

# Carrots

Rabbits may enjoy this healthy snack, but so can you!



Try it!

This tasty vegetable boasts a sweet, slightly earthy flavor with a crunch that lets everyone know what scrumptious snack you are eating!

**Veggie  
FUN!**



## Fun Facts:

- Carrots are the root of the plant
- Carrots come in lots of colors - orange, purple, red, white, & yellow!



## Nutrition

Eating carrots gives you loads of needed vitamins. Vitamin A helps you to grow. Vitamin K helps you when you get hurt and stops your bleeding.