

Middle School—Human Development

Career Cluster	Education and Training
Course Code	19000
Prerequisite(s)	None
Credit	Part of middle school curriculum; credit will vary according to school
Program of Study and Sequence	This course is a foundational course, and part of the four content areas in Middle School Family and Consumer Sciences with standards for human development, relationships, career exploration and nutrition and wellness.
Student Organization	FCCLA
Coordinating Work-Based Learning	None
Industry Certifications	None
Dual Credit or Dual Enrollment	None
Teacher Certification	Education & Training Cluster Endorsement; Human Services Cluster Endorsement; Hospitality & Tourism Cluster Endorsement; FACS Endorsement
Resources	

Course Description:

Middle school students are exploring many areas of life. Human development includes knowledge and understanding of growth and development across the life span. Students will explore physical, social, emotional and intellectual development and relate them to the role of a nurturing caregiver.

Program of Study Application

This is a foundational course. The course can be tailored to meet the needs of individual schools by giving them the option of choosing appropriate standards from four content areas: Career Exploration, Healthy Lifestyles, Relationships and Human Development. Human Development provides a foundation for understanding the practices that promote healthy development.

Course Standards

Indicators # HD 1 Investigate careers in the Education and Training and Human Services clusters.

<i>Webb Level</i>	<i>Sub-indicator</i>	<i>Integrated Content</i>
Two Skill/Concept	<p>HD 1.1 Explore knowledge and skills needed for careers in Education and Training and Human Services clusters.</p> <p><i>Examples:</i></p> <ul style="list-style-type: none"> • Identify various careers in the Education and Training and Human Services clusters. • Interview guest speakers from various fields related to Human Services and Education and Training. • Choose a career from Human Services or Education and Training and develop a visual with an oral presentation on the job requirements. • Observe careers through guest speakers and field trips. • Create a public service announcement (PSA) or other advertisement that emphasizes the knowledge and skills associated with one of the career pathways in the Human Services or Education and Training clusters. 	

Notes:

Indicators # HD 2 Analyze human growth and development.

<i>Webb Level</i>	<i>Sub-indicator</i>	<i>Integrated Content</i>
Two Skill/ Concept	<p>HD 2.1 Investigate the stages of human development, birth through death.</p> <p><i>Examples:</i></p> <ul style="list-style-type: none"> • Design a timeline showing the stages in the life span. • Create a “Day in the Life” description for each stage of a life span. • Create a Google trek showing the stages of human development. 	
Three Strategic Thinking	<p>HD 2.2 Analyze how the family contributes to healthy human development.</p> <p><i>Examples:</i></p> <ul style="list-style-type: none"> • Explore diverse family structures in our society. • Develop a collage of pictures that depicts how families meet human needs (For example: feeding, hugging, etc.). • Interview family members to determine how their family meets needs for its members. 	

Two Skill/ Concept	HD 2.3 Analyze the impact of social issues and technology on human development. <i>Examples:</i> <ul style="list-style-type: none">• Use a current event scavenger hunt with either newspapers, magazines, or Internet to find current issues that affect human development and have a class discussion.• Estimate and display with a pie chart how your family allocates their time together.• Create QR (quick response) codes with articles about current issues impacting human development (For example: QRstuff.com)	
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Notes:

Indicator # HD 3 Analyze practices that promote growth and development.

<i>Webb Level</i>	<i>Sub-indicator</i>	<i>Integrated Content</i>
One Recall	<p>HD 3.1 Summarize the areas of development.</p> <p><i>Examples:</i></p> <ul style="list-style-type: none"> • Brainstorm the areas of development (physical, emotional, social and intellectual). • Use a matching game to match the areas of development to the characteristics from each area. 	
Four Extended Thinking	<p>HD 3.2 Evaluate developmentally appropriate learning activities for children.</p> <p><i>Examples:</i></p> <ul style="list-style-type: none"> • Choose and read a developmentally appropriate book. • Evaluate toys for their usefulness in promoting development. • Create a toy box for a variety of ages of children that meets developmental guidelines. • Simulate a motor development obstacle course to illustrate challenges for different ages of children in completing everyday tasks (for example: cutting with gloves on or coloring with the non-dominant hand). 	
Three Strategic Thinking	<p>HD 3.3 Demonstrate understanding of practices that promote the health and safety of children.</p> <p><i>Examples:</i></p> <ul style="list-style-type: none"> • Evaluate a toy for age appropriate safety features. • Demonstrate the use of a choke tester on a variety of toys. • Develop a scavenger hunt for safety hazards in the home (for 	

	<p>example: outlets, blind cords, poison, etc.).</p> <ul style="list-style-type: none"> • Prepare a nutritious snack for children. 	
<p>Two Skill/ Concept</p>	<p>HD 3.4 Understand the roles and responsibilities of a caregiver. <i>Examples:</i></p> <ul style="list-style-type: none"> • Create an educational flyer describing the characteristics of a good caregiver or parent. • Choose clips from TV or YouTube depicting positive and negative caregiving characteristics. • Develop and present a babysitting clinic to younger students highlighting safe and nurturing practices for caregivers. 	

Notes: