



January 2021

CANS NUTRITION BULLETIN

Child and Adult Nutrition Services
SD Department of Education

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The Grapevine—A Note From Cheriee

A new year brings us the opportunity for a new beginning. A time to look forward with a sense of renewed purpose and hope.

We received good news from the USDA in the form of a program review waiver for SNP, CACFP, and SFSP. That means that sponsors that normally would have a program review this year will likely have their review rescheduled for next year. There are a very small number of follow up reviews that CANS will still conduct, but most reviews are postponed. This should allow a little room to breathe and catch up this unusual year. You can see a copy of the waiver approval posted on the CANS website (<https://doe.sd.gov/cans/index.aspx>) in the Announcements Regarding Coronavirus and Approved Waiver sections, the link is called [SD Oversight Waiver](#).

January brings the School Nutrition Programs close to the mid-point of the school year. School Food Authorities should start thinking about the requirements that still need to be completed before the end of the school year. Has your staff met the [Professional Standards annual training requirements](#)? Have you completed your [on-site monitoring](#) if you have multiple feeding sites? For those operating the afterschool snack program have you completed your two [on-site monitoring visits](#)? Please contact the CANS office if your school would like to talk about challenges of on-site monitoring this year. Schools operating with a contract management company should be looking at their upcoming contract renewals, going out to bid for a new Food Service Management Company contract, or contacting Quanna Keyser (quanna.keyser@state.sd.us) to use a one-year waiver flexibility to extend a current contract.

Summer Food Service Program is starting to get going for the new year. Behind the scenes the CANS office is working on a strategic outreach and management plan and in the next month or two you will start seeing reminders for new and returning sponsors to get working on plans for summer 2021.

The work seems to never end, but it is worth it to see all those happy faces receiving healthy food thanks to you. Happy New Year! May it be rich with the blessings of happiness, love, good health, success, and laughter. Make it a great January!

~Cheriee Watterson

South Dakota Sponsor Spotlight!

Is your school or agency doing anything unique and interesting in your programs that you would like to share!? Do you want to be featured in our South Dakota Sponsor Spotlight segment!? Submit any pictures along with a summary of the exciting events that you're doing to DOE.SchoolLunch@state.sd.us.

The Child and Adult Nutrition Services likes to recognize individuals who have been serving their school district for 10+ years. If you or any of your staff that has served for 10+ years, you can email Courtney Martin (courtney.martin@state.sd.us) with the name and number of years served and we will send out the below certificate of appreciation.

Certificate of Appreciation

is hereby given to

(NAME)

as an expression of appreciation for

(#) years

of providing healthy meals to children in the

(Name) School District

Chester Watterson, Administrator
Child & Adult Nutrition Services

Tiffany Sanderson, Secretary
South Dakota Department of Education

(date)

 **south dakota**
DEPARTMENT OF EDUCATION
Learning. Leadership. Service.



Check in with CANS Monthly Conference Call

Check in with CANS is a monthly conference call scheduled at 2:30 PM CST for the first Thursday of each month.

This call is open to all agencies on the Child Nutrition Programs. We are planning to include information across all of our Child Nutrition Programs. Each call will start with a report from CANS with hot topics, new guidance or program clarifications, and reminders of upcoming dates. There will also be time scheduled during each call for you to ask questions. Call in number: 866-410-8397. Participant code: 7587919653#. Remember, school lunch staff can use these calls toward your annual Professional Standards training requirements!

SY2020-21 Check in with CANS Call Schedule

Thursday, Feb 4
Thursday, March 4
Thursday, April 8
Thursday, May 6
Thursday, June 3
TENTATIVE, if needed

Pick It! Try It! Like It!



The clues are:

- It is considered Russia's national food.
- Babe Ruth used to put a leaf from this vegetable under his hat during baseball games.
- There is a doll named after this vegetable.

If you guessed, Lakota: waŋpéyutapi; English: cabbage, then you are correct!

A variety of materials are available at <https://extension.sdstate.edu/cabbage-pick-it-try-it-it-preserve-it>.



