



Lifespan Connections

Career Cluster	Human Services
Course Code	19255
Prerequisite(s)	None
Credit	0.5 credit
Program of Study and Sequence	Foundation course – Introduction to Human Services – Lifespan Connections – additional pathway course – capstone experience
Student Organization	FCCLA, Educators Rising
Coordinating Work-Based Learning	Internships, Job Shadows, Service Learning, Mentoring, Workplace Tours, Entrepreneurship
Industry Certifications	First Aid/CPR, Babysitting Certification (Red Cross), CNA, NCRC, OSHA
Dual Credit or Dual Enrollment	https://sdmylife.com/images/Approved-CTE-Dual-Credit.pdf
Teacher Certification	Human Services Cluster Endorsement; Early Childhood Development Pathway Endorsement; Counseling, Mental Health and Community Services Pathway Endorsement; FACS Endorsement; FACS Education
Resources	FCCLA Interpersonal Communications STAR Event, Families First FCCLA National Program, Focus on Children STAR Event

Course Description

Lifespan Connections examines the role and dynamics of family, work, and other significant relationships. Through this course, students will analyze healthy relationships with children and adults of all ages in the context of family and workplace. The course will also cover strategies and resources to meet the needs of all individuals, families and communities.

Program of Study Application

Lifespan Connections is a pathway course in the Human Services career cluster, Family and Community Services/Mental Health Services and Early Childhood Development and Services pathways. A student can participate in Introduction to Human Services prior to participation in this course. Lifespan Connections prepares a student to participate in additional pathway courses in the family and community services/mental health services, or early childhood development and services pathways.

Course Standards

LC 1: Analyze functions and dynamics of interpersonal relationships.

<i>Webb Level</i>	<i>Sub-indicator</i>
Two Skill/Concept	LC 1.1 Demonstrate communication skills that contribute to positive family, work, romantic, and acquaintance relationships.
One Recall	LC 1.2 Identify effective conflict prevention and management strategies.
Four Extended Thinking	LC 1.3 Connect the relationship of diverse individual and family perspectives, needs and characteristics to their impact on society.
Three Strategic Thinking	LC 1.4 Investigate the influence that internal and external conditions have on interpersonal relationships.

LC 2: Analyze factors that contribute to healthy relationships across the lifespan.

<i>Webb Level</i>	<i>Sub-indicator</i>
Three Strategic Thinking	LC 2.1 Connect interpersonal relationship strategies, techniques, and community resources to meet the diverse needs of children and adolescents.
Three Strategic Thinking	LC 2.2. Connect interpersonal relationship strategies, techniques, and community resources to meet the diverse needs of adults.
Three Strategic Thinking	LC 2.3 Connect interpersonal relationship strategies, techniques, and community resources to meet the diverse needs of the elderly.

LC 3: Analyze characteristics of a healthy lifestyle.

<i>Webb Level</i>	<i>Sub-indicator</i>
Two Skill/Concept	LC 3.1 Discuss the effect of lifestyle choices.
Three Strategic Thinking	LC 3.2 Contrast healthy and unhealthy relationships.

LC 4: Evaluate the impact of relationships between family and workplace.

<i>Webb Level</i>	<i>Sub-indicator</i>
Two Skill/Concept	LC 4.1 Determine the transferable skills necessary to function effectively in family, community, and wage-earner roles.
Two Skill/Concept	LC 4.2 Investigate stress management techniques for life and work balance.