

March 2021

CANS NUTRITION BULLETIN

Child and Adult Nutrition Services
SD Department of Education

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The Grapevine—A Note From Cheriee

Greetings! As we enter spring, my thoughts turn to warmer weather and planning for the end of this school year. As usual, we have a lot going on. Allow me to share a short list of our bigger projects:

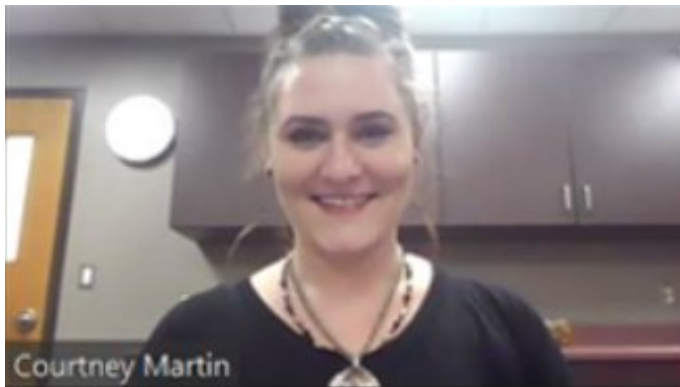
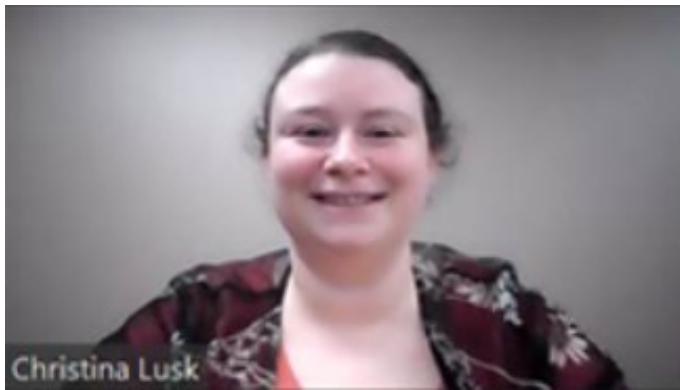
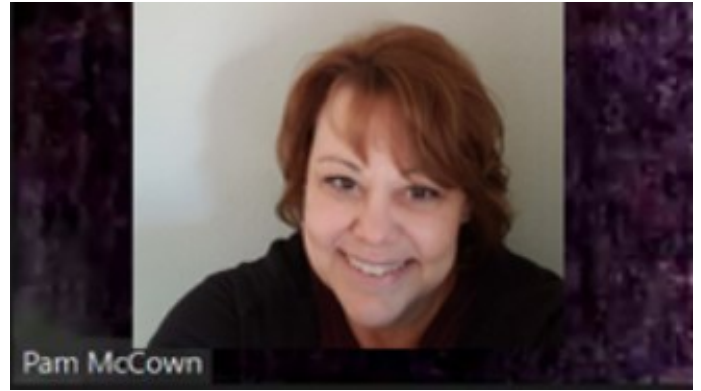
We recently hit an exciting mile marker with our technology project to install an **online program review module to the iCAN system**. In early March, the School Nutrition Program Administrative and Procurement Reviews were added to a testing platform in iCAN. Now our staff can test the system. Child and Adult Care Food Program and Summer Food Service Program review modules are just a month or two away. If we don't hit any major challenges, the SNP review modules will be used for school year 2021-22 reviews. Stakeholder preview sessions are in the works for the review system, please send an email to DOE.SchoolLunch@state.sd.us if you are interested in learning more about these sessions and helping us make sure we have a successful system launch.