JOIN US EVERY OTHER THURSDAY FOR

Crash Course WITH CANS

Short (30 min) learning opportunities for schools and agencies operating the School Nutrition Programs, Child & Adult Care Food Program, and Summer Food Service Program

SY2020-21 Webinar Topics*:

9/17	CACFP iCAN Application	2/11	School Breakfast Promotion
10/1	Gone Shopping: Procurement Plans for SNP, CACFP, SFSP	2/18	Fresh Fruit & Veg Program
10/15	Civil Rights for SNP, CACFP, SFSP	3/18	Farm to Table/Beef to School
10/29	Hey, That's Not What I Ordered! Monitoring Contracts	4/1	SNP NonProgram Food Costs
11/12	Planning for Summer Feeding	4/15	Community Eligibility Prov, SNP
12/10	Supper Programs in High Need Areas	4/29	SFSP Training
1/14	FDP Surveys: What They Are and Why?!	5/13	SSO Training
1/28	Just Sign Here: Contracts for Interagency, FSMC, & Vended Meals	5/27	FDP Year End Reporting

*Changes to scheduled topics and dates may occur



Child & Adult Nutrition Services
(605)773-3413

DOE.SchoolLunch@state.sd.us
<https://doe.sd.gov/cans/>

Dietary Guidelines for Americans 2020-2025

The new guide emphasizes the importance of healthy eating throughout the lifespan and provides guidance for better nutrition from birth to older adulthood. It also discusses the special dietary needs of pregnancy and lactations so both mother and baby would be able to enjoy better health.

It is especially important to take the guidelines into consideration as more than half of the US population have one or more diet-related chronic diseases, such as cardiovascular disease, type 2 diabetes, obesity, and some types of cancer. There is also an increase in overweight and obesity among adults in the US which is now estimated to be 74% of the US adult population.

Therefore, the aim of the 2020-2025 Dietary Guidelines is to prevent further disease incidence by promoting health and reducing chronic disease risk across the lifespan. Better nutrition across each stage of life is even more important as people living with diet-related chronic conditions and diseases are at an increased risk of severe illness from the novel coronavirus.

The 2020-2025 Dietary Guidelines recommends:

- To follow a healthy dietary pattern at every life stage (birth to older adulthood).
- To Customize and enjoy nutrient dense food and beverage choices to reflect personal preferences, cultural traditions, and budgetary considerations.
- To focus on meeting food group needs with nutrient-dense foods and beverages and stay within calorie limits.
- To Limit foods and beverages higher in added sugars, saturated fat, and sodium, and limit alcoholic beverages.

Please read further the specific dietary recommendations for each stage of life and other details of the new Dietary guidelines at: [2020-2025 Dietary Guidelines for Americans](#)

School Nutrition Program



Join us for this important discussion on the link between food access, school wellness policies, farm to school and school gardens to behavioral health and well-being in the K-12 population. Hear from experts and network with state, tribal, and regional partners to learn how you can support emerging Food and Mood models in CO, IA, KS, MO, MT, NE, ND, SD, UT, WY. Registration link: <https://capconcorp.zoom.us/meeting/register/tZUIcuGvqT4uHdDrA5egrn49MnyJhwK00bHk>

Fresh Fruit and Vegetable Program—

Resources Added

We have developed some infographic flyers for various fruits and vegetables. These resources may be beneficial for schools participating in FFVP, but could also be used in a cafeteria.

The resources can be found on the CANS-FFVP webpage (<https://doe.sd.gov/cans/ffvp.aspx>) under the Resources header.

Feel free to contact Rob (rob.ingalls@state.sd.us) with any questions.



REMINDER REMINDER REMINDER REMINDER REMINDER

Food Service Management Company Monitoring

Results from an audit performed by the Office of Inspector General found high risk situations in schools with Food Service Management Companies. (FSMCs in general – not specifically ones operating in South Dakota)

Because of these results, additional monitoring of FSMCs is required by USDA. This is not new and is required for Agencies who have contracted with an FSMC.

The FSMC monitoring form states that each site at which an FSMC operates a meal must be monitored **twice** each school year. Both completed forms are required in the FSMC contract renewal packet.

The Monitor Form asks for confirmation of an annually completed Employee Confidentiality Agreement. This is required for each employee of the Food Service Management Company who have access to student data and ensures the employees of the FSMC protect the sensitive information of your students. For your convenience there is an Agreement located on the CANS website and in the Download Forms in the iCAN program.

