



May 2021

CANS NUTRITION BULLETIN

Child and Adult Nutrition Services
SD Department of Education

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The Grapevine—A Note From Cheriee

Greetings! And welcome to another rollercoaster ride with the latest USDA waivers! On April 20, the USDA released 12 waivers for SY2021-22 with some exciting news. Many of the flexibilities that help you serve meals during the pandemic will continue in schools and Child and Adult Care Food Program. The big new waiver allows Seamless Summer Option (SSO) operation through the entire school year along with the higher reimbursement rate of the Summer Food Service Program (SFSP). Since SSO is considered a summer extension of the National School Lunch and Breakfast Programs, this option will help overcome some of the challenges caused by allowing SFSP. Two examples of this are: recent guidance from the USDA allows free reduced application collection in SSO and USDA Foods entitlement calculation can be based on actual meals served in SSO. SFSP operators cannot collect free reduced applications and meals are not included in the USDA Foods entitlement calculation.

While several waivers deal specifically with the Seamless Summer Option for School Districts. There are several waivers that also apply to the Child and Adult Care Food Program. There is some new language used in these waivers, so we have several questions submitted to the USDA requesting clarification. Additionally, we are working with our iCAN system vendor to see if we can make some system changes necessary for some of the waivers. We are hard at work updating our procedures to collect the waiver usage at the school/local agency level using lessons learned from the past year. I hope you were able to join us on a special Check in with CANS conference call planned on April 29 to get more information, and I expect we will have even more information for the May Check in with CANS call.

I've been reading *Anna Karenina* since receiving the book as a gift at Christmas. This passage stuck with me since our work in child nutrition is not glamorous and many times frustrating, but I know so many of you all bury your heart in this work. "What is precious is not the reward but the work. And I wish you to understand that. If you work and study in order to get a reward, the work will seem hard to you; but when you work, if you love the work, you will find your reward in that."

Be well!

~Cheriee Watterson

South Dakota Sponsor Spotlight!

Is your school or agency doing anything unique and interesting in your programs that you would like to share!? Do you want to be featured in our South Dakota Sponsor Spotlight segment!? Submit any pictures along with a summary of the exciting events that you're doing to DOE.SchoolLunch@state.sd.us.



To view nominees, visit the School Nutrition Association of South Dakota's Facebook page—<https://www.facebook.com/sna.southdakota>

Congratulations to all who were awarded!

Check in with CANS Monthly Conference Call

Check in with CANS is a monthly conference call scheduled at 2:30 PM CST.

This call is open to all agencies on the Child Nutrition Programs. We are planning to include information across all of our Child Nutrition Programs. Each call will start with a report from CANS with hot topics, new guidance or program clarifications, and reminders of upcoming dates. There will also be time scheduled during each call for you to ask questions. Remember, school lunch staff can use these calls toward your annual Professional Standards training requirements!

Switching from Skype to ZOOM. Please use below information.

Join Zoom Meeting: <https://us02web.zoom.us/j/87674981580?pwd=a3k5MWlGMmVwckhrVzFvdTBscnU5dz09>

Meeting ID: 876 7498 1580

Passcode: 685271

Dial by your location: +1 312 626 6799 US (Chicago)

Meeting ID: 876 7498 1580; Passcode: 685271

Find your local number: <https://us02web.zoom.us/j/kcU8lwgv28>

SY2020-21 Check in with CANS Call Schedule

- UPDATE—Thursday, June 24—Special look at the iCAN review system

Pick It! Try It! Like It!

Can you guess this month's produce based on the following clues:



- In early times this vegetable was grown for its dry seeds.
- The oldest one of these vegetables was found in Thailand. It was over 3000 years old.
- In the 1920's, Clarence Birdseye froze this vegetable for the first time.
- Some have pods that we can eat, some have to have the pod removed before we eat them.

This Photo by Unknown Au-
Answer: Lakota: omníča gmigmí English: Peas.

Various materials are available thru SDSU Extension at the link below. Recipes include Sugar Snap Peas with Toasted Sesame Seeds and Couscous with Peas and Onions.

Website page: <https://extension.sdstate.edu/peas-pick-it-try-it-it-preserve-it>



JOIN US EVERY THURSDAY FOR

Crash Course WITH CANS

Short (30 min) learning sessions for School Nutrition Program, and Summer Food



s*:

- 12 Planning Summer
- 10 Supper Program in
- 14 FDP Surveys: Why?!
- 28 Just Sign Here: Control for Interagency, FSMC, & Vendor Meals
- 4/15 Costs
- 4/29 SFSP Training
- 5/13 SSO Training
- 5/27 FDP Year End Reporting

Fast in the Classroom: What that Mean?
 Fruit & Veg Program
 to Table/Beef to School
 Community Eligibility Prov, SN
 NonProgram Food

*Changes to scheduled topics

School Nutrition Program

Training Opportunity!

