

# Apple Cinnamon Bites

**Serves 4** (2 bites each)

## Ingredients:

- 1 cup apple, chopped
- ½ cup peanut butter
- ½ cup old fashioned oats
- 1 tsp. cinnamon sugar
- ¼ cup finely chopped slivered almonds or chopped pecans



## Directions:

1. First dice the apple into cubes. The smaller the better.
2. Then combine all of the ingredients in a mixing bowl.
3. Mix together until well combined and all ingredients are sticking together
4. If possible, chill the dough for 10 minutes in the fridge.
5. Remove dough from the fridge and form small balls with either your hands or a small cookie scoop. Enjoy!