

# CANS Bulletin

December 2017



# In This Issue

[A Note From Sandra](#)

[Check in With CANS Monthly Conference Calls; SY17-18 Dates](#)

[USDA Farm to School Grant Program](#)

[Three Gardening Grants Available!](#)

[New! Web-Based Professional Standards Training Tracker Tool 2.0](#)

[Putting Your School Wellness Policy Into Practice](#)

[See What's Cooking With the USDA Mixing Bowl](#)

[ICN TeamUp Thursday Training Webinars](#)

[FFAVORS—Buy American](#)

[Building the Future with CACFP](#)

[Summer Meals—Resources](#)

[Action for Healthy Kids Webinar Series](#)

[Updated Policies and Regulations](#)

[Contact CANS](#)

## A Note From Sandra

Best wishes for a Merry Christmas and a Happy New Year from all of us in Child & Adult Nutrition Services. We appreciate so much the work you do providing nutrition to the elderly, those in need, in school and childcare, and in the summer is appreciated whether it is paperwork, keeping things clean, preparing food, or having the joy of serving the food. Santa has you on his nice list!

We often spend so much time worrying about the upcoming changes that we forget to celebrate the accomplishments such as Child & Adult Care Food Program completing implementation of the new meal patterns, the number of sites and meals in Summer Food Service increased, children are eating more fruits and vegetables. Pat yourself on the back – change is hard but it is working thanks to everyone's efforts.

# Check in With CANS Monthly Conference Call

## SY 17-18 Dates

The check in with CANS conference calls are returning this year! Check in with CANS is a monthly conference call scheduled for the first Thursday each month. This call is open to all agencies on the School Nutrition Programs. Each call will start with a report from CANS with hot topics, new guidance or program clarifications, and reminders of upcoming dates. There will also be time scheduled during each call for participants to ask questions.

Check in with CANS is scheduled on the first Thursday of each month starting at **2:30 pm CT / 1:30 pm MT**. Calls are scheduled for:

- December 7
- January 4
- February 1
- March 1
- April 5
- May 3
- June 7 (*tentative*)

To join the conference call, **dial 1-866-410-8397 and enter code: 6507733610**. If you have trouble joining the conference call, or have additional questions call the CANS office at 605-773-3413. Feel free to send in questions ahead of the call to [DOE.SchoolLunch@state.sd.us](mailto:DOE.SchoolLunch@state.sd.us) please reference "Conference call question" in the subject line.

Shortly before the call an agenda will be posted to the CANS website main page, <http://doe.sd.gov/cans/index.aspx>, under Documents, Conference Calls. Shortly after the call is complete, the call minutes will replace the agenda with additional information. Please join us!

# USDA Farm to School Grant Program

*held over from previous month*

The United States Department of Agriculture (USDA) awards grants every year to promote programs that connect students to the sources of their food through Farm to School. Examples of Farm to School programs include, but are not excluded to field trips, school gardens, taste test, and local food sourcing for school meals. Eligible entities include schools, Indian tribal organizations, agricultural producers, non-profit entities, state and local agencies. The USDA is offering three different types of grants this year.

**Implementation grants-** intended for eligible entities to further develop, launch or expand existing farm to school initiatives. Awards range from \$50,000 - \$100,000.

**Planning grants-** Intended for eligible entities to organize and structure their efforts for maximum impact by embedding known best practices into early design considerations. This track is also for applicants who are just starting their Farm to School effort or do not have prior experience. Awards range from \$20,000 - \$50,000.

**Training grants-** Intended for eligible entities to support trainings that strengthen farm to school supply chains, or trainings that provide technical assistance in the area of local procurement, food safety, culinary education, and/or integration of agriculture-based curriculum. Awards range from \$20,000 - \$50,000.

All grant applications are due Friday, **December 8<sup>th</sup> 2017**. For more information and to access the Farm to School grant applications please visit:

<https://www.fns.usda.gov/farmentoschool/farm-school-grant-program>

# Three Gardening Grants Available!

## **Katie's Krops Garden**

Starting a Katie's Krops Garden is so much more than just receiving funding to grow a garden. Youth selected as Katie's Krops Growers are empowered to grow a healthy end to hunger in their community and positively impacting the health of their cities and towns.

