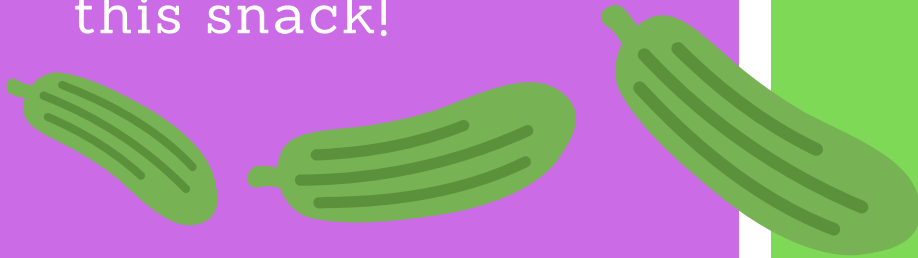


Cucumber

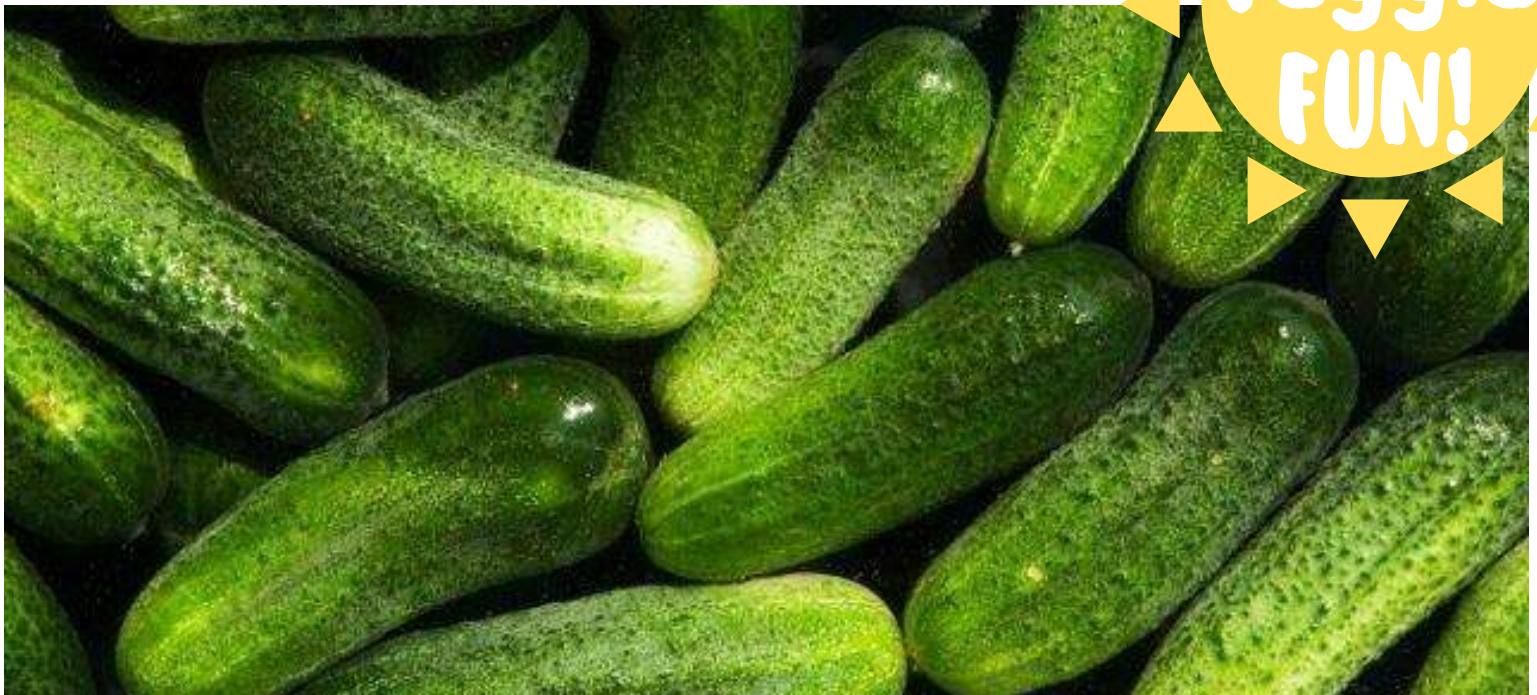
You can be as cool as a cucumber when you treat yourself to this snack!



Try it!

This tasty snack has a mildly sweet, fresh melon and grassy taste. It is juicy and crisp!

Veggie
FUN!



Fun Facts:

Cucumbers contain sugars and electrolytes, perfect for re-hydrating after working up a sweat!

The inside of a cucumber can be 20 degrees cooler than the outside air.



Nutrition

One of the benefits of cucumbers is their ability to re-hydrate you since they are 96% water. There are a lot of diseases and conditions that can develop if you are dehydrated too much and this little veggie helps you avoid them!