This is not a new requirement, just a reminder to complete the Monitoring Form twice this School Year. The Monitoring Form has been revised – if you have completed one of the required Monitoring events on the old version, that is fine. Please use the current Monitoring Form for future occasions. If you have questions, please contact: quanna.keyser@state.sd.us

Child and Adult Care Food Program

Sponsoring Organization Offsite Monitoring

Completing offsite monitoring right now can put Sponsors in a tricky situation. To help with this, USDA FNS recently issued child nutrition programs off-site monitoring fact sheets to assist sponsors in conducting off-site monitoring of CACFP during the pandemic. This document includes a fact sheet that has background information on all programs. Please feel free to review the document [here](#) and take into consideration all of the suggestions and tips USDA has offered up for this program.

Summer Food Service Program

2021 SFSP Training Registrations are open!

During summer when school is out the access to healthy meals is limited. The USDA Summer Food Service Program (SFSP) helps provide healthy meals to children in low income areas, so they can receive healthy food to learn and grow.

There is a need for summer meals in South Dakota. If you are interested in becoming a sponsor for the Summer Food Service Program and would like to learn if your school or organization is eligible please fill out the SFSP pre-screen at <https://ican.sd.gov/ican/PreScreen/PreScreenOverview.aspx>.

Registration for the 2021 Administrative and Operational Trainings are open.

Please register for the administrative online training by noon on March 10, 2021.

Registration for Operational Training will close at noon on April 14, 2021.

Please note that the program administrators and key staff members who will or are providing SFSP must attend the training. New sponsors and returning sponsors must complete this training before SFSP operations can begin. We are encouraging all potential sponsors to attend the training as well.

Operational Training is optional for site staff. Sponsors must provide operational training for their staff, the training provided by the State Agency won't replace this requirement.

SFSP Administrative Training Dates:

- March 16, 2021 2-4pm CT Online SFSP Administrative Training. Register at: <https://www.surveymonkey.com/r/2021SFSPAdminTraining> (Please note: Registered attendees will receive an email confirmation after they submit their registration. This confirmation will include the Zoom link needed for the webinar)
- The recorded administrative training will be available online after March 19, 2021 with a mandatory quiz at: <https://doe.sd.gov/cans/sfsp.aspx> under the Trainings Tab.
- March 23, 2021 SFSP Admin Training Q&A - State Agency staff will be available to answer any SFSP related questions. Register at: <https://www.surveymonkey.com/r/2021SFSPAdminQnA>
- April 8, 2021 SFSP Admin Training Q&A - State Agency staff will be available to answer any SFSP related questions. Register at: <https://www.surveymonkey.com/r/2021SFSPAdminQnA2>
- April 20, 2021 SFSP Operational Training Register at: <https://www.surveymonkey.com/r/2021SFSPOperationalTraining>
- The recorded operational training will be available online after March 23, 2021 with a mandatory quiz at: <https://doe.sd.gov/cans/sfsp.aspx> under the Trainings Tab.
- April 27, 2021 Operational Training Q&A - State Agency staff will be available to answer any SFSP related questions. Register at: <https://www.surveymonkey.com/r/2021SFSPOperationalQnA>

2021 SUMMER FOOD SERVICE PROGRAM REIMBURSEMENT RATES

(In effect: January 1st, 2021 till December 31st, 2021)

Site Type	Meal Service	Administrative Component*	Operating Component ⁺	Combined [^]
<i>Rural or Self Preparation Sites</i>	Breakfast	\$ 0.2225	\$ 2.24	\$ 2.4625
	Lunch or Supper	\$ 0.4075	\$ 3.91	\$ 4.3175
	Snack	\$ 0.1100	\$ 0.91	\$ 1.0200
<i>All other types of Sites</i>	Breakfast	\$ 0.1750	\$ 2.24	\$ 2.4150
	Lunch or Supper	\$ 0.3400	\$ 3.91	\$ 4.2500
	Snack	\$ 0.0875	\$ 0.91	\$ 0.9975

The reimbursement rates for meals served in SFSP, in accordance with sections 12(f) and 13, 42 U.S.C. 1760(f) and 1761, of the Richard B. Russell National School Lunch Act (NSLA) and SFSP regulations under 7 CFR part 225.

* The administrative cost component of the reimbursement is authorized under section 13(b)(3) of the NSLA, 42 U.S.C. 1761(b)(3).

⁺ The portion of the SFSP rates for operating costs is based on payment amounts set in section 13(b)(1) of the NSLA, 42 U.S.C. 1761(b)(1). They are rounded down to the nearest whole cent, as required by section 11(a)(3)(B)(iii) of the NSLA, 42 U.S.C. 1759a(a)(3)(B)(iii).