<http://katieskrops.com/start-a-garden.html>

## **2018 Youth Garden Grant**

Since 1982, KidsGardening has awarded Youth Garden Grants to 5456 schools, nonprofits, and youth programs across the United States contributing over 2.9 million dollars in funding to youth gardening initiatives. The 2018 Youth Garden Grant is sponsored by KidsGardening's generous donor base with contributions from leading companies in the horticulture industry: Dramm Corporation, Eartheasy, Fiskars Brands Inc., Gardener's Supply Company, Growers Supply Company, High Mowing Organic Seeds, JavaCycle, and Smart Pots.

<https://kidsgardening.org/2018-youth-garden-grant/>

## **Honor the Earth Grantmaking Program**

Honor the Earth awards grants solely to organizations that are led and managed by Native peoples. Priority is given to grassroots, community-based organizations and groups with a lack of access to federal and/or tribal funding resources. Honor the Earth does not grant to individuals. Grants range from \$1,000 to \$5,000.

[http://www.honorearth.org/grants\\_process](http://www.honorearth.org/grants_process)

# NOW AVAILABLE! The Highly Anticipated, New, Web-Based Professional Standards Training Tracker Tool 2.0

The USDA FNS Child Nutrition Programs has released the new Professional Standards Training Tracker Tool 2.0. This new tool provides easy navigation and user-friendly time saving features such as access to a database of trainings to auto populate training information, the ability for managers to enter trainings for multiple employees, reminder alerts for remaining annual training requirements, and notifications for annual training requirement completion. Other great features include: running reports, editing entries, and auto-populating the school's contact information.

Visit <https://pstrainingtracker.fns.usda.gov/> and start tracking your training hours today!

After you click this link, you will need to create a "Level 1 USDA eAuthentication account". This is just a higher security account, so you will need to enter your work email (do not use a personal email), and answer a few more security questions. You will create a login user ID and password. Please remember these! The site will email you security emails, and ask you to wait 10 – 20 minutes prior to accessing your new account.

**PLEASE NOTE:** A Level 1 USDA eAuthentication account is needed to access the tool. New and existing users who have Level 1 access can proceed to the tool by clicking on the *'New/Existing User Login'* button.

Please click [here](#) to create your Level 1 eAuth access account. You will immediately receive an email with a link to activate your account with one simple click.

Contact [cnpntab@fns.usda.gov](mailto:cnpntab@fns.usda.gov) for assistance in accessing the site.

The tracker site has an overview of the Final Rule Summary regarding Professional Standards, Learning Objectives and Training Topics. This new tool can generate a variety of reports, offers resources to help find trainings and includes the guide to Professional Standards for School Nutrition Programs.

When you enter a training, the tool gives a drop down choice for key area and training topic. It auto populates the learning objective and the training provider, and date. You select the school year, training hours/minutes. A link to enter trainings not listed (such as civil rights from the CANS website or read items, in house trainings) is available.

Tracking and collecting supporting documentation for the annual Professional Standards required training hours is a program requirement, however, schools and agencies are not required to use the new Professional Standards Training Tracker Tool. You may use the State's current tracker, or track on your own excel or notebook, but you must denote name, hours, title, and training topic/key area.

## Putting Your School Wellness Policy Into Practice

The [Alliance for a Healthier Generation](#) has released a new resource titled [Putting Policy into Practice](#), which helps school districts better understand requirements of the [Healthy, Hunger-Free Kids Act of 2010](#) final rule for local wellness policy provisions.

More importantly, it outlines Healthy Schools Program tools that you can use to support those requirements. Take a look, and then [visit the Healthy Schools Program webpage](#) to sign-up and access the guidance and tools you need to set your schools on the path to earning a spot on the next list of America's Healthiest Schools.

## See What's Cooking With the USDA Mixing Bowl

The *What's Cooking? USDA Mixing Bowl* includes over 1,000 easy to use standardized recipes for school nutrition programs. Most recipes for school nutrition yield 50 or 100 portions. Searches can be filtered to only include USDA standardized recipes that include the meal components crediting per serving. Many schools have expressed a need to increase breakfast participation as well as a want to include more scratch cooking. Combine the two concerns and lure students to the cafeteria with the smell of homemade fresh baked bread items. We promise you will be the buzz of the school with easy to use recipes like Baked Whole Wheat Doughnuts and Banana Muffins. All recipes can be found at the link below.

<https://whatscooking.fns.usda.gov/>



# ICN TeamUp Thursday Training Webinars

*held over from previous month*

Each Thursday the ICN hosts a Team Up Thursday Training Webinar. These webinars are free and generally last around one hour. These webinars are developed by a mix of school district staff, state staff, and federal staff from around the country. Many of the webinars are also archived and can be found on the ICN website: <http://teamup.theicn.org/tutwa/>

Some of the recent webinar topics were:

- Team Up for Food Safety!
- Team Up for Special Diets
- Team Up for Farm to School Success
- Team Up for Creative Ways to Boost Flavor with Less Sodium
- Team Up for Best Practices in Financial Management
- Team Up with Local School Wellness Policies!

If you do not receive a training certificate for the webinar, don't forget to print off the webinar title sheet and print your name, the date of your training, and the number of minutes or hours spent on this training (round to nearest 15 minutes).

You can also sign up to receive the ICN training announcements, webinar announcements, and newsletter at: <http://news.theicn.org/subscribe/>.

## FFAVORS—Buy American

It has been brought to our attention that the contractor for USDA Fresh purchases through DoD FFAVORS has been shipping product that is not produced in the United States. Please review your deliveries for product that is not produced in the United States. Since we are using USDA funds we are required to buy American products. If you find product that is not made in America, please notify Karen Kenton at [Karen.Kenton@dla.mil](mailto:Karen.Kenton@dla.mil) and Mark Moen at [Mark.Moen@state.sd.us](mailto:Mark.Moen@state.sd.us). When receiving the FFAVORS produce, any product that is **NOT** produced in the United States should be refused at the time of delivery.



## Building the Future with CACFP

### **CACFP Halftime: Thirty on Thursdays Webinar Series**

Beginning October 19, 2017 Team Nutrition will be presenting a series of webinars on the third Thursday of each month at 1:00pm CT/12:00pm MT. If you are unable to view the live webinar, they will also be recorded and posted at a later date. To register for these webinars please go to: <https://www.fns.usda.gov/tn/cacfp-halftime-thirty-thursdays-training-webinar-series>. Popular topics that will be covered are:

- Choose Yogurts That Are Lower in Added Sugars
- Serving Milk in the CACFP Menu Planning for the CACFP
- Identify Foods That Are Whole Grain-Rich
- Grain-Based Desserts in the CACFP
- How to Serve Meat and Meat Alternates Instead of Grains at Breakfast
- Offer Versus Serve in the CACFP
- Recipe Development and Crediting
- Meal Pattern for 13-18 Year Old Age Group
- Feeding Infants in the CACFP

Questions about this webinar series may be sent to [TeamNutrition@fns.usda.gov](mailto:TeamNutrition@fns.usda.gov).

## Summer Meals - Resources

The 2017 USDA/State Agency Meeting was hosted by USDA on November 6-9, 2017, in Crystal City, VA and Summer Food Service Program and Child and Adult Care Food Programs were the focus for the first time. I will be sharing some of the resources and tips over the next few months that were presented during the conference.

Many of you are seeking additional funds, please examine the opportunities under the USDA [Community Foods System](#) other areas that you may qualify for including the link to Procuring Local Foods for those interested. The [Farm to School 2018 Grant](#) is currently available. A great resource is the [Farm to Child Nutrition Programs Planning Guide](#) which may benefit your organization.

If you are using a Food Service Management Company, be sure and plan to start your contract process in early in 2018, review the SFSP requirements found in the [SFSP Administration Guide 2016](#) and implement them in your new contract.

NEW tool available is the Food Buying Guide for Child Nutrition Programs Interactive Web-Based Tool ([Food Buying Guide eTool](#)) allows you to easily determine creditable menu items. The Recipe Analysis Workbook (RAW) for your recipes will be a time saver. Complete your Level 1 eAuthentication account to access the new tool.

Contact Julie McCord for Summer Food Service Program questions by calling 605-773-3110 or email [julie.mccord@state.sd.us](mailto:julie.mccord@state.sd.us).

# Action for Healthy Kids

## Webinar Series for SY 2017-2018

One of our partner organizations in the Child Nutrition Programs, **Action for Healthy Kids**, recently released their fall and winter webinars schedule for the upcoming school year. These webinars will cover a wide range of topics to improve the health and wellness of your school: improving your local Wellness Policy, ideas for Smart Snacks in schools, breakfast in the classroom, messaging to parents, and more!

