

CANS Bulletin

August 2018



In This Issue

[The Grapevine: A Note from
Cheriee](#)

[Income Eligibility Guidelines Updated
for SY18-19](#)

[South Dakota Sponsor Spotlight](#)

[Food Safety—Inspector Observations](#)

[Check in With CANS Monthly
Conference Calls—SY 18-19 Dates](#)

[Water and Milk at Meal Time](#)

[CANS Welcomes Kristi Thompson](#)

[Pick It! Try It! Like It!](#)

[Procurement Threshold Increases](#)

[Building the Future with CACFP](#)

[Reimbursement Rates Released](#)

[Summer Meals Award Opportunity—
Turnip the Beet!](#)

[iCAN Application Deadline](#)

[FRAC Webinars](#)

[iMATCH User Manual](#)

[SNA Webinar Wednesdays](#)

[Eligibility Manual for School Meals
2018-2019](#)

[Action for Healthy Kids Webinar
Series](#)

[Confidentiality and Disclosure: How
to Properly Share Eligibility
Information](#)

[Updated Policies and Regulations](#)
[Contact CANS](#)

The Grapevine—A Note From Cheriee

Welcome to the dog days of summer! The weather has been hot here in Pierre, nearly as hot the recent SNA SD State Conference! Our office was able to bring many of our new staff members to conference this year to experience the education sessions, big food show, and most importantly to catch up with old friends and meet many new food service staff. SNA SD also made an exciting announcement that next year's conference will be right here in our own back yard at the Pierre Ramkota Hotel and Conference Center.

Federal reimbursement rates for school year 2018-19 have been released and you can find them posted on the CANS SNP website under the Application and Claim Information section. This document also contains the per meal value of USDA donated foods for both National School Lunch Program and Child and Adult Care Food Program (CACFP). The CACFP rates are also out and will be updated on the CANS CACFP website soon!

Schools are starting to gear up for the upcoming school year by getting their parent packets together. Some schools are trying out online applications to increase accessibility for families. Please don't forget that schools must also offer printed applications for families that prefer paper applications.

We heard from our US Department of Agriculture (USDA) Regional Office that effective immediately the micro-purchase threshold has increased to \$10,000 and the small purchase threshold has increased to \$250,000. We will begin revising our templates in the coming months. If you choose to use the new thresholds, your procurement plan must be revised to include the new thresholds.

Our Procurement Specialist is putting the final touches a revision to our sample procurement plan. This plan is designed for any Local Agency to pick up and tailor it to their specific program. Once revision is complete it will be posted on the CANS website in the Procurement section. It also contains a code of conduct that meets the ethics requirements in 2 CFR 200.318 general procurement standards and the updated procurement thresholds.

I will leave you this month with a thought from Charles Buxton, "you will never find time for anything. If you want time you must make it." I encourage you to find time to do something that makes your heart joyful at work. Big or small one joyful moment, project, or victory each day will help refill your cup.

Enjoy the final moments of summer!

Cheriee Watterson

Back to Top

South Dakota Sponsor Spotlight!

Is your school or agency is doing anything unique and interesting in your programs that you would like to share!? Do you want to be featured in our South Dakota Sponsor Spotlight segment!? Submit any pictures along with a summary of the exciting events that you're doing to DOE.SchoolLunch@state.sd.us.

The CANS office would like to thank all of our sponsors for taking time out of their summers to attend the various different trainings that we hosted across programs. With summer ending and the school year beginning we want to encourage everyone to submit to us anything that they did over the course of the summer in

their Summer Feeding Programs and to also keep in mind that National School Lunch Week is October 15th—19th. The theme this year is "School Lunch: Lots 2 Love". If your SFA participates in National School Lunch



Check in With CANS Monthly Conference Call

SY 18-19 Dates

Mark your calendar!! Check in with CANS is a monthly conference call scheduled for the first Thursday each month. This call is open to all agencies on the School Nutrition Programs. Each call will start with a report from CANS with hot topics, new guidance or program clarifications, and reminders of upcoming dates. There will also be time scheduled during each call for participants to ask questions.

Check in with CANS is scheduled on the first Thursday of each month starting at **2:30 pm CT / 1:30 pm MT**. Calls are scheduled for:

- September 6th
- October 4th
- November 1st
- December 6th
- January 3rd
- February 7th
- March 7th
- April 4th
- May 2nd
- June 6th (*tentative*)

To join the conference call, **dial 1-866-410-8397 and enter code: 7587919653**. If you have trouble joining the conference call, or have additional questions, call the CANS office at 605-773-3413. Feel free to send in questions ahead of the call to DOE.SchoolLunch@state.sd.us please reference "Conference Call Question" in the subject line.