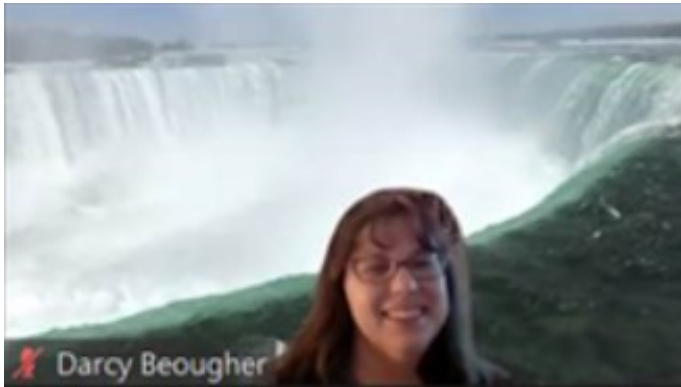
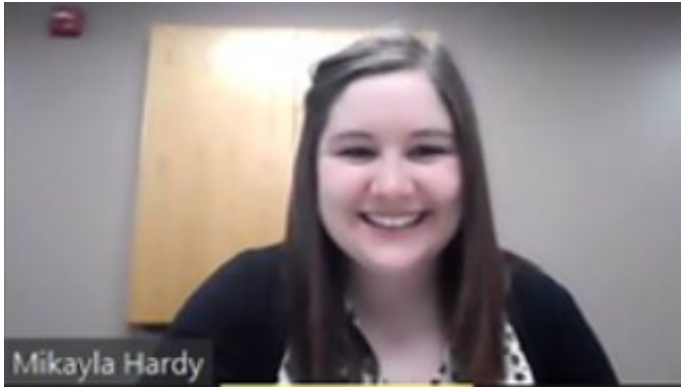
Child Nutrition Emergency Funding for School Nutrition Program and Child and Adult Care Food Program operators. This is federal funding available to SNP and CACFP operators that saw their reimbursement decrease in the months of March to June 2020. The state submitted the first of two applications. The second application is due at the end of April and we hope to be approved to distribute the funding shortly after. The USDA indicated states could distribute funding in June or July. We will have more details during the March and April Conference Calls with CANS.

Pandemic EBT (also known as P-EBT) round 2 funding is coming this summer. DSS is creating their plan and DOE is providing support and information to assist them. We are asking schools to help their eligible (free and reduced price) families receive these benefits by **making sure that student addresses are up to date in their student information management system**. This address information will be used to mail P-EBT cards to eligible Free and Reduced-Price Students that are listed in your student information management system. DOE is planning to communicate with superintendents, school principals, and business officials to ask for help in updating student addresses and contact information. With updated address information, families will immediately receive their P-EBT benefits without having to contact the school or DSS. Can you help us get the message out in your school? As we receive more information, we will share more details in the monthly Check in with CANS calls.

~Cheriee Watterson

CANS Staff 2021





South Dakota Sponsor Spotlight!

Is your school or agency doing anything unique and interesting in your programs that you would like to share!? Do you want to be featured in our South Dakota Sponsor Spotlight segment!? Submit any pictures along with a summary of the exciting events that you're doing to DOE.SchoolLunch@state.sd.us.



Rapid City School District was featured in their local news for their increased participation in free meal programs.

Click this link to check out more:

<https://www.kotatv.com/2021/03/07/free-meal-programs-in-rcas-see-increased-participation/>

Check in with CANS Monthly Conference Call

Check in with CANS is a monthly conference call scheduled at 2:30 PM CST for the first Thursday of each month.

This call is open to all agencies on the Child Nutrition Programs. We are planning to include information across all of our Child Nutrition Programs. Each call will start with a report from CANS with hot topics, new guidance or program clarifications, and reminders of upcoming dates. There will also be time scheduled during each call for you to ask questions. Remember, school lunch staff can use these calls toward your annual Professional Standards training requirements!

Switching from Skype to ZOOM. Please use below information.

Join Zoom Meeting: <https://us02web.zoom.us/j/87674981580?pwd=a3k5MWlGMmVwckhrVzFvdTBscnU5dz09>

Meeting ID: 876 7498 1580

Passcode: 685271

Dial by your location: +1 312 626 6799 US (Chicago)

Meeting ID: 876 7498 1580; Passcode: 685271

Find your local number: <https://us02web.zoom.us/j/87674981580?pwd=a3k5MWlGMmVwckhrVzFvdTBscnU5dz09>

SY2020-21 Check in with CANS Call Schedule

- Thursday, April 8
- Thursday, May 6
- Thursday, June 3 ****TENTATIVE, if needed****

Pick It! Try It! Like It!