Save the Date for the second annual Pathways to School Nutrition.



South Dakota DOE CANS staff will be conducting training on a variety of topics both in-person and virtually. Come to Pierre on August 3rd to attend a full day of in-person training OR log-in on August 10th and 11th for two, half-days of training on the same topics covered at the in-person event. Check out our website for how to register.

If you are a Food Service Director, Manager, School Nutrition Employee, or Business Manager this training is for you!

Updated CANS Memo: Meal Count Edit Checks

CANS has recently updated the [Meal Count Edit Check memo](#) for School Nutrition Programs.

Additionally, CANS has developed a [Template Meal Count Edit Check Procedure](#) and [Manual Edit Check Worksheet](#) resources.

The memo and resources should be helpful in meeting program requirements for conducting edit checks on daily meal counts and ensuring claim submission accuracy.

These resources can be found on the [CANS Numbered Memos webpage](#) as CANS Memo 211-1, and also located on the [CANS-School Nutrition Programs](#) page under School Meal Documents.

Recipe to Share? Let us know!

Do you have a popular recipe that meets USDA meal pattern requirements? Child & Adult Nutrition Services is working on a recipe book and would like your input!

Please send recipes that you would like to share to DOE.SchoolLunch@state.sd.us. Please remember to include the number of servings, and how the recipe credits toward the meal pattern, if possible.

Fresh Fruit and Vegetable Program (FFVP)

2021-2022 Application Request

If an elementary school from your district is interested in participating in the FFVP for SY21-22, please click the Application Request link and provide contact information. The contact person will be notified when applications become available.

[FFVP 2021-22 Application Request](#) ← Click

Schools currently participating in the FFVP will be automatically invited to complete an application for SY21-22, and would not need to request an application.

The Fresh Fruit and Vegetable Program provides funds to elementary schools for purchase of fresh fruit and vegetable snacks. Preference of site selection is given to high free/reduced eligibility from the most recent October data collection (SY19-20).



The service of the FFVP must be provided during the school day, and not served in conjunction with other federal programs (cannot be served at the same time as breakfast, or lunch). Also, the service of fresh fruits and vegetables cannot be served with accompaniments (fruits and vegetables cannot be served with juice, milk, bread, etc.). FFVP dollars cannot be used to cover the cost of fruits and vegetable served at lunch or breakfast service. Additionally, the FFVP must be scheduled to be provided at least twice per week.

NOTE: All current FFVP participants will be automatically invited, once applications are available, and would not need to request an application.

Please feel free to contact Rob Ingalls (rob.ingalls@state.sd.us) with any questions, or check out resources on the [CANS-FFVP webpage](#).

Child and Adult Care Food Program

CACFP Training Needs



The CACFP Program Specialist, Katie, would like your input on what topics you would be most interested in for short virtual training sessions this summer. These short sessions would be 30-60 minutes long and would be recorded for agencies that are not able to attend at the time of the training. These trainings will take place once a month from May through August of 2021, 4 sessions in total. If there is a high demand for more topics, we will add more sessions as needed. I want to your input on topics so that I know what would best serve our agencies at this current time.

Please take our anonymous survey [here](#).

CACFP's New Online Learning Management System, SD Bright Track

I am happy to introduce our new free Online Learning Management System, called SD Bright Track, which houses CACFP required trainings. We will gradually be removing the trainings that are currently on the CACFP website over the next few weeks and transitioning all CACFP sponsors to SD Bright Track since this new system will replace our current online training method. There will be a link to the website on the CACFP website shortly, for now it is below.

Once you go to the SD Bright Track website you will need to create an account to access the trainings. Each individual at your agency will need to create their own accounts to take trainings under. This new system will track everyone's progress throughout the year and will save any certificates for trainings you complete. I would still recommend either downloading or printing the certificates as a backup though.

The trainings will be interactive with puzzles, quizzes, and sometimes even workbooks that go along with them. I, Katie, have taken each of the trainings currently available and can say that I not only enjoyed the trainings, but that I also really liked the format they are presented in. There are currently 8 trainings available on the website, and we will soon have 4 more for a total of 12. Once you start taking the training's, please reach out to me if you do come across any issues at Katie.Dryden@state.sd.us or 605-773-4769. I hope you enjoy our new Learning Management System as much as we do!

www.sdbrighttrack.com Click [here](#) to learn How to Create a New User Account & Register for a Course. The code you will need to use when creating an account is: blackhills800

CACFP iCAN Applications

If you have not yet completed your iCAN application for the current CACFP Program Year, please complete this as soon as you are able. Those that have chosen to operate SFSP under current waivers from USDA that normally operate CACFP will still need to complete their iCAN application. If you do not have an approved application on file when the new Program Year starts on October 1, 2021, you will need to start over as a new agency on the program.

