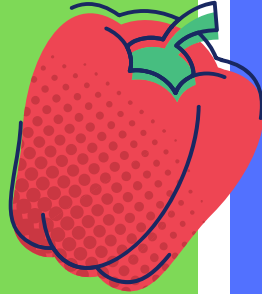


# Bell Peppers

Colorful and crisp!  
Perfect for creating  
some edible art!



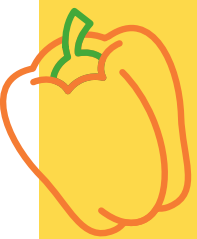
Try it!  
Both crunchy and  
juicy, bell peppers  
satisfy your taste  
buds with their sweet  
taste!

Veggie  
FUN!



## Fun Facts:

- Bell peppers are the only kind of pepper that is not spicy.
- They grow year round!



## Nutrition

This fantastic veggie contains iron which helps your blood carry oxygen to your body, allowing it to do its job to give you energy for the day!