Can you guess this month's produce?



- Brides in ancient Greece carried bouquets of this instead of flowers.
 - It is a close relative of onions.
 - Many cooks depend on this to flavor food.
- Folklore says that this was used to scare away vampires.

If you guessed, Lakota: pšínkčeka, English: garlic, then you are correct!

Materials, lesson plans, recipes, and a fact sheet to preserve garlic for future use are available at <https://extension.sdstate.edu/garlic-pick-it-try-it-it-preserve-it>. Recipes include a garlic and herb butter and orzo garlic chicken.



JOIN US EVERY OTHER THURSDAY FOR

Crash Course WITH CANS

Short (30 min) learning opportunities for schools and agencies operating the School Nutrition Programs, Child & Adult Care Food Program, and Summer Food Service Program

SY2020-21 Webinar Topics*:

- | | | | |
|-------|---|------|---------------------------------|
| 9/17 | CACFP iCAN Application | 2/11 | School Breakfast Promotion |
| 10/1 | Gone Shopping: Procurement Plans for SNP, CACFP, SFSP | 2/18 | Fresh Fruit & Veg Program |
| 10/15 | Civil Rights for SNP, CACFP, SFSP | 3/18 | Farm to Table/Beef to School |
| 10/29 | Hey, That's Not What I Ordered! Monitoring Contracts | 4/1 | SNP NonProgram Food Costs |
| 11/12 | Planning for Summer Feeding | 4/15 | Community Eligibility Prov, SNP |
| 12/10 | Supper Programs in High Need Areas | 4/29 | SFSP Training |
| 1/14 | FDP Surveys: What They Are and Why?! | 5/13 | SSO Training |
| 1/28 | Just Sign Here: Contracts for Interagency, FSMC, & Vended Meals | 5/27 | FDP Year End Reporting |

*Changes to scheduled topics and dates may occur

605 Strong Webinars

The Division of Behavioral Health, Department of Social Services would like to share an upcoming virtual webinar series related to coping with the stresses we're all experiencing due to the COVID-19 pandemic. This virtual webinar series will be hosted by our 605 Strong partners at the Helpline Center and Lutheran Social Services. These and other upcoming virtual webinars related to coping with the COVID crisis can be found at the 605 Strong website here: <https://www.605strong.com/#webinars>.

This is a series of five virtual training sessions which will be held via Zoom, every Wednesday in March, from 12-1pm CST / 11-12pm MST. Each session will address one of the five Skills for Psychological Recovery (SPR): problem-solving, reaction management, positive activity, helpful thinking, and healthy social connections. These skills will help you reflect and re-frame this challenging moment into an opportunity for personal growth.

You may register here for access to the series: <https://form.jotform.com/210325542468049>. A link to the Zoom sessions will be emailed to you after you register. You will use the same link for all five sessions. You may join one session or all of them.

Resources needed to take part in this series:

1. Internet access by phone or computer to access the Zoom session
2. Ability to open a PDF worksheet and print (if desired)
3. Pen and paper to keep notes if unable to print the worksheet



These webinars are open to all, so please share with any constituents you're working with that may benefit and also please feel free to share with any friends, family and loved ones that may be interested in attending as well.

School Nutrition Program

Child Nutrition Emergency Costs Reimbursement



Did your child nutrition program suffer shortfalls as a result of the public health emergency? If so, funding will soon be available thanks to the Child Nutrition Emergency Costs Reimbursement option offered by the Food and Nutrition Service (FNS). Operators of the National School Lunch Program (NSLP), School Breakfast Program (SBP), and the Child and Adult Care Food Program (CACFP) will receive reimbursements for emergency operating costs they incurred during the public health emergency.