If you have any questions regarding the status of your application please log into iCAN, open your application packet for PY 2020-2021, and view the Packet Status in the upper right-hand corner. If the status is anything other than "Approved" please complete and submit your application for review.

Application Packet Sponsor of Affiliated Sites

Status: Active

Packet Submitted Date: 11/10/2020
Packet Approved Date: 11/10/2020
Packet Original Approval Date: 11/10/2020
Packet Status: Approved



Summer Food Service Program

Addressing Transportation Gaps

- State Agencies were made aware of the transportation issues especially affecting the more rural and tribal areas of South Dakota. We wanted to address the transportation gaps in our state and made a list of service providers through the state. Please use this list to partner with any of these agencies to provide the children in your area better access to your feeding sites.
 - Statewide transportation services (DOT made a list of the agencies providing transportation across the state, with timetables, schedules, and fares).
<https://dot.sd.gov/transportation/public-transit/rural-transit>
 - Partnership between FTA and HUD-PIH (Until Jan 2022, transit systems can use COVID funds to deliver food)
<https://www.transit.dot.gov/partnership-covid-19-recovery>
 - National Center for Mobility Management (You can apply or view some grant applications on this website)
<https://nationalcenterformobilitymanagement.org/>
 - United Way Worldwide Ride United via Door Dash (Last Mile)
<https://www.unitedway.org/the-latest/press/ride-united-expansion>
Please send your questions about this program:
 - * Call 211 directly and ask to speak to Alex or Taylor
 - * lastmiledelivery@helplinecenter.org
- Some examples of past and present free rides for students:
 - Rapid City - Regular transit route – students ride free on fixed route system; will take them anywhere on the route at no cost
 - Example in Sioux Falls http://livewellsiouxfalls.org/images/uploads/main/Summer_Meals_Handout_2019.pdf

Turnip the Beet Award for SFSP & SSO is back for 2021

- The Turnip the Beet Award by USDA-FNS is created to recognize sponsors who put in extra effort to serve high quality meals for children that are appealing, appetizing, and nutritious during the summer months.
- Sponsors can learn about the standards of a high-quality meal by utilizing the following resources:
 - [The Nutrition Guide for Sponsors](#) includes best practices and tips for serving high quality meals and incorporating local foods, as well as sample cycle menus.
 - [The Team Nutrition Resource Library](#) has free nutrition education materials to help reinforce and complement the nutrition messages taught by serving healthful foods.
 - [The Farm to Summer Factsheet](#) describes how to “bring the farm” to summer sites.
 - [The Summer Meals Toolkit](#) offers healthy menu planning ideas and tips for serving meals family style.
- Sponsors may self-nominate or be nominated by others.
- The start date of the Turnip the Beet Award is May 15, 2021 and nominations must be submitted to the South Dakota DOE-CANS office by **September 3, 2021**.
- All questions on the nomination sheet must be answered to be considered for the awards.
- Please check out the Turnip the Beet Facts Sheet and Nomination Form:
 - [TUB facts 2021](#)
 - [TUB Nomination Form 2021](#)
- Three award levels are available: gold, silver, and bronze. All winners receive a certificate. Silver and gold winners will be featured on USDA's blog and gold winners will be identified on FNS' summer site finder.

Food Distribution Program

DOD Fresh/FFAVORS

DoD Fresh/FFAVORS entitlement needs to be spent by June 30th. Check your account balance at the DoD Site (<https://www.fns.usda.gov/usda-foods/fresh-fruits-and-vegetables-order-receipt-system-ffavors>). Email Darcy Beougher at darcy.beougher@state.sd.us as soon as possible if you are not able to spend your DoD entitlement. DoD Fresh/FFAVORS entitlement is use it or lose it and other schools can benefit from additional DoD funding.

Summer Reminder

Many schools do not think about a freezer malfunction, but it can happen. **Freezer and cooler temperatures should be monitored throughout the year, including over the summer.**

Follow these steps if your freezer breaks down:

1. Take inventory of the out of condition USDA Foods
2. Take pictures of damaged USDA Foods
3. Report the loss of USDA Foods to the Child and Adult Nutrition Services Office
4. Keep records

A power outage can happen during sever weather. If a power outage occurs use the following guidance:

During power outage

- Keep appliance doors CLOSED as much as possible. Opening and closing doors will release cold air and cause the safe storage time of perishable items to reduce.
- A fully stocked refrigerator will stay cold for about 4 hours. A freezer will keep its temperature for 24 hours if half full or 48 hours if full.
- If the power has been out for 4 hours, and a cooler and ice are available, transfer perishable foods in the refrigerator to the cooler to maintain a temperature of 40 °F or below. Be sure to add ice or a cold source.

