

Rice Cakes with Peanut Butter and Fruit

Serves 4

Ingredients:

- ½ cup nonfat plain Greek yogurt
- 2 tablespoons natural peanut butter creamy or crunchy
- 1 tablespoon honey
- 4 rice cakes plain, chocolate, apple cinnamon, or any flavor you like
- Toppings of choice raspberries, blueberries, bananas

Directions:

1. In a medium bowl, stir together the yogurt, peanut butter, and honey until smooth.
2. Spread over rice cakes, top with sliced fruit, and enjoy.

