### Child & Adult Advocacy Studies

# FREE K-12 TRAINING SERIES

Through support from the Department of Education, the University of South Dakota CAASt Program and the Center for the Prevention of Child Maltreatment are pleased to host this FREE 5-hour training series with sessions to include:

- Mandatory reporting
- Youth suicide awareness and prevention
- Multidisciplinary approaches
- Trauma-informed interventions

Attendees will be provided expert knowledge, resources, strategies, and materials to support their work in the classroom and will earn contact hours for their attendance.



We are now scheduling into 2022! Use the above QR code to submit interest in hosting a FREE K-12 training at your school. Trainings may be scheduled altogether or separated into individual sessions depending on your school's schedule.



For more information, contact CAASt Program Coordinator Tracy Thomes: **tracy.thomes@usd.edu**, **605-357-1377** or visit the <u>CPCM CAASt webpage</u>.

## **Training Sessions:**

#### Child Well-Being in South Dakota

- Know the risk and protective factors for child maltreatment and identify high-risk populations.
  - Understand the barriers to help-seeking for victimized children.
- Understand characteristics that increase risk of and protection against suicide as well as warning signs of imminent harm.

#### Child Development & Stress

- Understand stress effects brain development.
- Recognize and understand the physical and mental health effects of violence, neglect, and abuse.
- Understand the impact of child maltreatment on suicide ideation, attempt, and completion.

#### A Framework for a Safe & Successful School

- Identify and propose programs that can promote children's mental health.
- Engage diverse school professionals who complement one's own expertise to develop strategies to meet specific student needs.
- Integrate suicide prevention and wellness programs to reduce risk of suicide, violence, and bullying.

#### Trauma-Informed Classrooms

- Enhance understanding of trauma for interpreting behavior of students and responding appropriately.
- Create a practical framework for intervention and application.
- Recognize warning signs for suicide prevention.

#### School Leaders' Response to Trauma-Informed Environments

- Educate community leaders on providing resiliency for students and school personnel.
- Recognize the importance of community engagement in responding to maltreatment, and prevention efforts.
- •Developing a protocol for school suicide prevention and post-vention activities.