Cardiopulmonary Resuscitation (CPR) Report to the Legislature Submitted Nov. 24, 2022

CPR DATA

On Sept. 9, 2022, an electronic survey was distributed to superintendents in South Dakota's public schools. The survey requested one response per school district or school system. Per SDCL 13-3-93, the purpose of the survey was to collect data regarding the extent of training related to cardiopulmonary resuscitation (CPR) and the use of automated external defibrillators (AED) offered in schools. The survey closed Oct. 14, 2022. The results below incorporate 148 of South Dakota's 149 public school districts. The one district not offering CPR indicated they are K-5 only.

The 2022 survey results indicate most of the implementation is occurring at the high school level with 108 districts, or 72 percent of respondents, providing instruction in grade 9 followed by 67 districts, or 45 percent of respondents, providing instruction in grade 12. At the middle school level 26 districts, or 18 percent of respondents, provide CPR instruction in grade 8. The elementary level has increased numbers with 2 districts implementing CPR grades K-5 compared to 1 district in 2021 offering at each of their elementary grades.

Results indicate that of the 148 districts responding to the survey, several districts are offering CPR\AED education at multiple grade levels. Answers from multiple survey questions indicate some districts are utilizing community certified trainers for one-day events or providing grade level K-12 training events. Many districts are also offering CPR/AED training for their staff and utilizing the CPR resource page to identify agencies such as local EMT, school or county nurses, Red Cross, or Fire and Rescue to offer trainings allowing certification for students/staff.

<u>*Note:</u> On December 09, 2020, Governor Noem signed <u>Executive Order 2020-33</u>, which temporarily suspended the statutory provisions of SDCL 13-3-93 and 13-3-96 requiring the Department of Education to survey schools' compliance with CPR instruction requirements, due to the COVID pandemic. Therefore, there is no survey data for 2020.

Grade Level in which CPR education is available to students				
	2021		2022	
	count	%	count	%
Kindergarten	1	0.68%	0	0.00%
Grade 1	1	0.68%	0	0.00%
Grade 2	1	0.68%	0	0.00%
Grade 3	1	0.68%	0	0.00%
Grade 4	1	0.68%	0	0.00%
Grade 5	1	0.68%	2	1.35%
Grade 6	9	6.08%	12	8.11%
Grade 7	17	11.49%	15	10.14%
Grade 8	34	22.97%	26	17.57%
Grade 9	99	66.89%	108	72.97%
Grade 10	47	31.76%	57	38.51%
Grade 11	35	23.65%	53	35.81%
Grade 12	53	35.81%	67	45.27%
Total Respondents: 148				

*<u>Note:</u> Because districts can indicate multiple grade levels, percentages will not add up to 100, and numbers of districts will not add up to 148 in the chart below.

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This past year saw an increase in the number of districts that require CPR education to graduate. The survey indicates 42 districts, or 28 percent of respondents, require CPR education as a graduation requirement. That compares to 40 districts, or 27 percent of respondents, that require CPR education as a graduation requirement in 2021.

CPR education/training as a graduation requirement					
	2021		2022		
	Count	%	Count	%	
Yes	40	27.03%	42	28.38%	
No	108	72.97%	106	71.62%	
Total	148	100.00%	148	100.00%	

The South Dakota Department of Education, along with a CPR stakeholders group created the <u>CPR Resources</u> <u>for Schools</u> webpage to assist districts in providing CPR and AED education. To comply with **13-3-92**, all resources and contacts are for state-based organizations with national recognition. Over half of districts surveyed indicate having visited the website to review the statewide agencies.

Several districts indicate they provide CPR\AED education by utilizing local EMT/fire/hospital certified trainers for one- day trainings or workshop settings rather than through content areas listed on the survey. Some districts indicate they provide CPR/AED opportunities through stand-alone classes, careers courses, or those that connect to the health industry. The next three tables provide additional details about how CPR and AED skills are being taught in districts.

