

# Pumpkin Pie in a Bag

**Serves 1**

## **Ingredients:**

- 1 graham cracker square
- ¼ cup skim milk
- 1 tablespoon instant vanilla pudding
- ⅛ teaspoon cinnamon
- ⅛ teaspoon ginger
- 2 tablespoons canned pumpkin
- 1 quart sized freezer bag
- Canned whipped topping



## **Directions:**

1. Place 1 graham cracker square in a small plastic freezer bag and seal it.
2. Crush the graham cracker into small crumbs, then pour the crumbs into a small bowl.
3. In the plastic freezer bag, add milk, instant pudding and spices.
4. Remove air from the bag and seal it.
5. Squeeze and knead the bag with your hands.
6. Add 2 tablespoons of canned pumpkin and mix well.
7. Push the contents of the bag to one corner, then snip off the corner and squeeze the contents into the bowl over graham cracker crumbs.
8. Top with whipped topping and enjoy!