

# South Dakota

## K-12 Physical Education Standards

Old Standard 1: Students will develop competency in all fundamental movement skills and proficiency in some movement forms.

New Standard 1: The physically literate individual **demonstrates proficiency in a variety** of motor skills and movement patterns.

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Old Standard 2: Students will analyze scientific concepts and principles to understand, evaluate, and enhance movement skill acquisition and performance.

New Standard 2: The physically literate individual **applies knowledge** of concepts, principles, strategies and tactics to **enhance** movement and performance.

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Old Standard 3: Students will participate in physical activity to achieve and maintain a health-enhancing level of physical fitness.

New Standard 3: The physically literate individual **demonstrates the knowledge and skills** to achieve and maintain a health-enhancing level of physical activity and fitness.

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Old Standard 4: Students will develop responsible and respectful personal and social behavior in physical activity settings.

New Standard 4: The physically literate individual **exhibits** responsible personal and social behavior that respects self, others and **environment**.

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Old Standard 5: Students will understand that physical activity provides opportunities for enjoyment, challenge, self-expression, social interaction, and employment.

New Standard 5: The physically literate individual **recognizes the value** of physical activity for health, enjoyment, challenge, self-expression, **employment opportunities**, and social interaction.