# Who are South Dakota School Counselors?

School counselors work at all levels of the K-12 school system. They are trained to help students succeed in school and plan their career. Through the implementation of a data-informed school counseling program, they can impact the academic achievement, career development, and social-emotional development of all students.



## **School Counselor Qualifications**

- Acquire state certification as a School counselor Education Specialist by earning a master's degree in school counseling OR a master's degree or higher in counseling with one year of supervision by a mentor school counselor and passing the state-designated school counselor test (ARSD 24:28:27:02)
- Fulfill continuing education requirements through professional development
- Uphold professional ethics

### School Counselor Areas of Employment in South Dakota

School counselors are also employed in district supervisory positions. Beyond the K-12 school system, they are employed at the college/university level as educators for school counselor preparation programs.



# Ideal Caseload: 250 students per school counselor

This ideal caseload helps school counselors meet the goal of spending 80% of their time working on behalf of their students, both directly and indirectly. Although student-to-school-counselor ratios vary by district, in school year 2020-21, the average ratio statewide was 363 to 1.

# How do school counselors support students?

South Dakota school counselors play an essential role in the overall school system and as part of the leadership team by creating a culture of success for all students.

Manage and implement a comprehensive school counseling program that utilizes data-informed interventions to ensure all students receive the supports they need to succeed.



Work with students directly through:

- Instruction in classrooms and large and small groups
- Appraisal and advisement to help students understand themselves and plan goals
- Short-term small group and individual counseling
- Referrals to additional services for long-term support



#### Help all students:

- Apply academic achievement strategies
- Manage emotions and practice positive interpersonal skills
- Master learning strategies for success in academics, career, and life
- Explore career interests
- Plan for postsecondary options, such as higher education, military, and the workforce

Work on behalf of students through:

- Consultation and collaboration with families, teachers, administrators, and the community
- Advocacy at student-focused meetings, such as individual education plan (IEP) and 504 plan meetings
- Data analysis to identify student needs



#### For more information, visit the <u>SD Department of Education School Counseling webpage</u> or the <u>School-Based Mental</u> <u>Health Providers in South Dakota online document</u>.

Adapted from: American School Counselor Association. (n.d.). Who are school counselors? Retrieved from: <a href="https://schoolcounselor.school-Counseling/S