You can register for one or all of the following webinars by going to this website: <http://www.actionforhealthykids.org/events/webinars> and selecting the webinars you wish to attend or clicking on the individual webinar listed below. Please note, these webinars are not hosted by CANS.

### [Wellness Wednesday: Integrating Nutrition Education into a Well-Rounded Education](#)

**Wednesday, December 13, 2017 | 30 minutes | 3:00 PM (CT), 2:00 PM (MT)**

Join Action for Healthy Kids for our December 2017 Wellness Wednesday webinar to learn how your school and teachers can integrate nutrition education into core subjects! Strategies, tips and lesson ideas can be used at all levels and in multiple subjects.

### [Wellness Wednesday: Is your school ready to take the SuperFit School Challenge?](#)

**Wednesday, January 10, 2018 | 30 minutes | 3:00 PM (CT), 2:00 PM (MT)**

Join us to learn about the AFHK new fundraising program, SuperFit School Challenge, and hear how your school can focus on helping students become healthier while raising funds to support their school.

### [Get Recognized as a Healthy School with the HealthierUS School Challenge: Smarter Lunchrooms Initiative](#)

**Thursday, January 25, 2018 | 60 minutes | 1:00 PM (CT), 12:00 PM (MT)**

Become recognized as a healthy school by applying for the HealthierUS School Challenge. Join this webinar to learn more about the initiative and get tips and tricks for submitting a successful application. District/school staff, parents and community members are encouraged to join this webinar.

## **Back to Top**

### [The Latest and Greatest on Local School Wellness Policies](#)

**Tuesday, January 30, 2018 | 60 minutes | 2:00 PM (CT), 1:00 PM (MT)**

Join Action for Healthy Kids to learn about the latest trends, research and resources for your district's Local School Wellness Policy to ensure compliance with requirements.

### [Wellness Wednesday: Is your school ready to take the SuperFit School Challenge?](#)

**Wednesday, January 10, 2018 | 30 minutes | 3:00 PM (CT), 2:00 PM (MT)**

Join us to learn about the AFHK new fundraising program, SuperFit School Challenge, and hear how your school can focus on helping students become healthier while raising funds to support their school. Principals, teachers, school wellness coordinators, PTA/PTO parents, school nurses and anyone involved in fundraising are encouraged to join.

### [TX: SHACs in Action - Social Emotional Learning](#)

**Wednesday, January 24, 2018 | 60 minutes | 11:30 AM (CT), 10:30 AM (MT)**

Social Emotional Learning (SEL) is a primary focus for many schools. What does it involve? Where do you find the most effective programs? What role does SHAC play? Join us as we share information on these topics and more.

### [Get Recognized as a Healthy School with the HealthierUS School Challenge: Smarter Lunchrooms Initiative](#)

**Thursday, January 25, 2018 | 60 minutes | 1:00 PM (CT), 12:00 PM (MT)**

You've worked hard all year to promote health and wellness in your school or district. Now, it's time to get recognized for your efforts! Become recognized as a healthy school by applying for the HealthierUS School Challenge: Smarter Lunchrooms initiative, a voluntary initiative run through the United States Department of Agriculture to congratulate schools excelling in school nutrition and physical activity. Join this webinar to learn more about the initiative and get tips and tricks for submitting a successful application. District/school staff, parents and community members are encouraged to join this webinar.

### [The Latest and Greatest on Local School Wellness Policies](#)

**Tuesday, January 30, 2018 | 60 minutes | 2:00 PM (CT), 1:00 PM (MT)**

Join Action for Healthy Kids to learn about the latest trends, research and resources for your district's Local School Wellness Policy to ensure compliance with requirements. The federal Healthy, Hunger-free Kids Act of 2010 (P.L. 111-296) and the Local School Wellness Policy final ruling (2016) requires school districts to have local wellness policies that include goals for: nutrition promotion & education, physical activity, policies for food and beverage marketing, implementation, evaluation and reporting plans and policy leadership. Learn how districts across the country are doing with updated policies, best practices on new requirements and success stories!

## **Back to Top**

### [Wellness Wednesday: Healthy Family Celebrations](#)

**Wednesday, February 14, 2018 | 30 minutes | 3:00 PM (CT), 2:00 PM (MT)**

Join Action for Healthy Kids for our February Wellness Wednesday Webinar to learn how to engage families with healthy and fun events that help to support an overall culture of wellness at your school. Hosting an event that involves physical activity and healthy eating can help you promote healthy behaviors, share positive messages, educate and engage parents and motivate kids. We'll share ideas, resources and creative examples of how schools are using their community events to focus attention on healthy lifestyles.

