

Radish

While some think its taste is too strong, radishes add some spice to your life!



Try it!
This peppery and slightly sweet tasting veggie is great to munch on with dip!

Veggie
FUN!



Fun Facts:

- Like a carrot, the radish is a root!
- Radishes come in different colors - white, yellow, pink, red, purple, and black!



Nutrition

Your heart loves radishes! Radishes contain nutrients that keep your heart pumping and reduce the risk of heart disease.