After power returns

- Check the temperature of the refrigerator and freezer. If foods in both are still under 40 °F, they are safe to keep and/or refreeze. If the foods are above 40 °F, they should be discarded.
- Also check foods that were in a cooler before putting them back into the refrigerator. Discard any that are over 40 °F.
- Unsure if a food is still safe? Review these food evaluation charts that are available for [refrigerated](#) foods and the [frozen](#) foods after a power outage.
- Discard any food that has an unusual odor, color, or texture, or feels warm to the touch.
- Never taste a food to determine its safety.

If you have questions about the safety of your food, please call the USDA Meat and Poultry Hotline at 1-888-MPHotline (1-888-674-6854), email MPHotline@usda.gov, or chat live <https://ask.usda.gov/s/> available from 10 a.m. to 6 p.m. ET, Monday through Friday, in English or Spanish. Listen to timely recorded food safety messages at the same number 24 hours a day. Recorded food safety messages are available 24 hours a day.

Program Policy Memos

Some policies have multiple numbers. That means those apply to multiple programs.

Child & Adult Care Food Program

Current policies can be found at <http://www.fns.usda.gov/cacfp/policy>.

School Nutrition Programs (SP Memos)

Policies that apply to school operation and administration can be found at <http://www.fns.usda.gov/school-meals/policy>.

Summer Food Service Program

Policies can be found at <http://www.fns.usda.gov/sfsp/policy>.

Food Distribution

Food Distribution policies can be found at https://www.fns.usda.gov/resources?f%5B0%5D=resource_type%3A160&f%5B1%5D=program%3A35

New COVID-19 Waivers

To find a current list of the waivers that South Dakota has opted in to, you can visit the [CANS webpage](#) under the "Announcements Regarding Coronavirus/COVID-19" heading. Here, you will find a chart that lists all of the current waivers South Dakota is operating under. Since the last nutrition bulletin, twelve new waivers have been released.

USDA #	Title	Program Affected	Expiration Date
85	Nationwide Waiver to Allow the Seamless Summer Option in SY2021-2022	SSO	06/30/2022
86	Nationwide Waiver to Allow the Summer Food Service Program Reimbursement Rates for SY 2021-2022	SSO	06/30/2022
87	Nationwide Waiver to Allow Non-congregate Meal Service for SY 2021-2022	NSLP, SBP, SSO,	06/30/2022
88	Nationwide Waiver of Meal Times Requirements for SY 2021-2022	NSLP, SBP, SSO,	06/30/2022
89	Nationwide Waiver to Allow Parents and Guardians to Pick Up Meals for Children for SY 2021-2022	NSLP, SBP, SSO,	06/30/2022
90	Nationwide Waiver to Allow Specific School Meal Pattern Flexibility for SY 2021-2022	NSLP, SBP, SSO	06/30/2022
91	Nationwide Waiver to Allow Specific School Meal Pattern Flexibility in the CACFP for SY 2021-2022	CACFP	06/30/2022
92	Nationwide Waiver to Allow Offer Versus Serve Flexibility for Senior High Schools in SY 2021-2022	NSLP, SSO	06/30/2022
93	Nationwide Waiver of Area Eligibility in the Afterschool Programs and for Family Day Care Home Providers in SY 2021-2022	NSLP Afterschool Snack, CACFP specific providers	06/30/2022
94	Nationwide Waiver of Onsite Monitoring Requirements in the School Meal Programs	NSLP, SBP, SSO	End of Pandemic
95	Nationwide Waiver of Onsite Monitoring Requirements for State Agencies in the CACFP	CACFP	End of Pandemic
96	Nationwide Waiver of Onsite Monitoring Requirements for Sponsors in the CACFP	CACFP	End of Pandemic

Contact CANS

For any questions, comments, or concerns

Email: DOE.SchoolLunch@state.sd.us

Phone: (605) 773-3413

Fax: (605) 773-6846

This institution is an equal opportunity provider.

Professional Standards Reminder: Any learning or training you receive about any aspect of the School Nutrition Programs can be counted as training time towards the professional standards annual training requirement. Reading the bulletin each month does count towards training hours.

Please retain documentation to show what topics were trained. For example, agenda, topics, handbook, certificate, etc. And record training on a Tracking Tool – we suggest using the [SD Tracker Tool](#) posted on the CANS NSLP website.

To credit training hours for time spent reading the Nutrition Bulletin, you will need to keep track of the time you spent reading and determine the applicable training codes. Appropriate documentation for this would be a copy of the bulletin signed and dated with the amount of time written on it.