### [Celebrating School Health with Every Kid Healthy Week](#)

**Thursday, February 22, 2018 | 60 minutes | 3:00 PM (CT), 2:00 PM (MT)**

Action for Healthy Kids is proud to work with schools nationwide to promote Every Kid Healthy Week™ - an annual celebration of school health and wellness accomplishments. Every Kid Healthy Week brings attention to the nation's problem of childhood obesity, but more importantly, to its solutions: sound nutrition, regular physical activity, health-promoting school programs and successful engagement of families and communities. Join this webinar to learn more about Every Kid Healthy Week and how you can host an event and join the national movement.

### [TX: SHACs in Action – Award Winning SHAC Models](#)

**Wednesday, February 28, 2018 | 60 minutes | 11:30 AM (CT), 10:30 AM (MT)**

Learn what makes a great SHAC from the people who know. We have award winning SHACs ready to share their secrets to success. Find out how to get a recess policy passed, or how to improve the school nutrition environment. You don't want to miss this session!

### [Wellness Wednesday: Yoga in the Classroom](#)

**Tuesday, March 14, 2018 | 30 minutes | 3:00 PM (CT), 2:00 PM (MT)**

Join Action for Healthy Kids to learn about integrating yoga in a classroom environment. Learn how to use simple yoga-based movements and practices to increase physical fitness, student focus and academic performance! This webinar is recommended for teachers and champions for active kids.

### [Helping Kids Learn Better with Healthy School Meals](#)

**Thursday, March 22, 2018 | 60 minutes | 1:00 PM (CT), 12:00 PM (MT)**

Kids who eat healthy school meals have fewer absences and higher academic achievement. Making school meals healthy, nutritious and successful is both a challenge and an incredible opportunity. Learn how national school meal programs work and how parents and community members can deepen support, trust and meaningful collaboration with nutrition services staff to create healthier school food environments. Hear how parents are making a difference, and learn about resources to help you become a healthy school meals champion! For parents, school wellness champions and school health teams.

## **Back to Top**

### [Wellness Wednesday: Healthy Snacking](#)

**Wednesday, April 11, 2018 | 30 minutes | 3:00 PM (CT), 2:00 PM (MT)**

Join Action for Healthy Kids for our Wellness Wednesday Webinar to spice up your snacking routine with fun and healthy snacks for all ages. Learn about easy healthy snacks you can serve during or after school, and as part of school celebrations.

### [Wellness Wednesday: How to Show Your Volunteers They're Valued](#)

**Wednesday, May 9, 2018 | 30 minutes | 3:00 PM (CT), 2:00 PM (MT)**

As the end of the school year approaches, it's a great time to show all the family and community members who have helped support your school health efforts throughout the year just how much you appreciate them. Join Action for Healthy Kids for this Wellness Wednesday Webinar and hear some creative ways other schools have thanked their volunteers and engaged them to become even more active in the future.

# Updated Policies

**Some policies have multiple numbers. That means those apply to multiple programs.**

## **Child & Adult Care Food Program**

**No** new policies have been issued for Child & Adult Care Food Program since the last bulletin. Current policies can be found at <http://www.fns.usda.gov/cacfp/policy>

## **School Nutrition Programs (SP memos)**

Policies that apply to school operation and administration can be found at <http://www.fns.usda.gov/school-meals/policy>. No new policies have been issued since the last Bulletin.

## **Summer Food Service Program**

**No** new policies have been issued for Summer Food Service Program since the last bulletin. Current policies can be found at <http://www.fns.usda.gov/sfsp/policy>

## **Food Distribution**

**One** new policy has been issued for Food Distribution Programs since the last bulletin. Current policies can be found at <https://www.fns.usda.gov/fdd/policy>.

<b><u><a href="#">Date</a></u></b>	<b><u><a href="#">Document #</a></u></b>	<b><u><a href="#">Title</a></u></b>
11/21/2017	FD-107	<a href="#">Donated Food Storage, Distribution, and Product Dating</a>



## Contact CANS

For any question, comments, or concerns

Email: [DOE.SchoolLunch@state.sd.us](mailto:DOE.SchoolLunch@state.sd.us)

Phone: (605) 773-3413

Fax: (605) 773-6846

This institution is an equal opportunity provider.