

Foundational CTE Courses

Career Exploration (22151^)
Employability (22152^)
Entrepreneurship (12053^)
Foundations of Technology (10004^)
Leadership & Service (22101^)

Cluster Courses

MS Family & Consumer Sciences (19000^)
Introduction to Human Services (19001^)
Human Development: Prenatal through Toddlers (19052^)
Human Development: Preschool through School Age (19051^)
Human Development: Adolescence through Death (19261^)
Personal Finance (19262^)
Entrepreneurial Skills (12061)

Pathway Courses

Early Childhood Development & Services Pathway	Family & Community Services/Mental Health Services Pathway	Personal Care Services Pathway	Consumer Services Pathway
Nutrition & Wellness (19253^)	Nutrition and Wellness (19253^)	Business Management (12052)	Consumer Resource Management (19264)
Nutritional Sciences (16054)	Nutritional Sciences (16054)	Accounting I (12104^)	Accounting I (12104^)
Lifespan Connections (19255^)	Lifespan Connections (19255^)	Nutrition and Wellness (19253^)	Business Law (12054^)
Teaching & Training as a Profession (19152^)	Business Law (12054^)	Business Law (12054^)	Business Management (12052)

Dual Credit Courses

Visit <https://sdmylife.com/images/Approved-CTE-Dual-Credit.pdf> for a full list of dual credit courses in the Human Services Career Cluster.

Supporting Academic Courses

Psychology (04254^)
Sociology (04258^)

Capstone CTE Courses

Entrepreneurship Experience (80026)
Senior Experience (80019^)
Youth Apprenticeship (80020)
Service Learning (22104)
Youth Internships (80018^)

^Denotes course is available on the SD Virtual School (<http://www.sdvs.k12.sd.us/>)



Consumer Resources and Management

Career Cluster	Human Services
Course Code	19264
Prerequisite(s)	None
Credit	0.5 credit
Program of Study and Sequence	Foundation course – Introduction to Human Services – Accounting I – Consumer Resources and Management – additional pathway course – capstone experience
Student Organization	FCCLA, DECA, FBLA
Coordinating Work-Based Learning	Internships, Job Shadows, Guest Speakers, Field Trips
Industry Certifications	National Career Readiness Certification (NCRC)
Dual Credit or Dual Enrollment	https://sdmylife.com/images/Approved-CTE-Dual-Credit.pdf
Teacher Certification	Human Services Cluster Endorsement; Consumer Services Pathway Endorsement; FACS Endorsement; FACS Education
Resources	USA.gov; Recalls.gov; FCCLA Star Events, Food Innovation, and Entrepreneurship, Public Policy Advocate, Repurpose and Redesign, Sustainability Challenge, Consumer Math Challenge, Consumer Rights (Knowledge Bowl), Career Investigation

Course Description

Consumer Resources and Management teaches students to understand consumer practices, consumer responsibilities, and resource management; how these concepts impact and are applied to family, personal and work life; and career opportunities in the consumer services pathway. In this course, students will learn consumer advocacy such as consumer rights and responsibilities; consumer communications, financial management strategies; and conservation and sustainability practices.

Program of Study Application

Consumer Resources and Management is a pathway course in the Human Services career cluster, Consumer Services and Personal Care Services pathways. A student would participate in Introduction to Human Services prior to participation in this course. Consumer Resources and Management prepares a student to participate in additional pathway courses in the consumer services or personal care services pathways.

Course Standards

CA 1: Investigate careers in Consumer Services.

<i>Webb Level</i>	<i>Sub-indicator</i>
One Recall	CA 1.1 Identify the Consumer Services Pathway.
Three Strategic Thinking	CA 1.2 Examine current social issues and support agencies related to the Consumer Services pathway.

CA 2: Examine rights and responsibilities of consumers.

<i>Webb Level</i>	<i>Sub-indicator</i>
Two Skill/Concept	CA 2.1 Summarize consumer rights and responsibilities.
Three Strategic Thinking	CA 2.2 Investigate consumer protection laws, regulations and advocacy groups.
Three Strategic Thinking	CA 2.3 Apply strategies to reduce risks of consumer fraud.
Three Strategic Thinking	CA 2.4 Investigate procedures to protect the health and safety of consumers.

CA 3: Assess the factors that influence consumer relationships.

<i>Webb Level</i>	<i>Sub-indicator</i>
Two Skill/Concept	CA 3.1 Examine the impact of values, relationships and resources on consumer decision making.
Three Strategic Thinking	CA 3.2 Investigate consumer trends for sensitivity to cultural, socio-economic, religious, generational, disability, and gender issues.
Two Skill/Concept	CA 3.3 Review ethical and legal concerns related to consumer and business actions.
Three Strategic Thinking	CA 3.4 Assess effects of advertising and technology on consumer decisions.