Eligibility is limited to SFAs, institutions, day care homes, and unaffiliated centers that have maintained their child nutrition program participation by filing valid meal claims for any of the months of September –December 2020. Months for reimbursement include each of the months of March, April, May, and June 2020. Reimbursement payments will be equal to 55% of the difference between the reference months of March, April, May and June 2019 and the reimbursement months of March, April, May, and June 2020. Due to the general timing of the closures at the beginning of the public health emergency, for March 2020 the result of the formula described above will be divided by two to determine the final payment amount.

Eligibility and payment calculations will be determined by the State. Operators will then receive a lump sum payment through their normal payment procedures for the Child Nutrition Program that they operate. Anticipated dates for payment disbursement is June 30th, 2021 thru January 31st, 2022.

Guidance on Free & Reduced-Price Student Eligibility Data from the U.S. Department of Education, USDA Policy Memo SP07-2021

Free and reduced-price eligibility data is used to establish funding for certain Department of Education programs. This policy memorandum provides guidance from the U.S. Department of Education to State and local educational agencies on how to establish formula funding for education programs when free and reduced-price applications may not have been collected during the 2020-2021 school year as part of a Nationwide Waiver from USDA. This information is for reference in the School Nutrition Program and does not require any action from the School Food Authority.

See the U.S. Department of Education [fact sheet](#) and USDA [waivers](#) for additional information.

Professional Standards—UPDATES!

Team Nutrition released the updated [Guide to Professional Standards for School Nutrition Programs](#). This updated resource provides State and local school nutrition professionals a comprehensive guide to the required annual training and hiring standards under the *Final Rule: Professional Standards for School Nutrition Programs Personnel*. The updated guide addresses the additional final rule, published March, 1, 2019, that adds four flexibilities to the hiring standards for new school nutrition program directors in small local educational agencies (LEAs) and new State directors of school nutrition programs under the Professional Standards regulations for the National School Lunch Program (NSLP) and School Breakfast Program (SBP). The resource supports school nutrition professionals in ensuring they have the knowledge, training, and tools they need to successfully operate the NSLP and SBP.

The *Guide to Professional Standards for School Nutrition Programs* provides updated* and user-friendly information on:

- New hiring flexibilities under the Professional Standards requirements*
- Minimum educational criteria for hiring of new directors*
- Job categories
- Training topics organized by key areas
- Where to access training* (including the [Professional Standards Training Database](#))
- Record-keeping requirements for training* (including the [Professional Standards Training Tracker Tool](#) (PSTTT))
- Annual training requirements for staff
- LEA enrollment categories

(*Updated information found in the *Guide to Professional Standards for School Nutrition Programs*.)

The updated guide also introduces training reward badges as a way to motivate and acknowledge staff who complete their annual training. Sticker pages of reward badges will be included with the printed version of the guide. Program operators will be able to order additional sticker pages of reward badges through the Team Nutrition website.

Access the PDF versions today:

- *Guide to Professional Standards for School Nutrition Programs* (<https://www.fns.usda.gov/tn/guide-professional-standards-school-nutrition-programs>)
- *Professional Standards Training Reward Badges* packet

Food Buying Guide for Child Nutrition Programs—UPDATE!

New features released on December 11, 2020 are now available on the Food Buying Guide for Child Nutrition Programs (FBG). Team Nutrition appreciates receiving your feedback on the FBG and works continuously to enhance the user experience. Team Nutrition has further enhanced the capabilities for registered users by allowing Program operators the ability to create folders for the Recipe Analysis Workbooks (RAW) in the FBG Interactive Web-based tool. This new feature allows users to organize their RAWs using the Web-based Tool and also view them when logged into the FBG Mobile App. Additionally, users can now conveniently access their Favorite foods directly from the homepage with the new Favorite foods button on the FBG Web-based Tool.