Courses in which CPR and AED skills are taught					
	2021		2022		
	Count	%	Count	%	
Health	102	68.92%	99	66.89%	
Physical Education	21	14.19%	30	20.27%	
Science	6	4.05%	10	6.76%	
Other	19	12.84%	9	6.08%	
TOTAL	148	100.00%	148	10.00%	

Other responses:

- EMT course/training
- Senior careers class
- Local trainer
- FACS class
- Human development (CTE) class
- Sports medicine (CTE) class
- Gateway to CNA class
- Introduction to EMS class

- Life skills class
- Health sciences (CTE) class
- Online through Northern State University
- Training outside of a specific class

Length of time CPR education is provided				
	2021		2022	
	count	%	Count	%
One day training	48	32.43%	59	39.86%
A few days to a week	80	54.05%	69	46.62%
Several Weeks	10	6.76%	12	8.11%
One quarter (9 weeks)	4	2.70%	5	3.38%
Other	6	4.05%	3	2.03%
Total	148	100.00%	148	100.00%

Other responses:

- A semester long class
- Throughout the year

Extent of CPR education provided					
	2021		2022		
	Count	%	Count	%	
CPR and AED skills training	119	80.41%	121	81.76%	
CPR training with certification and AED training	28	18.92%	26	17.57%	
Other	0	0.00%	1	0.68%	
Skipped Question	1	0.68%	0	0.00%	
Total	148	100.00%	148	100.00%	

Other responses provided by districts:

- CPR Certification if students show interest to provide
- Local EMT conducted in-services/trainings also include choking/Heimlich Maneuver
- CPR/AED offered to High school PE; CPR certification/AED offered to staff

2022 COMPLETED ACTIONS LED BY SD DEPARTMENT OF EDUCATION

The January 2022 issues of *Education Online* and *Online Zebra*, the South Dakota Department of Education's monthly electronic newsletters for educators, promoted the <u>CPR Resources for Schools</u> webpage.

Throughout the year, the department provided guidance to districts on the implementation of CPR/AED instruction into existing district courses. The department also provided clarification about the requirements of SDCL 13-3-91: while CPR is not a graduation requirement, as of July 1, 2017, districts must incorporate into district curriculum the skills necessary to perform hands-only CPR and awareness in the use of an AED. In 2022, all districts were compliant for CPR/AED.

The CPR stakeholder group reviewed the CPR Resource webpage. The stakeholders provided new contact information and the department made updates to reflect those new contacts on the CPR Resource page.

SD CODIFIED LAWS FOR CPR

13-3-91. Cardiopulmonary resuscitation skills to be included in school curriculum. The secretary of education shall identify cardiopulmonary resuscitation (CPR) skills that all schools shall include within required school curriculum and shall inform school districts of resources and training available to assist schools to provide instruction in CPR and the use of automated external defibrillators. **Source:** SL 2014, ch 79, § 1; SL 2017, ch 75, § 1.

13-3-92. Cardiopulmonary resuscitation training resources. Any training resources the secretary of education recommends pursuant to § 13-3-91 shall be nationally recognized, use the most current national guidelines for CPR and emergency cardiovascular care, and incorporate psychomotor skills development into the instruction. **Source:** SL 2014, ch 79, § 2.

13-3-93. Annual survey of cardiopulmonary resuscitation instruction--Report to Legislature. The secretary of education shall electronically survey school districts regarding whether, and to what extent, the instruction of cardiopulmonary resuscitation and the use of automated external defibrillators is offered. The survey must gather data regarding what grades, for what period of time, and in connection with what course of instruction, if any, the training is offered. The secretary shall submit a report of the results of this data collection to the Senate and House standing committees on education and health and human services no later than December 1 of each year.

Source: SL 2014, ch 79, § 3.

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13-3-94. Programs that may be used for cardiopulmonary resuscitation instruction. To provide the instruction required in § 13-3-91, the school board or governing body shall use either of the following:

(1) An instructional program developed by the American Heart Association or the American Red Cross; or

(2) An instructional program that is nationally recognized and based on the most current American Heart Association guidelines for CPR and emergency cardiovascular care.

The psychomotor skills necessary to perform hands-only CPR and awareness in the use of an AED shall be incorporated into the instruction.

For the purposes of this section, the term, psychomotor skills, means the use of hands-on practicing to support cognitive learning.

Source: SL 2017, ch 75, § 2.

13-3-95. CPR and AED instructors. A certified teacher is not required to be an authorized CPR or AED instructor to facilitate, provide, or oversee the instruction required in § 13-3-94. However, any CPR course that results in the students earning a CPR course completion card shall be taught by an authorized CPR or AED instructor.

Source: SL 2017, ch 75, § 3.

13-3-96. Annual survey of schools. The Department of Education shall annually conduct a survey of each applicable school to determine compliance with the requirements of §§ 13-3-91, 13-3-94, and 13-3-95. **Source:** SL 2017, ch 75, § 4.