Shortly before the call, an agenda will be posted to the CANS website main page, <http://doe.sd.gov/cans/index.aspx>, under *Check in With CANS*. Shortly after the call is complete, the call minutes will replace the agenda with additional information. Please mark your calendar for these dates and join us!

CANS Welcomes Kristi Thompson

Hello! My name is Kristi Thompson and I am the new Senior Secretary for Child and Adult Nutrition Services. I was born and raised in Pierre and graduated from T. F. Riggs in 2008. I moved to Sioux Falls in 2011 and later attended Southeast Technical Institute where I graduated with an Associates in Entrepreneurship. I returned to Pierre in 2016 and started working at DSS in the Kneip building, and have now transferred to DOE. I am a huge animal lover with a dog and 2 cats, and it is my dream to someday run an animal sanctuary. But for now, I am very excited to join the CANS team!

Procurement Threshold Increases

Good news! A recently released memo from the Office of Management and Budget (OMB) has increased the purchasing thresholds, effective immediately. The threshold for micro-purchases has been raised from \$3,500 to **\$10,000**. The threshold for small purchases (also known as informal procurement, 3 bids & a buy, or quotes) has also been raised from \$150,000 to **\$250,000**.

What does this mean for you? This means, effective immediately, program year 2018-2019 your Local Agency can follow these thresholds. Just don't forget the South Dakota small purchase limit for **supplies and services is \$25,000** – that has not changed. Be sure to update your Procurement Plan to reflect any changes.

Reimbursement Rates Released

The SY18-19 SNP Reimbursement Rates have been released and are posted on the [CANS NSLP Website](#). They can be found under the *Application and Claim Information* "plus sign".

iCAN Application Deadline

We ask that you submit your application by August 14, 2018. The final deadline for application submission is two weeks before the date you wish to submit a claim for reimbursement. For example, if you wish to submit a September claim on September 1, submit your application for approval on August 18. Meeting this deadline will ensure there is no delay in submitting your claim for reimbursement.

iMATCH User Manual

CANS has developed an iMATCH user manual for commonly used functionality. The manual provides instruction on obtaining the direct certification list, direct certification notification letters, notification of new matches, considering potential matches, and more. Access the iMATCH User Manual by clicking [here](#).

View the [CANS-NSLP](#) webpage for additional resources.

Please feel free to contact the CANS office with any questions.

Eligibility Manual for School Meals 2018-2019

USDA Food and Nutrition Service will not release an updated Eligibility Manual for School Meals for School Year 2018-2019. State agencies and Program operators can continue to use the [2017 Edition of the Eligibility Manual](#) for the upcoming School Year. Any new policies will be posted on the USDA [School Meals Policy Page](#).

The Eligibility Manual provides comprehensive information on Federal requirements, policies, and procedures, and is intended to help State agencies and Program operators accurately determine, certify, and verify children's eligibility for free and reduced-price school meals and free milk.

Confidentiality and Disclosure: How to Properly Share Eligibility Information

The purpose of this notification is to serve as a reminder of current statutory and regulatory requirements and a resource as local education agencies (LEAs) assist in providing students with non-Program benefits and services, while ensuring any disclosure of confidential student eligibility information is consistent with federal statutory and regulatory protections. The Food and Nutrition Service understands that LEAs routinely receive requests for disclosure of the student eligibility information including names of students who receive free and reduced price meals for non-Program purposes. Requestors may seek to provide students with non-Program, financial benefits, such as free and reduced price text books, tutoring, athletic equipment, or even college entrance testing fees.

The Food and Nutrition Service supports LEAs' efforts to provide non-Program benefits and services at free and reduced prices to students who may not otherwise easily access these benefits and services. However, federal law requires that parents and guardians must be advised of these types of potential non-Program uses of student eligibility information and have the opportunity to accept or decline these benefits and services. To that end, LEAs may provide the confidential information to those requestors which do not meet the statutory or regulatory requirements for receipt of the confidential information by requesting and receiving written parental consent. A *Sharing of Information with Other Programs* form (found at <https://www.fns.usda.gov/school-meals/applying-free-and-reduced-price-school-meals>, under the heading *Prototype Household Letters*) can be included in either the school packet or the application for meal benefits provided to households at the beginning of each school year. The form allows parents and guardians to consent to the LEA's disclosure of their child's eligibility status in order to receive free and reduced price non-Program benefits and services.

