



October 2019

CANS NUTRITION BULLETIN

Child and Adult Nutrition Services
SD Department of Education

In This Issue

[The Grapevine—A Note From Cheriee](#)

[South Dakota Sponsor Spotlight](#)

[South Dakota Sponsor Spotlight](#)

[USDA Standardized Recipe Update](#)

[Upcoming Procurement Plan Workshops](#)

[Check in With CANS](#)

[Nutrition Bulletin Survey](#)

[Local Agency Procurement Support Calls](#)

[Register Now for the Great Crunch Off](#)

[National School Lunch Week 2019](#)

[Equipment Grants](#)

[Verification](#)

[School Nutrition Programs Website Updates](#)

[Complete the Farm to School Census and Win a Sectionizer](#)

[LIVE Virtual Dairy Farm Tour](#)

[Professional Standards](#)

[iMATCH Reminders](#)

[Fresh Fruit and Vegetable Program Reminders](#)

[Recent SNP Memos Released](#)

[CACFP Updates](#)

[Food Distribution Program](#)

[The Emergency Food Assistance Program \(TEFAP\) Reminders](#)

[Updated Policies](#)

[Contact CANS](#)

The Grapevine—A Note From Cheriee

And just like that, we rush through fall and into our first snow! Heading into October means most schools have finalized their applications and over half of all CACFP sponsor agencies are also done with their applications. We are still on the lookout for two good candidates to fill our open SFSP and CACFP positions. If you know someone that may be interested in applying they can pop onto the [SD BHR website](#) and search in Education for Child Nutrition Program Specialist.

The Farm to School Census ends this month. The USDA is looking for all schools to participate in this census and reminders will be sent until the survey is closed. CANS is also offering a couple of really cool prizes for schools that respond to the census survey and for sharing a farm to school story.

Did you know that your purchases through USDA Fresh (DoD FFAVORS) that you are supporting farmers in the USA? Why not take that one step farther and support your neighborhood farmer or rancher?

WHY farm to school?

Kids Win

Farm to school provides all kids access to nutritious, high quality, local food so they are ready to learn and grow. Farm to school activities enhance classroom education through hands-on learning related to food, health, agriculture and nutrition.

Farmers Win

Farm to school can serve as a significant financial opportunity for farmers, fishers, ranchers, food processors and food manufacturers by opening the doors to an institutional market worth billions of dollars.

Communities Win

Farm to school benefits everyone from students and teachers, to parents and farmers, providing opportunities to build family and community engagement. Buying from local producers and processors creates new jobs and strengthens the local economy.

Try starting small and check out the new resource from SDSU Extension the SD Farm to School Resource Guide: <https://extension.sdstate.edu/sites/default/files/2019-07/P-00089.pdf>. It has South Dakota specific information on how and where to get started! And this resource works for CACFP sponsors also!

Another easy small step into Farm to Table/Everyone is the Dakota Rural Action Local Food Directory: <https://www.dakotarural.org/eatlocalfoods/local-foods-directory/>. This link contains a list of local food providers that is searchable by part of the state and by food category. Check it out and you may be surprised to see who is selling local produce in your area!

Enjoy some fresh crunchy apples and winter squash! As Ann of Green Gables says, "I'm so glad I live in a world where there are Octobers." Have a boo-tiful Halloween! Stay warm now that winter weather is teasing us.

–Cheriee Watterson

South Dakota Sponsor Spotlight!

Is your school or agency is doing anything unique and interesting in your programs that you would like to share!? Do you want to be featured in our South Dakota Sponsor Spotlight segment!? Submit any pictures along with a summary of the exciting events that you're doing to DOE.SchoolLunch@state.sd.us.

Sioux Falls Middle School Implements Breakfast in the Classroom

A Sioux Falls Middle School is the first in SD to implement breakfast in the classroom! They are taking the steps to ensure that all students have access to and time to eat a healthy breakfast! [You can read the whole article on Keloland!](#)

USDA Standardized Recipe Update

USDA's Standardized Recipes for School Meals and the Child and Adult Care Food Program (CACFP) are now available on the [Child Nutrition Recipe Box](#), hosted by the [Institute of Child Nutrition](#).

They will be gradually adding all of their recipes to the Recipe Box over the next weeks. On September 20, 2019, the [What's Cooking? USDA Mixing Bowl](#) recipe website will transition to [ChooseMyPlate.gov](#) and will focus on recipes for households.

If you wish to save and download any recipes or cookbooks that you may have on the [What's Cooking](#) site, they ask that you do so before September 20, 2019. Your current [What's Cooking](#) credentials and content will no longer be accessible as of Friday September 20, 2019.

