

# CDC's Health Education Curriculum Analysis Tool (HECAT)

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The [Health Education Curriculum Analysis Tool](#) (HECAT) can help school districts, schools, and others conduct a clear, complete, and consistent analysis of health education curricula based on the [National Health Education Standards](#) (and the South Dakota Health Education Standards) and the Centers for Disease Control and Prevention's (CDC) [Characteristics of an Effective Health Education Curriculum](#).

Results of the **HECAT** can help schools select or develop appropriate and effective health education curricula and improve the delivery of health education. The **HECAT** can be customized to meet local community needs and conform to the curriculum requirements of the state or school district.

## The HECAT features:

- Guidance on using the **HECAT** to review curricula and using the **HECAT** results to make health education curriculum decisions
- Templates for recording important descriptive curriculum information for use in the curriculum review process
- Preliminary curriculum considerations, such as accuracy, feasibility, and affordability analyses
- Curriculum fundamentals, such as teacher materials, instructional design, and instructional strategies and materials analyses
- Customizable templates for state or local use

Download the **HECAT** by clicking on the headings below.

[Chapters](#)

[Modules](#)

[Appendices](#)