

Trauma Resources

Bessel Van Der Kolk, M.D. <https://besselvanderkolk.net/index.html> Book: **The Body Keeps the Score**

Beyond Consequences; Heather Forbes www.beyondconsequences.com Book: **Beyond Consequences Vol 1 & 2, Dare to Love, Help for Billy**

Brene Brown <https://brenebrown.com/> Books: **Dare to Lead, Daring Greatly, The Gifts of Imperfection**

Child Trauma Academy- Dr. Bruce Perry www.childtrauma.org and www.childtraumaacademy.com (Free online classes) Books: **The Boy Who was Raised as a Dog** and **Born for Love**

Dan Siegel, www.drdansiegel.com; www.mindsightinstitute.com Books: **The Whole-Brain Child, No-Drama Discipline, The Developing Mind, Mindsight, Parenting From the Inside Out, Brainstorm, Aware**

Jim Sporleder & Heather T Forbes, Beyond Consequences Instituted <http://www.beyondconsequences.com/the-trauma-informed-school> Book: **The Trauma-Informed School- A Step-by-Step Implementation Guide for Administrators and School Personnel**

Juli Alvarado-Alvarado Consulting and Treatment Group www.alvaradoconsultinggroup.com Book: **The Quest for Peace in a Broken World**; Emotional Regulatory Healing ERH

Karyn Purvis; TCU Institute for Child Development <http://www.child.tcu.edu> Book: **The Connected Child** and numerous videos on TBRI (Trust Based Relational Intervention)

Post Institute; Bryan Post www.postinstitute.com Free resources online Books: **The Great Behavior Breakdown, From Fear to Love: Parenting Difficult Adopted Children, How to Heal the Attachment Challenged Angry and Defiant Child**

Nadine Burke Harris, Center for Youth Wellness <https://centerforyouthwellness.org/> Book: **The Deepest Well** Ted Talk: https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime?language=en

- The Trauma Informed Care Project (www.traumainformedcareproject.org)
- National Child Traumatic Stress Network (www.nctsn.org)
- National Child Traumatic Stress Network Learning Center - for Child and Adolescent Trauma (www.nctsn.org/login/index.php)
- National Trauma Consortium (www.nationaltraumaconsortium.org)
- Kids Mental Health Info (www.kidsmentalhealthinfo.com/child-trauma.php)
- ACEs Connection (www.acesconnection.com)
- Adverse Childhood Experiences Study (www.acestudy.org)
- American Academy of Experts in Traumatic Stress (www.aaets.org)
- National Center for Children Exposed to Violence (www.nccev.org)
- Center for Pediatric Traumatic Stress (www.chop.edu/professionals/pediatric-traumatic-stress)
- Child Trends (www.childtrends.org/publications/prevalence-adverse-childhood-experiences-nationally-state-race-ethnicity)
- International Society for Traumatic Stress Studies (www.istss.org)
- SAMHSA National Center for Trauma-Informed Care (www.samhsa.gov/nctic/)
- Parenting After Trauma: Understanding Your Child's Needs - A Guide for Foster and Adoptive Parents (www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/healthy-foster-care-america/Documents/FamilyHandout.pdf)
- Helping Foster and Adoptive Families Cope with Trauma - A Guide for Pediatricians (<http://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/healthy-foster-care-america/Documents/Guide.pdf>)
- Through Our Eyes: Children, Violence, and Trauma Video (<http://www.ovc.gov/pubs/ThroughOurEyes/index.html>)
- How Can Trauma Affect My Young Child? (<http://www.cehd.umn.edu/CEED/publications/questionsaboutkids/traumaenglish.pdf>)
- Compassion Resilience Toolkit (<https://compassionresiliencetoolkit.org/>)
- Stress Health (<https://www.stresshealth.org/>)
- US Department of Health & Human Services (<https://www.childwelfare.gov/topics/preventing/preventionmonth/resources/ace/>)
- ACE Interface: The Adverse Childhood Experiences Study (www.aceinterface.com)
- Epigenetics Primer Video: (<https://www.youtube.com/watch?v=AvB0q3mg4sQ>)
- How Brains are Built: The Core Story of Brain Development. Video: <https://www.youtube.com/watch?v=LmVWOe1ky8s>
- Refrigerator Sheet: The Whole Brain Child by Daniel Siegel and Tina Payne Bryson. <https://www.drdansiegel.com/pdf/Refrigerator%20Sheet--WBC.pdf>
- Building Resilience: Healthy Children. <https://www.healthychildren.org/English/healthy-living/emotional-wellness/Building-Resilience/Pages/default.aspx>.
- Six Core Strengths for Healthy Child Development: An Overview. <https://www.youtube.com/watch?v=skaYWK6iD4>

Social Media:

- Facebook – South Dakota ACEs and Resiliency Connections
- ACEs Connection – SD - <https://www.acesconnection.com/g/south-dakota-aces-connection>
- Facebook - Children's Home Child Advocacy Center - <https://www.facebook.com/CHCACRC/>