၢ်ဘျုးအခါဒီးခဲအံၤန့ၣ်လီၤႋ ပှၤမၤစံာ်ဖိ မ့တမ့ၢ် ပှၤမၤနီၢ်ကစၢ်တၢ်ဖံးတၢ်မၤအဂၤတဖၣ်ကစူးကါဝဲဒၣ်တၢ်ခိတၢ်သွဲအတကွီၣ်ဒိလၢတၢ်ဒုးနဲၣ်ဖျါထီၣ်တၢ်ဟဲနုာ်အဂီၢ်န့ၣ်လီၤႋ | | | | | |
|  | | | | | |
| လံာ်စးခိလၢနဆှၢထီၣ်ကဘၣ်ဒုးနဲၣ်ဖျါထီၣ်ဝဲဒၣ်- (1) တၢ်ဒိးန့ၢ်တၢ်ဟဲနုာ်အနီၣ်ဂံၢ်နီၣ်ဒွး, (2) ပှၤတဂၤဂၤလၢအဒိးန့ၢ်တၢ်ဝဲန့ၣ်အမံၤ, (3) တၢ်ဒိးန့ၢ်တၢ်ဟဲနုာ်အနံၤအသီ, ဒီး (4) တၢ်ဒိးန့ၢ်တၢ်ဟဲနုာ်အဘျီထဲလဲၣ်အဂ့ၢ်န့ၣ်လီၤႋ | | | | | |
|  | | | | | |
| လၢတၢ်ဒုးနဲၣ်ဖျါထီၣ်စ့နီၣ်ဂံၢ်နီၣ်ဒွးလၢနဟံၣ်ဖိဃီဖိဒိးန့ၢ်ဝဲဖဲအပူၤကွံာ်တလါအဂ့ၢ်, ဆှၢထီၣ်တၢ်ကွဲးဒိလၢလာ်အံၤ- | | | | | |
|  | -- | | **တၢ်ဟဲနုာ်/တၢ်မၤဘူးလဲ/လါလဲလၢတၢ်မၤတခါစုာ်စုာ်အဂီၢ်-** | | |
|  | | | | | ခၠဲးဟ့ၣ်စ့အလံာ်ဖှီတဲာ်လၢအဒုးနဲၣ်ဖျါဝဲဒၣ်တၢ်ဒိးန့ၢ်ဘၣ်အဘျီထဲလဲၣ်အဂ့ၢ်န့ၣ်လီၤႋ |
|  | | | | | တၢ်ဟ့ၣ်လံာ်ပရၢဒၢအလဲလၢအဒုးနဲၣ်ဖျါဝဲဒၣ်တၢ်ဒိးန့ၢ်ဘၣ်အဘျီထဲလဲၣ်အဂ့ၢ်န့ၣ်လီၤႋ |
|  | | | | | တၢ်မၤကစၢ်အလံာ်ပရၢတကွီၣ်ဒိလၢအဒုးနဲၣ်ဖျါဝဲဒၣ်တၢ်ဟ့ၣ်တၢ်မၤဘူးလဲခဲလၢာ်ခဲဆ့အဂ့ၢ်ဒီးအဝဲသ့ၣ်ဟ့ၣ်တၢ်အလဲအဘျီထဲလဲၣ်အဂ့ၢ်န့ၣ်လီၤႋ |
|  | | | | | တၢ်မၤစံာ်ပှဲၤမုၢ်ကျိၤဝဲၤကွာ်တၢ်ဖံးတၢ်မၤအလံာ်စးခိတဖၣ်, ဒ်အမ့ၢ် ledger (စ့ဟဲနုာ်ဟးထီၣ်စရီ) မ့တမ့ၢ် tax books (တၢ်ခိတၢ်သွဲအတလါဒၢတဖၣ်) မ့တမ့ၢ် tax forms (တၢ်ခိတၢ်သွဲအတကွီၣ်ဒိတဖၣ်) န့ၣ်လီၤႋ |
|  | | | | | တၢ်စဲကျံးထုးထီၣ်တၢ်ဒုးသ့ၣ်ညါတၢ်သွီနုာ်လီၤစ့လၢအံၣ်လဲးထြီနံးကျိၤကျဲအဂ့ၢ်န့ၣ်လီၤႋ |
|  | -- | | **ပှၤဂ့ၢ်ဝီတၢ်ဘံၣ်တၢ်ဘၢ/ပ့ၣ်စ့ၣ်/တၢ်အိၣ်ဘှံးလၢမူဒါ-** | | |
|  | | | | တၢ်အိၣ်ဘှံးလၢမူဒါပှၤဂ့ၢ်ဝီတၢ်ဘံၣ်တၢ်ဘၢအတၢ်န့ၢ်ဘျုးလံာ်ပရၢႋ | |
|  | | | | တၢ်ဒိးန့ၢ်ဘၣ်တၢ်န့ၢ်ဘျုးတဖၣ်အလံာ်ပာ်ဖျါႋ | |
|  | | | | တၢ်ဘိးဘၣ်သ့ၣ်ညါတၢ်ဟ့ၣ်လၤကပီၤပ့ၣ်စ့ၣ်အဂ့ၢ်ႋ | |
