

# Healthier Middle Schools

Everyone can help.

**Build support for your school wellness policy.**

**Engage your school in HealthierUs School Challenge efforts.**

**Lead the way, but don't go it alone.**



**Reach out to middle school parents, students, teachers, food service managers and principals with new video and print communication tools from Team Nutrition.**

**Visit [TeamNutrition.usda.gov](http://TeamNutrition.usda.gov)**



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