Upcoming Procurement Plan Workshops

Procurement Plan Workshops - What's Your Plan? Many South Dakota Child Nutrition Agencies will be having Procurement Reviews this year. Part of that process includes reviewing your agencies Procurement Plan. If you are involved in buying for your agency, you will want to attend one of these workshops. You will leave with an accurate and complete Procurement Plan that reflects how purchases are made at your agency. Space is limited, so sign up early!

- [Mobridge, October 15, 2019 – 1 pm to 5 pm CDT @ A. H. Brown Public Library](#)
- [Pierre – October 16, 2019 – 1 pm to 5 pm CST @ Mackay Library](#)
- [Chamberlain, October 24, 2019 – 8 am to 12 pm @ the Chamberlain Community Center](#)
- [Huron, October 25, 2019 – 8 am to 12 pm @ the Huron Arena](#)
- [Sioux Falls, October 31, 2019 – 1 pm to 5 pm @ the Sioux Falls School District Central Services Center](#)
- Sioux Falls, November 1, 2019 – 8 am to 12 pm @ the Sioux Falls School District Central Services Center ***FULL***
- [Martin, November 7, 2019 - 1 pm to 5 pm @ the Library Community Room](#)
- Rapid City, November 8, 2019 – 8 am to 12 pm at Western Dakota Tech ***FULL***
- [Yankton, November 13, 2019 – 1 pm to 5 pm @ the Yankton Extension Office](#)
- [Mitchell, November 14, 2019 – 8 am to 12 pm @ the Mitchell Career & Technical Education Academy](#)
- [Aberdeen, RESCHEDULED, November 21, 2019 – 1 pm to 5 pm CDT @ Northern State Library](#)
- Watertown, RESCHEDULED, November 22, 2019 – 8 am to 12 pm CDT @ the Watertown Public Library ***FULL***

If you would like to be placed on the waitlist for any of the full classes, you can contact the CANS Office at 605-773-3413 or email Courtney Martin at

Courtney.Martin@state.sd.us.

Check in With CANS Monthly Conference Call

Mark your calendar!! Check in with CANS is a monthly conference call scheduled for the first Thursday each month. This call is open to all agencies on the Child Nutrition Programs. Each call will start with a report from CANS with hot topics, new guidance or program clarifications, and reminders of upcoming dates. There will also be time scheduled during each call for participants to ask questions.

Check in with CANS is scheduled on the first Thursday of each month starting at **2:30 pm CT / 1:30 pm MT**. Calls are scheduled for:

- November 7th ****Please note—this call will begin at 2pm CT**
- December 5th
- January 2nd
- February 6th
- March 5th
- April 2nd
- May 7th
- June 4th (*tentative*)

To join the conference call, **dial 1-866-410-8397 and enter code: 6507733610**. If you have trouble joining the conference call, or have additional questions, call the CANS office at 605-773-3413. Feel free to send in questions ahead of the call to DOE.SchoolLunch@state.sd.us please reference "Conference Call Question" in the subject line.

Shortly before the call, an agenda will be posted to the CANS website main page, <http://doe.sd.gov/cans/index.aspx>, under *Check in With CANS*. Shortly after the call is complete, the call minutes will replace the agenda with additional information. Please mark your calendar for these dates and join us!

Nutrition Bulletin Survey

We need your input! We have created [a short survey regarding our](#) Child Nutrition Bulletin. We would love your feedback about our Nutrition Bulletin, the parts you enjoy, and things you think we could add! We hope that you can take a few minutes out of your day to complete this survey. Your feedback is very important to us! To access the survey, you can click the link above or use this link: <https://www.surveymonkey.com/r/nutritionbulletin>.

Local Agency Procurement Support (LAPS) Calls

It's always nice to share information and best practices with your peers. With that thought in mind we will be continuing Local Agency Procurement Support (LAPS) calls. Starting on **October 8th at 2 pm Central time** we will begin having monthly procurement calls on a variety of topics. They will continue to be held on the second Tuesday of each month unless otherwise notified.

- November 12, 2019 - Forecasting
- December 10, 2019 - TBD

The call-in number is **1-866-410-8397 and the conference code is 3490506657**. Email reminders will be sent out to Food Service Directors, Business Managers and Superintendents the week before the call. Please mark this on your calendars and have your questions ready. If you have any procurement topics you would like to have addressed, please email or call Gerianne.Headrick@state.sd.us or 605-773-4718.