|  | -- | | **တၢ်ဟ့ၣ်လိးကဒါက့ၤတၢ်ဖံးတၢ်မၤတအိၣ်အလဲ/နီၢ်ခိက့ၢ်ဂီၤတလၢပှဲၤ မ့တမ့ၢ် တၢ်ဟ့ၣ်လိးက့ၤပှၤမၤတၢ်ဖိအစ့-** | | |
|  | | | | တၢ်ဘိးဘၣ်သ့ၣ်ညါတၢ်ကြၢးဝဲဘၣ်ဝဲဒီးတၢ်ဖံးတၢ်မၤအတၢ်ဘံၣ်တၢ်ဘၢလၢကီၢ်စဲၣ်ဝဲၤဒၢးအအိၣ်ႋ | |
|  | | | | ခၠဲးဟ့ၣ်စ့အလံာ်ဖှီတဲာ်ႋ | |
|  | | | | တၢ်ပရၢလၢတၢ်ဟ့ၣ်လိးက့ၤပှၤမၤတၢ်ဖိအစ့အဂ့ၢ်ႋ | |
|  | -- | | **တၢ်ဟ့ၣ်တၢ်အိၣ်ဆူၣ်အိၣ်ချ့အလဲ (TANF, တၢ်တိစၢၤမၤစၢၤထီရီၤ)-** | | |
|  | | | | တၢ်န့ၢ်ဘျုးအလံာ်ပရၢလၢတၢ်အိၣ်ဆူၣ်အိၣ်ချ့ခၢၣ်စးကရၢအအိၣ်ႋ | |
|  | -- | | **တၢ်ဆီၣ်ထွဲမၤစၢၤဖိသၣ်/တၢ်အံးထွဲကွၢ်ထွဲအလဲ-** | | |
|  | | | | ကွီၢ်ဘျီၣ်အတၢ်စံၣ်ညီၣ်ဟ့ၣ်လီၤတၢ်ကလုၢ်, တၢ်အၢၣ်လီၤအီလီၤ, မ့တမ့ၢ် တၢ်ဒိးန့ၢ်ခၠဲးဟ့ၣ်စ့အတၢ်ကွဲးဒိတဖၣ်န့ၣ်လီၤႋ | |
|  | -- | | **တၢ်ဟဲနုာ်အဂၤတဖၣ်ခဲလၢာ်-** | | |
|  | | | | နမ့ၢ်အိၣ်ဒီးတၢ်ဟဲနုာ်အတကွီၣ်ဒိအဂၤတဖၣ် (ဒ်အမ့ၢ်ဟံၣ်လဲတၢ်ဟဲနုာ်) ဆှၢထီၣ်တၢ်ဂ့ၢ်တၢ်ကျိၤ မ့တမ့ၢ် လံာ်စးခိတဖၣ်လၢအဒုးနဲၣ်ဖျါထီၣ်တၢ်ဒိးန့ၢ်တၢ်ဟဲနုာ်အနီၣ်ဂံၢ်နီၣ်ဒွး, တၢ်ဒိးန့ၢ်အဘျီထဲလဲၣ်အဂ့ၢ်, ဒီးတၢ်ဒိးန့ၢ်အနံၤသီအဂ့ၢ်တက့ၢ်ႋ | |
|  | -- | | **တၢ်ဟဲနုာ်တအိၣ်-** | | |
|  | | | | နတၢ်ဟဲနုာ်မ့ၢ်တအိၣ်ဘၣ်န့ၣ်, ဆှၢထီၣ်တၢ်ပာ်ဖျါနၢ်ပၢၢ်တၢ်ဂ့ၢ်ဖုၣ်ကိာ်ဘၣ်ဃးနကဟ့ၣ်လီၤမၤစၢၤတၢ်အီၣ်တၢ်အီ, တၢ်ကူတၢ်သိး, ဒီးဟံၣ်ဃီတၢ်အိၣ်ဆိးလီၢ်လၢနဟံၣ်ဖိဃီဖိအဂီၢ်ဒ်လဲၣ်, ဒီးနမုၢ်လၢ်ဘၣ်တၢ်ဟဲနုာ်အခါဖဲလဲၣ်အဂ့ၢ်န့ၣ်တက့ၢ်ႋ | |
|  | | | | | |
| နမ့ၢ်အိၣ်ဒီးတၢ်သံကွၢ်တမံၤလၢ်လၢ်, မ့တမ့ၢ် လိၣ်ဘၣ်တၢ်မၤစၢၤလၢတၢ်ဆၢတဲာ်ဆှၢထီၣ်တၢ်ဂ့ၢ်တၢ်ကျိၤအဂီၢ်န့ၣ်, ဝံသးစူၤဆဲးကျိးဘၣ်- | | | | | |
|  | | | | | |
| (ကၠိပှၤဘၣ်မူဘၣ်ဒါအမံၤ, လီၢ်ကဝီၤလီတဲစိနီၣ်ဂံၢ်, လီတဲစိနီၣ်ဂံၢ်တလၢာ်အပှ့ၤဒီးလီပရၢ) | | | | | |