Back to Top

For more information on the requirements for the disclosure of confidential student eligibility information, see [Section 9\(b\)\(6\) of the NSLA](#), 42 U.S.C.1758(b)(6), regulations found at [7 CFR Part 245.6](#), and also memorandum, SP 16-2016, CACFP 06-2016, SFSP 10-2016: *Disclosure Requirements for the Child Nutrition Programs*, <http://www.fns.usda.gov/disclosure-requirements-child-nutrition-programs-0> and guidance noted in *Section 5 Confidentiality and Disclosure of the 2017 Edition of the Eligibility Manual for School Meals, Determining and Verifying Eligibility*, found at <https://fns.usda.gov/sites/default/files/cn/eligibilitynohighlight2017.pdf>.

Income Eligibility Guidelines Updated for SY18-19

The Income Eligibility Guidelines, also known as the 'income grid' for determining free and reduced price meal benefits, have been released for SY18-19, and have been posted to the CANS webpage. See the guidelines [here](#). The Public Release for SY18-19 has also been updated on the CANS webpage, and can be found [here](#).

Both the Income Eligibility Guidelines and Public Release have also been posted to the Download Forms section of the iCAN system. After logging into iCAN, simply click Applications, and then click Download Forms.

Please feel free to contact the CANS office with any questions.

Food Safety—Inspector Observations

As a reminder, the CANS office has trained many health inspectors to assist with the meal pattern and Offer Versus Serve portions of the Administrative Review. During a routine health inspection, please be aware that a health inspector may observe the point of service, along with other program areas that may have not been part of a typical health inspection in the past. Since these observations are not part of an official program review, please use these observations to help meet program requirements prior to being reviewed.

Water and Milk at Meal Time

Water must be made available to all students during meals but cannot compete with the milk that needs to be offered as a meal component. Some easy ways to offer water without the risk of having it compete with milk are to offer it through a water fountain, a pitcher of water and cups set out at lunch tables, or a faucet where students can fill their own cups or water bottles. It is acceptable to offer bottled water to students, but it should be served after the milk option and there needs to be clear signage stating that water is not a meal component. Although water is not part of the reimbursable meal, and is not required for students to take, it must still be made available to students during meal times.

Pick It! Try It! Like It!



Watermelon is August's *Pick it! Try it! Like it!* The best clue to ripeness for a watermelon is a yellow or creamy underside, not white or pale green. Uncut watermelon can be stored at a cool room temperature for up to two weeks. Tightly cover cut pieces in plastic wrap and refrigerate for two to three days. Rinse whole watermelons with clean water before slicing to remove any bacteria. Watermelon's high-water content refreshes, but also carries many antioxidants and minerals. For a

fact sheet, recipe card, and sampling instructions for a watermelon smoothie visit <http://igrow.org/up/resources/04-5043-2013.pdf>.

Pick it! Try it! Like it!



Building the Future with CACFP

Mealtime Memos for Child Care

The June 2018 issue of *Mealtime Memo for Child Care*, the monthly newsletter that includes menus, recipes, and activities related to child care, is now online at <https://theicn.org/icn-resources-a-z/mealtime-memo/>. The June 2018 issue covers the topic of Red, White and Blue: A Celebration.

NEW CACFP Webinar – Coming Soon

A new webinar has been recorded to cover the topic of Understanding Grains and Whole Grains in the CACFP. The webinar, handouts, and quiz will be posted at <http://www.doe.sd.gov/cans/cacfp.aspx#training> as soon as the closed captions have been added. If the webinar is not posted when you check, please check back later. Also, if you are trying to access the webinar by typing the web address, use this URL (<http://www.doe.sd.gov/cans/cacfp.aspx>) and then scroll down on the page until you get to the training section of the page. The first link only works as a link and current does not work if you try to type it in.

Summer Meals Award Opportunity— Turnip the Beet!

The Summer Food Service Program and the NSLP Seamless Summer Option sites are nearing the end of their programs since school is starting soon in some areas of South Dakota.

This year the Summer Food Service Program had 49 sponsors and 103 sites and the Seamless Summer Option had 13 sponsors and 21 sites which means we had 124 locations feeding summer meals over the summer months.

USDA's Food and Nutrition Service (FNS) is excited to launch the third annual Turnip the Beet Awards! The Turnip the Beet recognizes outstanding Summer Meal Programs sponsors across the nation who work hard to offer high quality meals that are appetizing, appealing, and nutritious during the summer months. The sponsors of either the summer meals program can be nominated or nominate themselves, details will be updated soon on the South Dakota SFSP website, but until then there is more information found at [Turnip the Beet](#).