Register Now For the Great Crunch Off!



In celebration of October being Farm to School Month, states throughout the Mountain Plains Region (CO, MT, MO, KS, NE, UT, ND, SD, WY) are competing to see which state can get the most "crunches" into a local apple, or other local produce, per capita. Each state is designing its own event with its respective dates and times. Schools across South Dakota will be competing during the week of October 14-18.

As a Crunch Off participant, you will join students, teachers, farmers, parents, community members, and local food enthusiasts in celebrating the wonderful produce the Mountain Plains Region has to offer. Your Crunch efforts will encourage healthy eating and support local agriculture while shedding light on the wonderful efforts of our food service partners.

Registration is required for your crunch to be counted and to receive crunch resources: <https://www.surveymonkey.com/r/K8GHSSN>

National School Lunch Week 2019

Mark your calendars for National School Lunch Week 2019! NSLW19 will take place October 14-18th. The theme for this year's NSLW is "School Lunch: What's On Your Playlist!?".

Who: All SFAs that participate in the National School Lunch Program

What: President John F. Kennedy created National School Lunch Week in 1962. This year's National School Lunch Week Theme is "School Lunch: What's on Your Playlist?". The theme is all about spotlighting the ways that cafeterias are serving items that students enjoy and love! ***The CANS office would love to see how your school celebrates National School Lunch Week!***

When: October 14th—18th, 2019

Where: In your cafeterias and schools!

Why: National School Lunch Week celebrations are a great way to promote your lunch program to students and parents! You can use this week to plan new and exciting items and activities to help increase participation in your programs.



You can find more information and resources for your National School Lunch Week Celebrations on the [School Nutrition Association website!](#)

Equipment Grants

Equipment grants are now available! You can find the equipment grant application on the CANS/SNP [website](#) under "Equipment Grants"

- Applications are due November 8, 2019
- Grants to qualifying SFAs will be announced no later than January 2020
- Grant funds should be obligated by June 30, 2020; if there are concerns with this time frame please contact the CANS office
- Any funds not used must be returned to the State Agency prior to September 30, 2020
- Grant recipients should fully expend their NSLP equipment assistance grants by September 30, 2020; contact the CANS office if timelines are a concern
- Priority must be given to schools with 50% or more of the enrolled students eligible for free and reduced priced meals (based on October 2018 data)

Verification

CANS is preparing to host webinars specific to how to conduct and report results of verification activities. We will work through the Verification process and the Verification Collection Report, also known as the 742 form in two separate webinars.

The Verification Process webinar was held on October 2 at 9:30am CST.

The Verification Reporting webinar is scheduled for October 23 at 9:30am CST.

Click the link below to join both webinars.

[Join Skype Meeting](#)

Call-in number is 866-410-8397. Conference ID is 7587919653#.

The PowerPoint slides will be posted on the website prior to both webinars. Please visit <https://doe.sd.gov/cans/snp.aspx> under the Trainings and Webinars heading. If you have trouble getting into Skype, you can follow along with the PowerPoint.

Remember-you can begin verification activities once the application approval process for the current school year begins and there are approved applications on file. Please refer to the Eligibility Manual for more information or contact the CANS office. The sooner the process starts, the easier it is to meet the November 15 reporting deadline!

Please contact the CANS office at DOE.SchoolLunch@state.sd.us, or call at 605-773-3413 with any questions.

Website Updates

On the CANS page, the National School Lunch/Breakfast Programs link is now School Nutrition Program. The Special Milk Program has been removed from this page.

The Special Milk Program information is now here: <https://doe.sd.gov/cans/snp.aspx> under the School Meal Programs Resources section.

The SNP page has also changed in the link: <https://doe.sd.gov/cans/snp.aspx>. So, if you have the NSLP/SBP page saved with NSLP, you will need to update your favorites. Another section of our webpage that got updated over the summer is our [Memos](#) page. Please note that memos were updated, and the numbering system has changed. If you had an old memo on file, please see if there is an updated version here.

Visit the [CANS website](#) and the [SNP website](#) to check out the changes!

Complete the Farm to School Census and Win a Sectionizer!

What is the Census?

This is the 3rd survey conducted by USDA's Food and Nutrition Service, which captures information about the level to which farm to school efforts are underway or increasing across the nation.

Why: The data collected is used for:

- academic research, policy making, promoting local food procurement, educating families on their school's support for local food, schools applying for F2S grants, and the USDA uses the information for future planning

Who: Every School District receiving National School Lunch Program (NSLP) funding should complete the Census, even if they currently do not participate in any F2S activities.

