

# Hope Speaks Through Art!

## Mental Health Poster Contest

**Open to South Dakota Youth (ages 12-18)**

Create a poster reflecting one of the following themes:



**Empowerment**



**Inspiration**



**Connection**



**Prevention**

4 posters will be chosen to be displayed across South Dakota!

## All Skill Levels Welcome!

Questions? Call 211 or email [griefsupport@helplinecenter.org](mailto:griefsupport@helplinecenter.org)

**Submissions are due March 15**

Create Something Meaningful!

**#MentalHealthMatters**

**Enter Here**



[www.helplinecenter.org](http://www.helplinecenter.org)

