

# Steps to Success

Is your school  
interested in creating  
the best environment  
for student learning?

Do you want to  
enhance your  
School Wellness  
Policy?

## Creating a Healthier Environment for Students to Learn and Staff to Work

**March 23, 2015 - 8:30 a.m. - 4 p.m. - RedRossa, 808 W Sioux Ave., Pierre, SD**

### Participants will be able to:

- Understand the USDA Smart Snacks requirements and identify helpful resources.
- Implement physical activity breaks in the classroom and throughout the school day to enhance student learning.
- Identify strategies for implementing staff wellness programs that impact staff productivity and improve role modeling for students.
- Discuss healthier alternatives for class parties, celebrations, rewards and fundraising.
- Explain the Six Step Process for creating a healthier school environment and how it can be used to meet your district wellness policy requirements.

### Register by March 1, 2015 at:

**<https://apps.sd.gov/Applications/DE49TrnTracker/Secure/AvailableClasses.aspx>**

Participants will be reimbursed at state rates for meals, mileage, lodging and substitute teacher pay. A block of rooms has been reserved at the Ramkota Hotel, 605-224-6877, and at the Governors Inn, 605-224-4200. Call by Feb. 22, 2015.

For more information contact Karen Keyser at [Karen.keyser@state.sd.us](mailto:Karen.keyser@state.sd.us) or Kari Senger at [kari.senger@healthiergeneration.org](mailto:kari.senger@healthiergeneration.org).

Notice is further given to individuals with disabilities that this training is being held in a physically accessible place. Please notify the South Dakota Department of Education at 605-773-3261 within two weeks of the training if you have special needs for which this agency will need to make arrangements.

Sponsored by the South Dakota Departments of Education and Health in collaboration with Alliance for a Healthier Generation (AHG). The training will feature the AHG's national nutrition and physical activity advisors.