The post session or debriefing survey and call for the Summer Food Service Program will be sent out to each sponsor the end of August and will be due back to the State Agency in early September. Please watch your email for details.

Thank you to all the schools and local agencies that have worked this summer feeding children of South Dakota.

FRAC Webinars

Food Research & Action Center (FRAC), a national nonprofit organization for eradicating poverty hunger and undernutrition in the USA, has released information for up and coming webinars for afterschool meals. These webinars range from promoting meals to nutritional education.

You can register for the following webinars by going to this website: <http://www.frac.org/events?eType=EmailBlastContent&eId=ffa7ff22-17a4-4ff2-b031-7d97d2d31be0> and select the webinars you wish to attend or by clicking on the webinar titles below. Please note, these webinars are not hosted by CANS.

[Back to School, Back to Breakfast! Strategies to Promote Your School Breakfast Program](#)
Thursday, August 9, 2018 1:00 PM (CT), 12:00 PM (MT)

Start the 2018-2019 school year strong by promoting a strong, robust breakfast program in your schools! Efforts to increase breakfast participation pay off throughout the school year —

Back to Top

school breakfast leads to improved dietary intake, reduced food insecurity, better test scores, improved student health, and fewer distractions in the classroom throughout the morning. Join this webinar to learn effective strategies to use at the beginning of the school year to get students excited about breakfast and increase the reach of your program.

[Beyond the School Day: Afterschool Meals 101](#)

Thursday, August 16, 2018 12:00 PM (CT), 11:00 AM (MT)

The Afterschool Meal Program is an important source of federal funding to provide children a supper and a snack at after school programs. The Afterschool Meal Program became available in every state in 2010, and national participation has grown from about 200,000 children in October 2011 to nearly 1.1 million in October 2016. There is still much room to grow in every state.

Join this webinar to learn the basics of the Afterschool Meal Program as well as tips and tricks for establishing successful programs – including working with school districts, moving from snacks to suppers, and tapping into existing afterschool program funding. Participants will leave this webinar with the resources and knowledge needed to launch an afterschool meal program that reduces childhood hunger and draws children into quality programming.

[Regional Organizing for Summer Meals Success](#)

Thursday, September 6, 2018 12:00 PM (CT), 11:00 AM (MT)

Convening summer meal partners and setting goals on a local level is a key strategy for reaching more children with the Summer Nutrition Programs. Join this call to learn from three regional workgroups on how they collaborate on a more local level to identify barriers, recruit new partners, and support the overall state expansion efforts.

[Creating a Participatory School Nutrition Program that Improves Student Health](#)

Thursday, September 13, 2018 2:00 PM (CT), 1:00 PM (MT)

September is National Childhood Obesity Awareness Month, a month dedicated to advocating for improved child nutrition. Join us on this call as we discuss how school meal programs can create opportunities for students to be more engaged with their own health. The discussion will include the research on children's health, the incorporation of school nutrition education and culinary training, and participatory menu development.

[Serving on Weekends, Holidays, and School Breaks](#)

Thursday, September 20, 2018 12:00 PM (CT), 11:00 AM (MT)

Did you know that the Afterschool Meal Program can provide meals not just after school, but also on weekends, school holidays, and school breaks during the school year? Serving holiday and weekend meals helps increase nutrition access while also increasing the number of meals programs can claim for reimbursement. Join this call to learn more about extending your afterschool program service into weekends and over school holidays, and how to connect with partners that offer programming during these times.

SNA Webinar Wednesdays

On Wednesdays the School Nutrition Association (SNA) presents webinars relating to various topics across the Child Nutrition Programs. Below you will find a list of upcoming webinars that they will be hosting. You can find more information about each of the webinars as well as registration information here: <http://schoolnutrition.org/Webinars/>

Registration is Open:

Best of #ANC18: Managing Unpaid Meal Charges

Wednesday, August 22, 2018, 2018, 1:00 pm CT / 12:00 pm MT

In response to congressional action in 2010, USDA took a closer look at unpaid meals and reported on the current policies of the states and SFA regarding meal charges and alternate meals. Join us to review the USDA guidance, and learn how two school districts have put it into action.

Best of #ANC18: Creative Recipes Using USDA Foods

Wednesday, August 29, 2018, 2018, 1:00 pm CT / 12:00 pm MT

As presented at #ANC18, this webinar offers speed scratch techniques and great recipes using USDA Foods to leverage today's trendy menu concepts.

