

Fruit Salad with Greek Yogurt Dressing

Serves 12

Ingredients:

3 pears diced
3 apples diced
1 1/2 cups red grapes halved
1/2 cup vanilla Greek yogurt
1 teaspoon cinnamon
1/2 teaspoon nutmeg
1/2 cup pecans chopped
1/3 cup dried raisins optional



Directions:

1. Chop up the fruits for your group.
2. In a separate bowl, whisk together yogurt, cinnamon, and nutmeg.
3. Pour the yogurt mixture over fruit and mix until evenly coated.
4. Top with remaining pecans and dried cranberries.
5. Serve immediately or refrigerate until ready to serve.