CA 4: Demonstrate management of individual and family resources such as food, clothing, shelter, health care, recreation, transportation, time, and human capital.

<i>Webb Level</i>	<i>Sub-indicator</i>
Three Strategic Thinking	CA 4.1 Assess how individuals and families make healthy and sustainable choices to satisfy needs and wants.
Three Strategic Thinking	CA 4.2 Justify decisions made about food, nutrition, housing, clothing, and healthcare.
Four Extended Thinking	CA 4.3 Apply financial management and planning skills to meet individual and family needs.



Introduction to Human Services

Career Cluster	Human Services
Course Code	19001
Prerequisite(s)	None
Credit	0.5 credit
Program of Study and Sequence	Foundation course – Introduction to Human Services – pathway course – capstone experience
Student Organization	FCCLA, SkillsUSA, Educators Rising
Coordinating Work-Based Learning	Job Shadowing, Mentoring, Internships, Entrepreneurships, Service Learning, Workplace Tours, Apprenticeship
Industry Certifications	ServSafe, CNA, First Aid/CPR, Babysitting Certification, NCRC
Dual Credit or Dual Enrollment	https://sdmylife.com/images/Approved-CTE-Dual-Credit.pdf
Teacher Certification	Human Services Cluster Endorsement; FACS Endorsement; FACS Education
Resources	FCCLA Career Investigation STAR Event

Course Description

Introduction to Human Services focuses on the pathways and careers in the Human Services cluster. The course allows students to identify and compare their personal attributes with careers in this cluster. It will also explore the professional behaviors, skills and abilities necessary for human services careers.

Program of Study Application

Introduction to Human Services is a cluster course in the Human Services career cluster. A student can participate in a foundation course prior to participation in this course. Introduction to Human Services prepares a student to participate in pathway courses in any of the Human Services pathways: consumer services, personal care services, family and community services/mental health services, or early childhood development and services.

Course Standards

IHS 1: Explore personal attributes for a career in Human Services.

<i>Webb Level</i>	<i>Sub-indicator</i>
One Recall	IHS 1.1 Describe personal values, interests, and personalities.
One Recall	IHS 1.2 Identify personal abilities, learning styles and skills.
Three Strategic Thinking	IHS 1.3 Compare personal attributes to those needed for careers in Human Services.

IHS 2: Investigate careers in Human Services.

<i>Webb Level</i>	<i>Sub-indicator</i>
Three Strategic Thinking	IHS 2.1 Investigate the Human Service Pathways.
Three Strategic Thinking	IHS 2.2 Examine current social issues and support agencies related to each of the Human Service pathways.

IHS 3: Examine professional behaviors, skills and abilities necessary in Human Service careers.

<i>Webb Level</i>	<i>Sub-indicator</i>
Two Skill/Concept	IHS 3.1 Summarize ethical, legal, safety, and diversity issues in Human Services.
Two Skill/Concept	IHS 3.2 Demonstrate effective management skills.
Four Extended Thinking	IHS 3.3 Analyze the importance of a professional image and professional behavior.
Two Skill/Concept	IHS 3.4 Demonstrate effective communication and conflict resolution strategies.



Lifespan Connections

Career Cluster	Human Services
Course Code	19255
Prerequisite(s)	None
Credit	0.5 credit
Program of Study and Sequence	Foundation course – Introduction to Human Services – Lifespan Connections – additional pathway course – capstone experience
Student Organization	FCCLA, Educators Rising
Coordinating Work-Based Learning	Internships, Job Shadows, Service Learning, Mentoring, Workplace Tours, Entrepreneurship
Industry Certifications	First Aid/CPR, Babysitting Certification (Red Cross), CNA, NCRC, OSHA
Dual Credit or Dual Enrollment	https://sdmylife.com/images/Approved-CTE-Dual-Credit.pdf
Teacher Certification	Human Services Cluster Endorsement; Early Childhood Development Pathway Endorsement; Counseling, Mental Health and Community Services Pathway Endorsement; FACS Endorsement; FACS Education
Resources	FCCLA Interpersonal Communications STAR Event, Families First FCCLA National Program, Focus on Children STAR Event

Course Description

Lifespan Connections examines the role and dynamics of family, work, and other significant relationships. Through this course, students will analyze healthy relationships with children and adults of all ages in the context of family and workplace. The course will also cover strategies and resources to meet the needs of all individuals, families and communities.