Best of #ANC18: No More Guessing Games- Using Data to Get Exactly What You Need

Wednesday, September 5, 2018, 1:00 pm CT / 12:00 pm MT

Join this panel discussion to take home forecasting how to's, templates and ideas to take back to your district.

Registration Coming Soon:

Best of #ANC18 Webinar Series

Beginning in August SNA will be bringing you the Best of #ANC18 webinar series. This series will highlight a few of the highest-rated education sessions from the conference. If you could not make it to the conference be sure to register for this exciting webinar series where we bring ANC to you!

Upcoming Webinars in the #ANC18 Webinar Series:

- A Director's Guide to SLAY the Administrative Review
- Making it Count with Offer Versus Serve
- Marketing to Generation Z
- Please Stop Working On Your Weaknesses
- Rolling the Dice with Mobile Buses

Action for Healthy Kids

Webinar Series for SY 2018-19

One of our partner organizations in the Child Nutrition Programs, **Action for Healthy Kids**, recently released their fall webinars schedule for the upcoming school year. These webinars will cover a wide range of topics to improve the health and wellness of your school: improving your local Wellness Policy, ideas for Smart Snacks in schools, breakfast in the classroom, messaging to parents, and more!

You can register for one or all of the following webinars by going to this website:

<http://www.actionforhealthykids.org/events/webinars> and selecting the webinars you wish to attend or clicking on the individual webinar listed below. Please note, these webinars are not hosted by CANS.

[MI: Building Healthy Communities](#)

Wednesday, September 12, 2018 | 60 minutes | 9:00 AM (CT), 8:00 AM (MT)

If you want to learn more about Michigan's Building Healthy Communities: Step Up for School Wellness Program, including program overview, goals, requirements, eligibility, timeline, and how to customize the program for your school and apply, please join this informative webinar!

[Game On: Your One-Stop Shop for School Health](#)

Wednesday, September 26, 2018 | 45 minutes | 2:00 PM (CT), 1:00 PM (MT)

It's the beginning of a new school year, which means it's time to get your Game On! The Action for Healthy Kids Game On program is a no-cost, step-by-step online guide that serves as your one-stop shop for school health. Game On provides all the information and resources you need to build a healthy school. Join this webinar to learn how to use Game On to build a strong school wellness program this year. School staff, parents, health professionals and other community members are encouraged to attend.

[Take Action to Improve Health with the School Health Index](#)

Thursday, October 11, 2018 | 45 minutes | 2:00 PM (CT), 1:00 PM (MT)

How does your school determine what to prioritize around student health and wellness? Action for Healthy Kids recommends using the School Health Index to assess your school's health environment to determine what you're doing well and where you could improve. Attend this webinar to learn about the School Health Index, how to use the Action for Healthy Kids school portal to complete the assessment online and how to make the most of the summary reports generated by our technology to improve school and student health. School and district staff, parents and community members are encouraged to attend this webinar.

Updated Policies

Some policies have multiple numbers. That means those apply to multiple programs.

Child & Adult Care Food Program

No new policies have been issued for Child & Adult Care Food Program. Current policies can be found at <http://www.fns.usda.gov/cacfp/policy> (CACFP memos).

School Nutrition Programs (SP Memos)

Policies that apply to school operation and administration can be found at <http://www.fns.usda.gov/school-meals/policy>. **No** new policies have been issued since the last Bulletin.

Summer Food Service Program

No new policies have been issued for Summer Food Service Program. Policies can be found at <http://www.fns.usda.gov/sfsp/policy>.

Food Distribution

No new policies have been issued for food distribution programs since the last bulletin. Food Distribution policies can be found at <http://www.fns.usda.gov/fdd/policy>.

Contact CANS

For any question, comments, or concerns

Email: DOE.SchoolLunch@state.sd.us

Phone: (605) 773-3413

Fax: (605) 773-6846

This institution is an equal opportunity provider.

Professional Standards Reminder: Any learning or training you receive about any aspect of the School Nutrition Programs can be counted as training time towards the professional standards annual training requirement. Reading the bulletin each month does count towards training hours.

Please retain documentation to show what topics were trained. For example, agenda, topics, handbook, certificate, etc. And record training on a Tracking Tool – we suggest using the [SD Tracker Tool](#) posted on the CANS NSLP website.

To credit training hours for time spent reading the Nutrition Bulletin, you will need to keep track of the time you spent reading and determine the applicable training codes. Appropriate documentation for this would be a copy of the bulletin signed and dated with the amount of time written on it.