See what the Food Buying Guide for Child Nutrition Programs has to offer you today!
<https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>

Recipe Analysis Workbook (RAW)

• Recipe Analysis Workbook (RAW)

Create Recipe Analysis Workbook

The following is a list of Recipe Analysis Workbooks you have created. You can narrow the set of entries displayed by entering one or more keywords for Recipe name or Recipe number. You can re-sort the table entries by Recipe name, Recipe number or Date/Time Created by clicking on the corresponding table header.

Folder	Recipe Name	Recipe Number	Created On	Updated On	Actions
<input type="text"/>	<input type="text"/>	<input type="text"/>			
Week 1, Day 1 Breakfast	Egg Bake		12/03/2020 12:35	12/07/2020 09:51	Edit Copy Delete PDF Text Email
Week 1, Day 1 Lunch	Spaghetti		12/03/2020 12:57	12/07/2020 08:53	Edit Copy Delete PDF Text Email
Week 1, Day 2 Lunch	Harvest Salad		12/03/2020 13:07	12/07/2020 09:51	Edit Copy Delete PDF Text Email

Nutrition Resources and Funding!

Check out these great resources and opportunities from our friends at Midwest Dairy:



Good Nutrition Made Easy – This hand-out focuses on dairy and kids. Key points on the health benefits of dairy, easy ways to fit dairy in your diet, and some fun facts are included on this easy-to-read handout. To access this and more dairy resources visit www.midwestdairy.com.

Funding available! – America’s dairy farmers are offering funds and equipment to help your school make healthy changes. Funding applications open March 10th and close April 28th. Select the “Highlight Healthy Foods” play in your funding application and receive a smoothie kit, complete with immersion blender, utility cart, divided cooler bags, signage, stickers and more. For more information go to www.FuelUpToPlay60.com.



“Healthy School Communities” webinar – GenYouth is hosting a webinar on March 24th as a follow-up to their December webinar on the same topic. Stakeholders will discuss strategies, develop solutions, and create action plans to expand student health and wellness with a whole child mindset. For more information and to register go to <https://hscforum.genyouthnow.org/registration/launch/?eid=43843593&uod=49204274>

[This Photo](#) by Unknown

Fresh Fruit and Vegetable Program (FFVP)

2021-2022 Application Request

If an elementary school from your district is interested in participating in the FFVP for SY21-22, please click the Application Request link and provide contact information. The contact person will be notified when applications become available.

[FFVP 2021-22 Application Request](#) ← Click

Schools currently participating in the FFVP will be automatically invited to complete an application for SY21-22, and would not need to request an application.

The Fresh Fruit and Vegetable Program provides funds to elementary schools for purchase of fresh fruit and vegetable snacks. Preference of site selection is given to high free/reduced eligibility from the most recent October.



The service of the FFVP must be provided during the school day, and not served in conjunction with other federal programs (cannot be served at the same time as breakfast, or lunch). Also, the service of fresh fruits and vegetables cannot be served with accompaniments (fruits and vegetables cannot be served with juice, milk, bread, etc.). FFVP dollars cannot be used to cover the cost of fruits and vegetable served at lunch or breakfast service. Additionally, the FFVP must be scheduled to be provided at least twice per week.

NOTE: All current FFVP participants will be automatically invited, once applications are available, and would not need to request an application.

Please feel free to contact Rob Ingalls (rob.ingalls@state.sd.us) with any questions, or check out resources on the [CANS-FFVP webpage](#).

Child and Adult Care Food Program

New Online Learning Management System, SD Bright Track

I am happy to introduce our new free Online Learning Management System, called SD Bright Track, which houses CACFP required trainings. We will gradually be removing the trainings that are currently on the CACFP website over the next few weeks and transitioning all CACFP sponsors to SD Bright Track since this new system will replace our current online training method. There will be a link to the website on the CACFP website shortly, for now it is below.

Once you go to the SD Bright Track website you will need to create an account to access the trainings. Each individual at your agency will need to create their own accounts to take trainings under. This new system will track everyone's progress throughout the year and will save any certificates for trainings you complete. I would still recommend either downloading or printing the certificates as a backup though.

