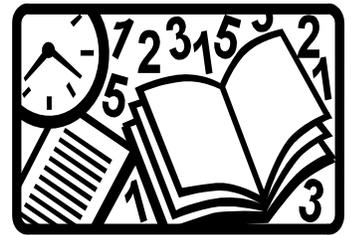




# LifeSkills

## Curriculum Training



**Elementary School Level – Grades 3-4-5 or 4-5-6**

**Middle School Level – Grades 6-7-8 or 7-8-9**

***June 10-11, 2014***

***Days Inn Brookings, SD***

**LifeSkills** is a proven, highly effective, substance abuse prevention program designed to: provide students with the necessary skills to resist social pressures to smoke, drink and use drugs; to help them develop greater self-esteem, self-mastery, and self-confidence; to enable children to effectively cope with social anxiety; to increase their knowledge of the immediate consequences of substance use.

The **Elementary level** is for implementation in grades 3-4-5 or 4-5-6 and it consists of 8 lessons for each of the three years. The **Middle School level** is for implementation in grades 6-7-8 or 7-8-9 and it consists of 15 lessons the first year, 10 lessons the second year and 5 lessons the third year. A **High School Level** manual is also available.

### **Target Audience**

Teachers & School Counselors, Prevention Advocates & Professionals, School Nurses & other Youth Workers.

### **Workshop Goals**

The goal of the teacher-training workshop is to provide participants with: an understanding of how and why the *LifeSkills Training* (LST) program works; an overview of the theory and research supporting the program; an exploration of the curriculum; modeling of key teaching skills; and increased confidence in teaching the LST prevention education curriculum

### **Cost**

\$20.00 per participant. Please make **checks payable to Human Service Agency** or we can bill your school/agency after the training. *The South Dakota Department of Health will reimburse for substitute teacher pay, mileage, hotel and meals for participants.*

### **Credit**

Application has been made for participants to receive 1 graduate and undergraduate credit through Augustana College which will cost an additional \$50.00 (please make checks payable to Augustana College). This workshop has been approved for continuing education units from the SD Board of Addiction and Prevention Professionals (BAPP), SD Board of Social Workers, and SD Board of Counselors Examiners at no extra charge.

### **Curriculum**

Curriculum for the training will be provided through the Human Service Agency. Following the program the SD Tobacco Program will provide additional *LifeSkills* material, including teacher manuals and student guides at no charge to schools who commit to implementing the curriculum for at least one full school year. More information about this opportunity will be available at the training.

**Registration Information on back of page.**

## **LifeSkills Curriculum Training**

**June 10-11 2014**

**8:00-4:45 p.m. each day**

**Days Inn**

**2500 6th St, Brookings SD 57006**

**~Lunch will be on your own both days~**

A block of 20 rooms has been reserved at the **Days Inn Brookings(phone: 605-692-9471)** under the group name *Life Skills*. The rate is \$59.95 for a single and 69.95 for a double. Participants are responsible for making their own reservations and for their room charges. SD Dept. of Health will reimburse for hotel room. The room block is for June 9th and 10th..  
**The block rate ends May 27th, 2014**

**ADA Disclaimer:** Notice is further given to individuals with disabilities that this workshop is being held in a physically accessible place. Please notify Dodi Haug within two weeks of the workshop if you have special needs for which this agency will need to make arrangements. The telephone number for making special arrangements is (605) 884-3516. Request of alternative formats and/or interpreters may include:

- Disk
- Braille
- Large Print
- Interpreter
- Other Access Requests
- Special dietary concern

### **SPONSORS**

Department of Health – Tobacco Control Program,  
Department of Social Services – Prevention Program  
Human Service Agency – NE Prevention Resource Center  
Volunteers of America—SE Prevention Resource Center

## **Life Skills Training Registration Information**

### **You can return registration to:**

*Kayla Potter, NE Prevention Resource Center,  
PO Box 1030, Watertown, SD 57201*

*Email: [kaylap@humanserviceagency.org](mailto:kaylap@humanserviceagency.org) Phone: (605) 884-3524 Fax: 605.884-3522*

**Registration deadline is May 28, 2014**

Name: \_\_\_\_\_

Work Address: \_\_\_\_\_

School/Agency: \_\_\_\_\_ Position: \_\_\_\_\_

Email: \_\_\_\_\_ Work phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Home phone (in case of weather cancellation): \_\_\_\_\_

**Please check which curriculum level you would like to be trained at:**

\_\_\_ Elementary \_\_\_ Middle School

**CANCELLATION NOTICE:** Your school/agency will be charged \$20/person unless cancellation is received by June 6, 2014