How: The survey is completed on-line, information can be saved and completed at a later time if needed.

When:

- September 2019 - SFA's will be contacted directly via e-mail with links to the survey.
- Early Nov 2019 - Survey ends
- Winter 2020 - Data analysis
- Spring 2020 - Census data released on-line

Incentives!

- Sectionizer (see top picture) - A drawing will be held in December for those schools that complete the F2S Census.
- Lettuce Spinner (see bottom picture) - 2nd drawing will be held for those schools that complete the census and also share with us a F2S/CN story/activity that they are currently doing. Please submit your story/photos to



LIVE Virtual Dairy Farm Tour—Boadwine Dairy Farm (near Baltic, South Dakota)

**Join us on a LIVE Virtual Dairy Farm Tour!
Tuesday, October 29th
1:00 pm – 1:30 p.m. Central Time
Boadwine Dairy Farm near Baltic, South Dakota**

Have you ever wondered how milk is produced? Or how long it takes for milk to get from farm to table? Midwest Dairy, the Department of Education Child & Adult Nutrition Services, and South Dakota Farm Families invites your **4th – 6th grade classroom** on a LIVE Virtual Dairy Farm Tour!

This tour will connect you directly to a real dairy for a live video tour and chat with a farmer, without leaving the comfort of your classroom. Using video chat technology, your class will get a peek at barns, cows and more as they see and learn firsthand how dairy farmers care for their cows, the land, and produce delicious milk, cheese, yogurt and ice cream for you to enjoy. You'll even get the opportunity to have your questions answered by our farmer during the tour.

All you need to participate is an internet-connected computer and speakers! If you cannot participate in a live tour, you can also request a recording of a tour during the registration process. Follow this [LINK](#) to register your classroom today!

Professional Standards

Any learning or training you receive about any aspect of the School Nutrition Programs can be counted as training time toward the Professional Standards annual training requirement. Remember that anyone involved in School Nutrition programs must obtain and track annual training. You can visit the [CANS/SNP website](#) under the School Meal Programs Requirements section/Professional Standards heading to find more information.

Also, keep in mind that if you hire a new Food Service Director, they must meet the hiring requirements. If they do not meet the minimum hiring requirements, please contact the CANS Office and we can work with you to develop a plan to ensure they do meet requirements.

iMATCH Reminders

- Access the Direct Certification List by logging into iMATCH, then clicking Student Eligibility → Administration → DC Matching → Matched tab; then uncheck the Exclude checkboxes, then click Apply.
- Review High Probability potential matches from the Potential Matches tab (instructions on page 19 of the iMATCH User Manual)
- Reference the [iMATCH User Manual](#) as needed.

Fresh Fruit & Vegetable Program Reminders

- Please remember to complete the [FFVP Quiz](#) if not yet completed.
- Reference the FFVP Handbook and the [FFVP User Manual](#) as needed.
- Review the training materials on the [FFVP webpage](#).

Recent School Nutrition Program Memos Released

USDA has recently released new policy memos; these memos should be taken into consideration when operating applicable programs.

[SP 36-2019 – Updated School Meal Guidance](#)

[SP 37-2019 – Q&A on the Final Rule: Flexibilities for Milk, Whole Grains, and Sodium Requirements](#)

[SP 38-2019 – Meal Requirements under NSLP and SBP: Q&A for Program Operators](#)

[SP 39-2019 – Clarification on Milk and Water Requirements in the School Meal Programs](#)

[SP40- 2019 – Smoothies Offered in Child Nutrition Programs](#)

[SP 41-2019 – Salad Bars in NSLP and SBP](#)

Visit USDA's Food & Nutrition Service (FNS) [Documents & Resources page](#) for a full list of available policy memos.



Child & Adult Care Food Program (CACFP) Updates

Beginning October 1, 2019, some changes will be made regarding the CACFP. The Stepping Stones, Training-by-Mail, and any other paper-training materials submitted to the CANS Office will no longer be accepted. To complete the annual training, you must participate in one of the following options: CANS Office annual in-person training, in-house or in-agency training (be sure that you're following the requirements for this type of training), or webinars and quizzes submitted via Survey Monkey. The webinars and Survey Monkey quizzes can be found on the CACFP website: <https://doe.sd.gov/cans/cacfp.aspx> under the CACFP Training Opportunities tab. Once completed, a certificate will be emailed to your agency.

Additionally, the iCAN application information must be submitted to the iCAN system by the participating agency because this annual application process is a contract between your agency and the state. The CANS Office can no longer accept emailed, faxed, or mailed copies of application information. Thank you for your patience and cooperation with these updates.