The trainings will be interactive with puzzles, quizzes, and sometimes even workbooks that go along with them. I, Katie, have taken each of the trainings currently available and can say that I not only enjoyed the trainings, but that I also really liked the format they are presented in. There are currently 8 trainings available on the website, and we will soon have 4 more for a total of 12. Once you start taking the training's, please reach out to me if you do come across any issues at Katie.Dryden@state.sd.us or 605-773-4769. I hope you enjoy our new Learning Management System as much as we do! www.sdbrighttrack.com Click [here](#) to learn How to Create a New User Account & Register for a Course. The code you will need to use when creating an account is: **blackhills800**

Summer Food Service Program

Preparing for Summer with Enrichment Activities

Enrichment Activities could help increase and stabilize your program participation as kids are always eager to explore and learn. You can help the kids in your community to acquire new skills during the summer months by using some of USDA's site activity ideas and "First Book."

First Book provides free or low-cost new books and gives you ideas how to incorporate books into your site activities. Learn more here: https://fns-prod.azureedge.net/sites/default/files/sfsp/smt-first_book.pdf

USDA also provides low-cost games and activities for all age groups. You can select and order games here: <https://www.fbmarketplace.org/activities?cat=577>

Books and activities are available in English and/or Spanish.

Food Distribution Program

Menu Planning & Meal Service Ideas

Using USDA Foods

Florida Department of Agriculture recently shared a resource that may be useful. [Menu Planning & Meal Service Ideas Using USDA Foods](#) is a resource that identifies certain USDA Foods and provides suggestions on menu items, meal service ideas, and links to corresponding USDA recipes. USDA Foods and item numbers are referenced within the menu item description.

This resource can be found on the [CANS Food Distribution webpage](#) under Useful Links, as well as the [CANS School Nutrition Programs webpage](#) under School Meal Programs Resources – NSLP/SBP.

We have plans to make a South Dakota version, which would better fit our Midwest cuisine, but this resource would still be helpful for menu planning and using USDA Foods.

MyPlate Kitchen Recipes Resource

More recipes can be found on the My Plate website at <https://www.myplate.gov/>. Click on the MYPLATE KITCHEN tab and recipes will appear in a drop-down box.

Program Policy Memos

Some policies have multiple numbers. That means those apply to multiple programs.

Child & Adult Care Food Program

Current policies can be found at <http://www.fns.usda.gov/cacfp/policy>.

School Nutrition Programs (SP Memos)

Policies that apply to school operation and administration can be found at <http://www.fns.usda.gov/school-meals/policy>.

Summer Food Service Program

Policies can be found at <http://www.fns.usda.gov/sfsp/policy>.

Food Distribution

Food Distribution policies can be found at https://www.fns.usda.gov/resources?f%5B0%5D=resource_type%3A160&f%5B1%5D=program%3A35

New COVID-19 Waivers

To find a current list of the waivers that South Dakota has opted in to, you can visit the [CANS webpage](#) under the "Announcements Regarding Coronavirus/COVID-19" heading. Here, you will find a chart that lists all of the current waivers South Dakota is operating under. Since the last nutrition bulletin, no new waivers have been released.

Contact CANS

For any questions, comments, or concerns

Email: DOE.SchoolLunch@state.sd.us

Phone: (605) 773-3413

Fax: (605) 773-6846

This institution is an equal opportunity provider.

Professional Standards Reminder: Any learning or training you receive about any aspect of the School Nutrition Programs can be counted as training time towards the professional standards annual training requirement. Reading the bulletin each month does count towards training hours.

Please retain documentation to show what topics were trained. For example, agenda, topics, handbook, certificate, etc. And record training on a Tracking Tool – we suggest using the [SD Tracker Tool](#) posted on the CANS NSLP website.

To credit training hours for time spent reading the Nutrition Bulletin, you will need to keep track of the time you spent reading and determine the applicable training codes. Appropriate documentation for this would be a copy of the bulletin signed and dated with the amount of time written on it.