[^] Sponsors receive reimbursement that is determined by the number of reimbursable meals served, multiplied by the combined rates for food service operations and administration.

For more information please visit:

<https://www.federalregister.gov/documents/2020/12/31/2020-29093/summer-food-service-program-2021-reimbursement-rates>

Food Distribution Program

Pre-Survey

The December Pre-Survey is now open. What is the Pre-Survey?

The Pre-Survey is a list of USDA Foods available to order for the 21-22 School Year that South Dakota can bring into the state contracted warehouse.

Per federal regulation:

- 7 CFR 250.10 (a) the distributing agency must provide recipient agencies with the opportunity to submit input, on at least an annual basis, in determining the donated foods from the full list that are made available to them for ordering.

Your input is important. The Pre-Survey results are used to determine what products are on the Annual Survey that is released in February. **The Pre-Survey will close on Monday, January 18th at 9:00 a.m.**



January DoD Fresh/FFAVORS Evaluation & Sweep

- In January, DoD Fresh/FFAVORS spending will be reviewed to make sure schools have spent at least five months of their Monthly Entitlement Usage. If your school has not spent the required amount; the undistributed 25% of your original request may be swept from your DoD Fresh/FFAVORS entitlement allocation and re-distributed to schools that are using their full DoD entitlement allowance. Each spending review will take COVID into consideration.
- Calculate spending in January by dividing Entitlement Usage by 5 months if you started spending in September and 6 months if you started spending in August. Log into DoD Fresh at the [FFAVORS Login](#). Find the dollar amount used in 5 or 6 months by using the usage report.
- Log into iCAN and find your schools 20-21 DoD Fresh/FFAVORS Survey Request to find the amount requested for the year. Per USDA guidance, only 75% of school's original request was added to the DoD Fresh/FFAVORS site. If your school is spending, the additional 25% will be added.
- If you know your school will not be able to spend their additional 25%, contact Darcy Beougher in the CANS office as soon as possible.

Program Policy Memos

Some policies have multiple numbers. That means those apply to multiple programs.

Child & Adult Care Food Program

Current policies can be found at <http://www.fns.usda.gov/cacfp/policy>.

School Nutrition Programs (SP Memos)

Policies that apply to school operation and administration can be found at <http://www.fns.usda.gov/school-meals/policy>.

Summer Food Service Program

Policies can be found at <http://www.fns.usda.gov/sfsp/policy>.

Food Distribution

Food Distribution policies can be found at https://www.fns.usda.gov/resources?f%5B0%5D=resource_type%3A160&f%5B1%5D=program%3A35

New COVID-19 Waivers

To find a current list of the waivers that South Dakota has opted in to, you can visit the [CANS webpage](#) under the "Announcements Regarding Coronavirus/COVID-19" heading. Here, you will find a chart that lists all of the current waivers South Dakota is operating under. Since the last nutrition bulletin; one new waiver has been released, one new Q & A has been released, and one state specific waiver was approved.

USDA #	Title	Program Affected	Expiration Date
71	Nationwide Waiver FSMC Contract Duration for SY2021-22 - EXTENSION	SNP, SFSP	6/30/2022
NA	SD Oversight Waiver	SNP, SFSP, CACFP	9/30/2021
NA	USDA FNS Memo SP05, CACFP04, SFSP04-2021 Q&A #4 Relating to the SFSP and SSO Nationwide Waivers For SY20-21	SNP, SFSP, CACFP	NA

Contact CANS

For any questions, comments, or concerns

Email: DOE.SchoolLunch@state.sd.us

Phone: (605) 773-3413

Fax: (605) 773-6846

This institution is an equal opportunity provider.

Professional Standards Reminder: Any learning or training you receive about any aspect of the School Nutrition Programs can be counted as training time towards the professional standards annual training requirement. Reading the bulletin each month does count towards training hours.

Please retain documentation to show what topics were trained. For example, agenda, topics, handbook, certificate, etc. And record training on a Tracking Tool – we suggest using the [SD Tracker Tool](#) posted on the CANS NSLP website.

To credit training hours for time spent reading the Nutrition Bulletin, you will need to keep track of the time you spent reading and determine the applicable training codes. Appropriate documentation for this would be a copy of the bulletin signed and dated with the amount of time written on it.