Food Distribution Program

DoD Fresh/FFAVORS

New Federal Guidance has been issued for USDA DoD Fresh or FFAVORS. Only 75% of the DoD amount requested by each school will be available to use at the beginning of the year. Entitlement usage for each school will be monitored monthly. **If you are spending your DoD FFAVORS/FRESH Entitlement you will receive your full allocation.**

South Dakota must make a dollar commitment to DoD Fresh/FFAVORS based upon school's annual survey requests. Once this commitment is made, South Dakota cannot get those entitlement funds returned. Many schools are not spending their full DoD FFAVORS entitlement and for the state to ensure maximum use of DoD Fresh entitlement, South Dakota has implemented a "sweep" (take away) and redistribute policy. **To ensure that South Dakota schools use the maximum amount of federal entitlement dollars awarded to the state, schools that do not spend their entitlement allocation may lose their unused entitlement.** The entitlement swept from schools will be redistributed to schools that are spending their entitlement dollars. Further information on this redistribution will be sent out to schools in mid-November.

If your school is spending their DoD Fresh/FFAVORS entitlement each month, please disregard this email as your school will not be affected by this sweep policy. If additional DoD Fresh/FFAVORS entitlement becomes available, you will be contacted via email.

If your school has not spent any DoD Fresh/FFAVORS entitlement this school year, you will be sent a final email notification that your school has until October 31, 2019 to spend this entitlement. On November 1, 2019, if your school has not spent any DoD/FFAVORS entitlement, 50% of your entitlement currently allocated on FFAVORS will be swept (taken away). If this sweep happens to your school/agency, we will send you a confirmation email listing the amount of entitlement that we have swept from your school and advising you that this entitlement is now lost. **Please start spending your entitlement now!**

We monitor entitlement spending each month to ensure that schools are on track to spend their full DoD Fresh/FFAVORS entitlement in SY 2019-20. Additional sweeps may occur throughout the SY for schools that are not on track to spend their full entitlement. Any school that is in danger of having entitlement dollars swept will be notified prior to the sweep occurring.

To update the point of contact for the DoD FFAVORS/FRESH program, contact Joseph Miller at joseph.j.miller@dla.mil; phone #: 270-407-9457 or Karen Kenton at karen.kenton@dla.mil, phone #: 303-961-1235.

The Emergency Food Assistance Program (TEFAP) Reminders

The new fiscal year for TEFAP agencies started October 1, 2019. Please ensure that the following items are completed for the new fiscal year:

- Active status in SAM
- Annual agency monitoring and training
- All forms are found here: (<http://doe.sd.gov/cans/tefap.aspx>), **please keep on file at your agency.**
 - Annual Storage Self-Evaluation
 - Pest Control Plan
 - Civil Rights Training
- Monthly Inventory Forms

- Submit via fax (605) 773-6846 (Please follow up with a call to Kristi Thompson at (605) 773-4353 to ensure the documents were received) or email for the prior month
- Must complete to comply with USDA requirements (<https://www.fns.usda.gov/part-251%E2%80%94emergency-food-assistance-program>)

Updated Policies

Some policies have multiple numbers. That means those apply to multiple programs.

Child & Adult Care Food Program

Current policies can be found at <http://www.fns.usda.gov/cacfp/policy> (CACFP memos).

School Nutrition Programs (SP Memos)

Policies that apply to school operation and administration can be found at <http://www.fns.usda.gov/school-meals/policy>.

Summer Food Service Program

Policies can be found at <http://www.fns.usda.gov/sfsp/policy>.

Food Distribution

Food Distribution policies can be found at <http://www.fns.usda.gov/fdd/policy>.

Contact CANS

For any questions, comments, or concerns

Email: DOE.SchoolLunch@state.sd.us

Phone: (605) 773-3413

Fax: (605) 773-6846

This institution is an equal opportunity provider.

Professional Standards Reminder: Any learning or training you receive about any aspect of the School Nutrition Programs can be counted as training time towards the professional standards annual training requirement. Reading the bulletin each month does count towards training hours.

Please retain documentation to show what topics were trained. For example, agenda, topics, handbook, certificate, etc. And record training on a Tracking Tool – we suggest using the [SD Tracker Tool](#) posted on the CANS NSLP website.

To credit training hours for time spent reading the Nutrition Bulletin, you will need to keep track of the time you spent reading and determine the applicable training codes. Appropriate documentation for this would be a copy of the bulletin signed and dated with the amount of time written on it.