Program of Study Application

Lifespan Connections is a pathway course in the Human Services career cluster, Family and Community Services/Mental Health Services and Early Childhood Development and Services pathways. A student can participate in Introduction to Human Services prior to participation in this course. Lifespan Connections prepares a student to participate in additional pathway courses in the family and community services/mental health services, or early childhood development and services pathways.

Course Standards

LC 1: Analyze functions and dynamics of interpersonal relationships.

<i>Webb Level</i>	<i>Sub-indicator</i>
Two Skill/Concept	LC 1.1 Demonstrate communication skills that contribute to positive family, work, romantic, and acquaintance relationships.
One Recall	LC 1.2 Identify effective conflict prevention and management strategies.
Four Extended Thinking	LC 1.3 Connect the relationship of diverse individual and family perspectives, needs and characteristics to their impact on society.
Three Strategic Thinking	LC 1.4 Investigate the influence that internal and external conditions have on interpersonal relationships.

LC 2: Analyze factors that contribute to healthy relationships across the lifespan.

<i>Webb Level</i>	<i>Sub-indicator</i>
Three Strategic Thinking	LC 2.1 Connect interpersonal relationship strategies, techniques, and community resources to meet the diverse needs of children and adolescents.
Three Strategic Thinking	LC 2.2. Connect interpersonal relationship strategies, techniques, and community resources to meet the diverse needs of adults.
Three Strategic Thinking	LC 2.3 Connect interpersonal relationship strategies, techniques, and community resources to meet the diverse needs of the elderly.

LC 3: Analyze characteristics of a healthy lifestyle.

<i>Webb Level</i>	<i>Sub-indicator</i>
Two Skill/Concept	LC 3.1 Discuss the effect of lifestyle choices.
Three Strategic Thinking	LC 3.2 Contrast healthy and unhealthy relationships.

LC 4: Evaluate the impact of relationships between family and workplace.

<i>Webb Level</i>	<i>Sub-indicator</i>
Two Skill/Concept	LC 4.1 Determine the transferable skills necessary to function effectively in family, community, and wage-earner roles.
Two Skill/Concept	LC 4.2 Investigate stress management techniques for life and work balance.



Nutrition and Wellness

Career Cluster	Human Services
Course Code	19253
Prerequisite(s)	None
Credit	0.5 credit
Program of Study and Sequence	Foundation course – Introduction to Human Services – Relationships Across the Lifespan – Nutrition and Wellness – additional pathway course – capstone experience
Student Organization	FCCLA, Skills USA
Coordinating Work-Based Learning	Work Based Learning: Workplace Tours, Service Learning
Industry Certifications	First Aid, CPR, National Career Readiness Certificate (NCRC)
Dual Credit or Dual Enrollment	https://sdmylife.com/images/Approved-CTE-Dual-Credit.pdf
Teacher Certification	Hospitality & Tourism Cluster Endorsement; Restaurant and Food Service Management Pathway Endorsement; Human Services Cluster Endorsement; FACS Endorsement; FACS Education
Resources	Academy of Dietetic and Nutrition, USDA, MyPlate (current government guidelines) National Wellness Institute, FCCLA Student Body Program, FCCLA Nutrition and Wellness STAR Event.

Course Description

Nutrition and Wellness educates students to make healthy lifestyle choices for personal, family, and career success across the lifespan. Topics include the impact of technology on nutrition, food choices, wellness and stress management, meal planning and preparation, dietary guidelines, and food safety and sanitation practices.

Program of Study Application

Nutrition and Wellness is a pathway course in the Human Services career cluster, Personal Care Services, Family and Community Services/Mental Health Services and Early Childhood Development and Services pathways. A student would participate in Introduction to Human Services prior to participation in this course. Nutrition and Wellness prepares a student to participate in additional pathway courses in the personal care services, family and community services/mental health services, or early childhood development and services pathways.

Course Standards

NW 1: Evaluate factors that influence nutrition.

<i>Webb Level</i>	<i>Sub-indicator</i>
Three Strategic Thinking	NW 1.1 Investigate the impact of technology and media on food and health practices.
Four Extended Thinking	NW 1.2 Analyze the effects of psychological, cultural, economic and social influences on food choices and other nutrition practices.
Two Skill/Concept	NW 1.3 Determine the effects of nutrition on health, appearance, and a healthy lifestyle.

NW 2: Evaluate the needs of individuals and families in relation to health, nutrition, and wellness across the lifespan.

<i>Webb Level</i>	<i>Sub-indicator</i>
Three Strategic Thinking	NW 2.1 Analyze and investigate the impact of wellness dimensions on a healthy lifestyle.
Four Extended Thinking	NW 2.2 Apply current dietary guidelines to meet nutrition and wellness needs.
One Recall	NW 2.3 Describe the effect of physical activity on health, appearance, and a healthy lifestyle.
Four Extended Thinking	NW 2.4 Analyze the effects of food and diet fads, food addictions, and eating disorders on wellness.

NW 3: Evaluate factors that affect food safety.

<i>Webb Level</i>	<i>Sub-indicator</i>
Four Extended Thinking	NW 3.1 Apply practices to promote safe food handling.
One Recall	NW 3.2 Describe food borne illness that cause health issues.

NW 4: Demonstrate ability to acquire, handle, and utilize foods to meet nutrition and wellness needs of individuals and families across the life span.

<i>Webb Level</i>	<i>Sub-indicator</i>
Two Skill/Concept	NW 4.1 Plan and prepare a meal incorporating nutritional guidelines.
Two Skill/Concept	NW 4.2 Demonstrate ability to select, store, prepare, and serve nutritious and aesthetically pleasing foods.
Two Skill/Concept	NW 4.3 Use kitchen tools and equipment in a proper and safe manner.



Nutritional Sciences

Career Cluster	Human Services
Course Code	16054
Prerequisite(s)	None
Credit	0.5 credit
Program of Study and Sequence	Foundation course – Introduction to Human Services – Relationships Across the Lifespan – Nutritional Sciences – additional pathway course – capstone experience
Student Organization	FCCLA, Skills USA
Coordinating Work-Based Learning	Certifications: First Aid, Cardio-Pulmonary Resuscitation (CPR), ServSafe Work-Based Learning: Workplace Tours, Job Shadowing, Service Learning
Industry Certifications	(optional) ServSafe, Rserving, Manage First- Nutrition, OSHA 10 Hour Safety Certification
Dual Credit or Dual Enrollment	https://sdmylife.com/images/Approved-CTE-Dual-Credit.pdf
Teacher Certification	Hospitality & Tourism Cluster Endorsement; Restaurant and Food Service Management Pathway Endorsement; FACS Endorsement; FACS Education
Resources	Postsecondary schools, Rserving, ServSafe, CDC, FDA, FCCLA Nutrition and Wellness STAR Event, FCCLA Sports Nutrition STAR Event, MyFitnessPal, Cronometer

Course Description

Nutritional Sciences provides an in-depth study of nutrition and how it affects the human body. Topics include extensive study of major nutrients, nutrition/food choice influences, technological and scientific influences, special diets, and career exploration in this field. Attention will be given to nutrition, menu planning, industry-based food safety and sanitation. Laboratory experiences will be utilized to develop food handling and preparation skills. Nutritional Sciences is geared toward students interested in careers involving dietetics, education and health and wellness related fields.

Program of Study Application

Nutritional Sciences is a pathway course in the Human Services career cluster, Family and Community Services/Mental Health Services and Early Childhood Development and Services pathways. A student can participate in Introduction to Human Services prior to participation in this course. Nutritional Sciences prepares a student to participate in additional pathway courses in the family and community services/mental health services, or early childhood development and services pathways.

Course Standards

NS 1: Analyze career paths within food science, food technology, dietetics, and nutrition industries.

<i>Webb Level</i>	<i>Sub-indicator</i>
Two Skill/Concept	NS 1.1 Classify skills and educational requirements for employment in dietetics and nutrition fields.
Three Strategic Thinking	NS 1.2 Differentiate the impact of societal and industry trends on food science, dietetics, and nutrition careers.

NS 2: Evaluate nutrients, nutrition guidelines, food plans, and specialized dietary plans.

<i>Webb Level</i>	<i>Sub-indicator</i>
Four Extended Thinking	NS 2.1 Analyze nutrient requirements across the lifespan addressing diverse food customs and practices.
Three Strategic Thinking	NS 2.2 Critique the impact of food choices and trends on health and wellness.
Two Skill/Concept	NS 2.3 Construct a modified diet based on nutritional needs and health conditions.

NS 3: Implement practices that promote industry-based safe food handling.

<i>Webb Level</i>	<i>Sub-indicator</i>
Two Skill/Concept	NS 3.1 Demonstrate an ability to follow food service management safety and sanitation procedures.
Two Skill/Concept	NS 3.2 Implement industry standards for documenting, investigating, and reporting foodborne illnesses.

NS 4: Apply food science principles in a laboratory setting to maximize nutrient retention and meet specialized dietary requirements.

<i>Webb Level</i>	<i>Sub-indicator</i>
Four Extended Thinking	NS 4.1 Analyze recipe/formula proportions and modifications for specialized diets.
Four Extended Thinking	NS 4.2 Apply nutrition knowledge to maximize nutrient retention in prepared foods.